The third and last part of the *Secretes of the reuerend Maister Alexis of Piemont*, by him collected out of diuers excellent Authors, with a necessary Table in the ende, conteyning all the matters treated of in this present worke. *Englished by William Ward.*

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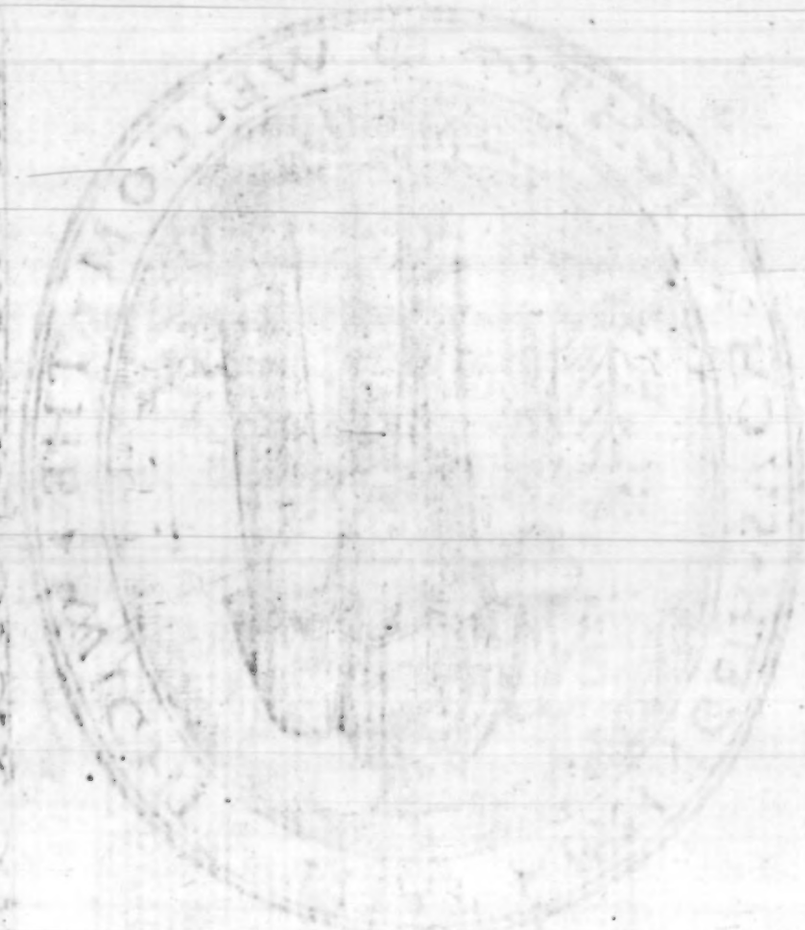

Secretes and ſoue-

raigne receiptes well experimented and tryed by diuers Authours.

Againſt euery griefe or payne of the head, except the Pockes.

TAke red Roſes, Camomil flowers, Melilot, Calamint, Sothernwood, of eche two handefulles, ſeeth them in foꝛty pounde of water, and good wyne, vntill halfe be conſumed. And with this being hoate, let the Patient waſhe his legges euery night and moꝛning, from the knees downewarde and his armes from the elbowe downewarde. Alſo he muſt not haue his ſtomacke full.

A preſeruatiue againſt the falling ſickeneſſe or Epilepſia.

TAke the beſt Caſtoreum, that you can finde, and Aſſa Fetida, of eche halfe a Dꝛagme, rootes of Piony well beaten into pouder a Dꝛagme, Aromaticum Roſatum two Dꝛagmes, of all theiſe being well mixte and mingled together with Syꝛope of Minte, make ſeauen Pilles, to be taken twyce oꝛ thꝛice a weeke, when you goe to bede. It hath beene often pꝛoued.

Againſt the falling ſickeneſſe.

THe Patient being toꝛmented with this diſeaſe, it is good to make him ſmel burnt fethers, oꝛ olde Shoes, foꝛ that reuiueth and maketh them come to themſelues.

An other soueraigne remedy for the same.

TAke a hundred Swallowes, an vnce of Castoreum, as much Wyne as shall suffise, and of the best that can be founde. Distill all together, and giue the Patient to drink therof three Dragmes fasting. This water is also verie good for mẽ that be apoplectique if they be washed with it.

Against the Palsey.

TAke Myrrhe, Mastix, of eche two dragmes. Frankencense a Dragme and a halfe, Cloues, Synamone, Nutmegge, Lignum Aloes, Mace, of ech a Dragme. Beate all these into verie fine pouder. And the pouder being sprinkled with Aqua vitæ and dryed agayne, you must yet once sprinkle it agayne, and continuing so sprinkling and dryng it fiue tymes. Then beat it small agayne. And with this pouder parfume a Forskin, laying two Dragmes thereof vpon quick coles, to the intent that the parfume be receyued through out all the skinne, and so layed vpon the member that is infected. Or else (whiche is better) let the skinne poudered with the sayde pouder, be layed hote vpon the paraliticke member, and so worne: And you shall see a marueilous effect.

An other way.

TAke a pounde of Aqua vitæ, the roote of Iua, the roote of Acorus, the roote of Isope, of eche two Dragmes, black Peter, Cloues, Nutmegge, of eche a Dragme, Mace half a Dragme: All this you must stampe well, and binde in a fine linnen clothe, and let it steepe in Aqua vitæ three whole dayes, then drawe out the water: of this water take halfe an vnce, water of Iua and of Endiue of eche three Dragmes: giue it the Patient to drink in the breake of the day, and let him not eate in sixe houres after. The

Patient

patient shall feele a greater effecte, if the same day that he drinketh the water, & also wash the sore member with it.

Against the Phrensey.

The body being purged, it is good to shaue the heade, and to lay vpon the seame of the crowne of the heade quicke Pigeons (hauing first cleft them in the backe, and drawen out the entrailes) leauing them so vpon his heade vntill they waxe colde: or elle little whelpes of a Moneth olde their garbishe pluckt out: or if you will the lunges or lightes of a sheepe or wether hote. But bicause one of the principall causes of the phrensie is the torme̅t of watching, you must labour to prouoke sleepe as much as you can, by remedies meete therefore: as with washing his leges from the knees downewarde, and his armes from the elbowe downewarde, with the decoction of violet flowers, of Nenuphar, of the ryne of Mandragore rootes, and annoynting his temples, the ioyntes of the arme euen to the hand, and of the legge vnto the foote with the oyle of Nenuphar and Poplar mixt together.

A tryed remedie against the great payne, ringing and deafnesse of the eares.

Take the oyle of Castoreum two vnces, oyle roset, and oyle of bitter Almondes of eche an vnce, of Aqua vitæ two vnces, mingle all together and seeth it vntill the Aqua vitæ be consumed. Then euery night at euen when he goeth into his bed, droppe foure drops into his eares, and stoppe them with Cotton, sauouring somewhat of Muske. It is a thing proued.

An other remedie well knowen and tryed.

Seeth in some pot a pounde of Walnut oyle, and when it smoketh, make the smoke enter into the Patientes eares by a funnel.

A remedy to stench the bleeding at the nose.

TAke the iuyce of Plantaine, Rose water, and the best Vineger you can, of eche foure vnces: yolks of Egges well beaten two vnces: of Acatiæ mixt with the saide thinges halfe an vnce: mingle altogether, & annoynte youre forehead with it, and your throte with some cloth.

An other for the same well proued, and of a marueilous strength.

THe Patient shall take the water of Panis Porcinus as much as shall neede, the whiche he shall take vp at the nose, and incontinent he shall feele himselfe holpen.

An other soueraigne remedie.

TAke the blood of a man (that is to say that bleedeth at the nose) an vnce or two: and burne it vpon some place of yron, then make it into a fine pouder, and blow it in to his nostrelles, and he shall be well.

An other for the same.

TAke of the best Vineger you can get, Plantayne water, of eche two pounde, wete certayne linnen clouts in it, and laye them to the soules of his feete, and palmes of his handes, and against the lyuer: and the bloude shall forthwith stynt.

For the toothache, a remedie proued.

TAke halfe an vnce of Hierapicra, two Dragmes of Mythridate, and halfe an vnce of Aqua vitæ, and with all these mingled together, you shal often times a day annoynt the tooth that aketh, and round the gumme that he standeth in: for this is singular if the ache come of colde.

An other remedy whether the ache be by cold or heat.

Take

TAke strong white Wyne halfe an vnce, of the rootes of Iusquian, in Englishe whyte Henbane, an vnce: Let all bee well sodden together, vntill the thirde part or halfe of the wyne be consumed, with this hote wyne washe all the gumme of that tooth that aketh, and keepe it a good whyle in your mouth, on the side where the tooth is.

An other for the same.

TAke Sage flowres, Rosemarie, Betony, Sticados Arabic, Marioram, of eche a handefull and a halfe: of Nigella or Melanthium in Englishe Geth, of Pyrethrum in Englishe Pelytorie, of eche two Dragmes. Let all this be sodden together in a sufficiene quantitie of white wyne vntill the halfe bee consumed: then strayne it and stampe these herbes, and make thereof a playster and laye it vppon the Jaw of the aking tooth, and keepe the wine that is strayned out, in your mouth as hote as you maye endure ie.

An other remedie.

ALso, if the sayde tooth be hollowe, mixe halfe an vnce of Triacle together with Nigella and Pyrethrum of eche halfe an vnce, and a Dragme of Aqua vitæ. And of this mixture fill vp the hole of the tooth. But yet if all this (after you haue proued it) helpe you but a little or nothing, put to eche of theise remedies two or three graines of the iuyce of Poppy, called in Latin Opium, and lay all as is sayd, vnto the griefe that troubleth you.

A remedie for the stincking of the mouth and nose.

TAke a pounde and a halfe of Rose water, a pounde of Violet water, halfe a pounde of Marioram water, beat into poyder Nutmegges, Lignum Aloes, Cynamon, Galingale, Zedoaria, of eche two Dragmes, mixe

all

all with rose water, and still it in a Limbecke. This done parfume the water with eyght graynes of fine Muske. The head beyng purged with this water, that is to saye, taking it vp euery day at the nose into the head: but yet fasting, and the nose first well purged you shall see a maruellous effect.

An other for the same.

IT is a thing proued and tryed, and very good to take fasting euery day at the beginning of dinner, or else from day to day an Alephangine pille.

A verie good gargarisme or gargelling of the throte against the Quinsey.

TAke two pound of Lycoras water, the iuyce of Plantaines, the lucke of Mulberies, the lucke of Pyttleberries, of eche two vnces: all this myxt together, seeth it well: then straine it and let it coole againe, and then let the patient gargle and wash his throte slightly withall.

For the same.

IT is a remedie proued and tryed, to blowe with a reede in his throte fine pouder of Plantaine leaues dryed.

An other for the same.

IT helpeth muche also to annoynt the sore with the Oyles of Camomille, of Violletes, of sweete Almondes, and of the grease of a Henne, as muche of the one as of the other myxing it altogether, and to annoynt therewyth the sore place, with the application of newe shorne or vnwashed wooll.

An excellent plaister to soften or rype an impostume in the throte.

TAke of Swallowes nestes a pounde, and make therof a playster with as muche Oyle of sweete Almondes,

and

and of Camomille as sufficeth to make it, and lay it hote to the Patients throte.

Agaynst the spitting of bloude commin g of the Lunges or Lyghtes.

TAke the sucke or iuyce of Purselane and Plantaine, of eche an vnce: beate into pouder a Dragme of red Coral, and half a Dragme of the stone Hematites in English, bloodstone: and al being mixt togeather, giue it to the Patient at all tymes when he spitteth bloude.

For the same another remedie tryed and proued.

MAke into very small pouder gumme Arabic, Tragacantha, Harts horne burned, of a bloodstone burned, and redde Coral burned, of eche halfe a Dragme, and of Bole armenike two scruples: mixe all with the yolke of a rawe Egge, and geue it the Patient when he spitteth bloude.

An other remedie founde very singular.

ROste well two Dragmes of Rubarbe, together with the leeue of Purselane and Coriander prepared, of ech a Dragme, make all into verye small pouder, and mingle a Dragme of this pouder with as much iuyce of Purselane as shall suffice, and giue it to the Patient when he spitteth bloude.

An other remedie of marueilous great vertue.

TAke of the iuyce of Mulsoyle two vnces, of a bloodestone burned and well beaten into pouder, two Dragmes, and giue it to the Patient colde.

An other secrete for the same, certayne and experimented, and good at all houres.

TAke the shelles of some rawe Egges, take awaye the little skinne that is within, and dry them so that they may be made into pouder very fine. Then mixe two Dragmes of this pouder with three vnces of Plantayne water, and giue the Patient of it euer when he voydeth bloud, and you shall see that the Lunges will be sounde. But if you wyll

that this medicine worke with more spede, and greater efficacie, mixt it with two Dragmes of the sayd pouder, with half an vnce of Sirope of dry Roses, half an vnce of Purselane, and as much of Syrope of Mirtell, which thing you shall giue the Patient fiue dayes together. And this thus taken, he maye be well assured that from thence forward the payne wyll neuer breake more.

For the same.

IT is a remedye moste certayne and proued as well to heale this sickneslle chanced to a man, as for to preserue one from it before it come, to eate euery morning fasting a struple of Rubarbe rost.

An other for the same.

EVery day at night when the Patient would slepe, let him sup a sponefull of mundified Barley. For at the least, the effect is very great, as well to preserue him, as to heale him of it.

Against the vlceration of the Lungs or Lightes, and spettle full of matter and corruption.

TAke a pounde of the tayles of riuer Creuices, and foure pounde of Cowe or Ewes mylke: and seeth all together vntill half the mylke be consumed. And then stamp well the tayles of the Creuices or Crabbes, and dissolue them in good mylke, putting to them halfe a handefull of Barley flower, and almuch of Amylum, of sweete Almonde milke, foure vnces, the yelke of a newe layed Egge, and foure vnces of Suger very white: mingle all together, and set it on the fyre to seeth, sturring it alwayes softlye, vntil it be well sodden. This done, let the sicke man eate of this composition at morning and euening as muche as he shall thinke good: and he shall finde himselfe very well.

An other for the same.

TAke. vi. Dragmes of whyte Poppy seede, of Endiue seede a Dragme and a halfe, with as muche Sorrell seede, kernels of Quinces made clene two Dragmes, the

seedes

seedes of Melons, Gourdes, Citrons, Colwcumbers, of eche an vnce and a halfe, of Gumme Arabick, Tragacantha, of Amylum, of ech a Dragme, of the iuyce of Licoras two Dragmes, of the Lungs of a Foxe, a Dragme and a halfe, Penides the wayght of the whole, mixe and burne al slightly: Then make it into a fine powder, wherof you shall take two Dragmes, mingling it with an vnce and a halfe of the Syrop of Junibes, and three vnces of the water of Snayles distilled. Then geue this drinke luke warme to the Patient in the breake of the day.

An other for the same.

MIngle halfe an vnce of very white Suger with sixe vnces of the mylke of an Asse new mylked, and take a litle of it at the breake of the morning, sleeping a little vpon it, and at night when ye go to bedde, continuing so a Moneth at the spring, and twenty dayes together in Harnest.

A remedy for short winded men.

TAke an vnce and a halfe of Licoras made cleane, with as much Cetrac, the graines or cornes being taken away, Juiubes, and Sebesten or Mixa of eche tenne, the roote of Enula Campana purified or made cleane, half an vnce, the roote of Foale foote or Horse hoofe, called of the Apoticaries Vngula Caballina, two Dragmes, let al seeth in a sufficient quantitie of water, vntill the halfe be consumed, then straine it, and dissolue with that which is strained three vnces of the best Manna, or else an vnce and a halfe of the flowers of Acesis, and geue it to the Patient at the first time when the paine taketh him, it is a thing tryed, so singuler that it will heale the sicke man, so that the Phisitian shall be no more troubled with hym.

A drinke for the same disease, to be taken euery day thrice.

SEeth well and long two vnces of the Juyce of Enula Campana, with as muche of the Juyce of Isope, and a

pointe of the water of Foale foote or Horse hoofe: and make therof a Syrope with as much Suger as shall be necessarye, of the which the Patient shall take in the Morning two vnces without water, and as much at noone, and when he entereth into his bedde: and as long as the paroxisme or fitte of his payne endureth, it is good to put among it foure droppes of gumme Armeniack, with two vnces of Oximel simple, and giue the Patient to drinke of it.

smell honny
& vineger
yen to-
ther.

An other tryed secret good for poore folke.

MIxe a pounde of wylde Mallowe or March Mallowe rootes dryed in the shadowe, with foure pounde of sodden honny well scummed: stirre it vpon the fyre vntyll it be lyke an Electuary, whereof let the Patient take often tymes, and he shall finde himselfe eased.

For the same, and good also for the poore sorte.

TAke of cleare Conduite water two pounde, of Leekes chopped verye small three vnces, of freshe butter two vnces, of the best Suger an vnce and a halfe, and the yolke of an Egge: All this being verye well beaten and styred by the fyre, shall be giuen to the Patient at dinner and supper.

A remedy agaynst the Pluresie.

IT is a thing well tryed that at the first assaulte or comming of the payne of the side, it is verye good to be let bloud in the vayne called Basilica, of the opposite arme: but if the bloud be let out at the fourth accesse or comming, or soone after, the Pluresie wyll by and by vayde awaye: notwithstanding you muste neuer let the Patient bloud, but his belly must first be purged and losed, eyther with taking some Cassa at the mouth, or elle with some softe glister.

A decoction for the stomacke, very good agaynst the Pluresie.

BEing let bloud, as it appertayneth, take the lucke of iuyce of Isope, Capillorum Veneris, Figges, Dates,

Sebestens,

Sebestes, dryed Realinges, mundified Barley, Licoras made cleane, of eche halfe a handfull: seeth all in water as muche as maye suffise, and put for to dissolue in it three vnces of grayned Manna. But if the Patient be a poore man, take an vnce and a halfe of Pupla casiæ, which is the inner part of it called also Medulla, in stede of Manna, and giue this drinke. xxiiii. houres after his letting bloud, and very early in the morning. It is a thing certayne that in prouing this, the Patient shall be healed, all though he were not led bloud but a little before the fourth accesse, bicause the matters and substance that nourished the disease in the larger Conduites are purged awaye.

An other remedy most certayne against all Pluresies, as proued as diuine, for to preserue a man that he dye not of it.

MAke an oyntmente of two vnces of Dialthea mixte with half an vnce of sweete Almond oyle, wherwith being hote; anoynt the sore side, casting on it the pouder of halfe an vnce of Cummin stamped verye small and boulted. That done, heate a Cabbadge leafe vpon the hote coales, and spread with olde Butter but not salte, laying it hote vpon the griefe: the payne will ceasse marueilously, and wyll resolue into matter of an impostume, so that at the last you shal haue the honor of it, and the Patient, health. Yet you must note, that this remedy must not be vsed but at the fourth accesse, or els after. This remedy may also serue in euery great greife dispersed thorow out al the body beneath the heade.

An oyntment to rotte or rype the Pluresie.

TAke two vnces of Mucilage or Mucago of the seede of Cabedge, with as much Mucago of the seede of Marsh Mallowes, Mucago of Figges an vnce, of Cowe milke three vnces, of freshe Butter two vnces, oyle of sweete Almondes two vnces and a halfe: mixe all this togeather, stirring it alwayes vpon a smal fyre, and make therof a soft oyntment with as much waxe as shall neede. This done,

spreade it vpon newe shorne and vnwashed Wooll, and lay it vpon the griefe, renuing it in foure and twenty houres three or foure times.

A playster for the same.

STampe well in a morter foure vnces of the rootes of wilde Mallowes well sodden, put to it an vnce of Butter, an vnce and a halfe of honny, of Pigeons dounge two Dragmes: Mingle all together, and laye it hote right vpon the payne, and soone after the corruption wyll breake.

For the same.

IT is a remedye wel proued, allthough it be not much vsed, to geue the Patient in. xxiiii. houres foure tymes foure vnces of the water of Tartarū Terrestre hoate. For in so doing, the cure shall be so sayre, that you shall see the impostume broken and purged from all corrupt and rotten bloud. And moreouer he shall be preserued from spitting bloude, and from the consumption of the Lunges.

Agaynst the hote cough, that is to say, when the patient is so vexed with it, that he can not well sleepe.

TAke a Dragme of the Pilles of Cynogloſſa, in English hounds tongue, with Syrope of Roses, and make thereof fiue Pilles, wherof the Patient shall take one euery day at the entring into his bed.

Against the same, if his voyce be hoarse with it.

TAke Diacodion, and of the pouder of Tragacant colde, Penides, of eche two Dragmes, Bole Armeniack a Dragme: Make all this into very fine pouder, and with the Sirope of Myrtle make Pilles lyke Pease, of the which when the Patient goeth into his bed, he shall holde one vpon his tongue, and he shall be well.

A tryed electuary for the same.

TAke Diapenidion without Species, Loch sani & experti, of eche an vnce, of Penides two vnces, and with

as

as muche Syrop of Isope, as shall suffise for to incorporate all: make therof an Electuary: wherof the sicke man shall holde some in his mouth licking it.

Agayne for the cough.

TAke a pound of fresh butter without salt, three yolkes of newe layed Egges, two vnces of the flower of Amylum, and an vnce of Suger melted in the water of Violets: Mingle all togeather, and styrre it alwayes vntill it be well seasoned and of a good tast. It is a good remedy which maye serue you as well in stead of meate, as of Medicine.

Pylles for the cough.

TAke two Dragmes of Agaricke prepared, and mixt it with a Dragme and a half of Frankencense made into pouder, and with the iuyce of Isope, so make therof tenne Pilles, of the which the Patient shall take one euery night when he goeth to bed. It is a remedy very good, as well for yong chyldren, as for olde folke.

An oyntment for the same.

TAke olde butter that is not salte, the Dyle of sweete Almondes, and of white Lyllies of eche an vnce, half an vnce of Mucelago of the seede of wylde Mallowes, with as much of Mucelage, as of the seede of Mallowes, & halfe a scruple of Saffron: mixt all together, and make therof an oyntment with a little Waxe: wherewith being hote, you shall annoynt your breast.

Agaynst the trembling and panting of the heart, this is very good, but especially for women, which are much subiect thervnto.

TAke the Pilles of dryed Cytrons, Zedoariæ, Doronici, calami Aromatici, of eche a Dragme, of Grami paradisi, halfe a Dragme, of the rootes of Bugloss dryed two Dragmes, of fine Muske halfe a scruple, Epithimi halfe a Dragme: Let all be made into pouder as well as is possible, and the pouder after sifted: whereof being mingled with the water of Turmentill, the Patient shall take

take a Dragme and a halfe, at the breake of the daye, and in the euening when he wyll slepe, a Dragme, and he shall see him selfe rid and quitt of his paine within seauen dayes.

A remedy agaynst the same, and very good to restore the strength, being weakened with to great heat of Agues.

TAke two Dragmes of the best Synamon, halfe a Dragme of Mace, of Hyacinthes, Smaragds, of Rubies of eche halfe a Dragme, of perced or vnperced pearles, of eche a scruple, of Golde and Siluer beaten into pouder, of eche a Dragme: Let al together be made into a very fine pouder, whereof styrring it with Suger dissolued in Rose water, you shall make little Balles of two Dragmes a peece. I haue seene my selfe that many haue beene with this confection preserued from the plague in a very daungerous time.

An other remedie, wherewith I haue alwayes found my selfe very well.

MAke a drink with two vnces of the suck of Bugloss purged on the fyre, and two Dragmes of very white Suger mixt together, and drinke it luke warme euerye night when you goe to bed, and before ten dayes be past you shall be cured.

An Epitheme against the same payne.

Epithema is a Medicine layd to the region of the heart or liuer to coole it

TAke Rose water, Borage water, the water of Melissophylum, in Englishe Baulme, Sorrell water of eche sixe vnces, of Sandall whyte and red, and of the seede of redde Roses, of eche a Dragme and a halfe, Lignum Aloes, of the flesh of the heart of a Bucke, and of Hartes horne burned, of eche a Dragme, of red Coral, of Bent whyte and redde, of eche halfe a Dragme, of the flowres of Bugloss, and of Borage, of eche a handefull, Let that be made into pouder that can be, and let all seeth together vntill the thyrde parte of the water be consumed. Then put to it three vnces of the best Malmesey, and two vnces

of

of the beſt white Vineger with a ſcruple of Saffron: mingle all this togeather and lay it hote vpon the ſicke mans heart, with a linnen cloth cleane dyed in grayne, early in the morning and at nyght before ſupper. For admyt that then he feele his greife or not: yet neuertheleſſe this is a thyng experimented and very good.

An oyntment very good for poore folke, that are not able to buye the foreſayde medicine or nouriſhment.

TAke three vnces of yellowe Nemphar, two Dragmes of the pouder of the ſame flowers of Nenuphar, of redde Sandall, of redde Coral, and of Sorrell ſeede, of eche a ſcruple, of Pearles, Lignum Aloes, of the fleſhe of the hart of a Bucke, of eche halfe a ſcruple, three graynes of Camphyre, of whyte waxe waſhed in the water of Nenuphar, Cytryn or yellowe, as muche as ſhal neede. That whiche muſt be made in pouder, beyng ſo made, make thereof a ſofte oyntment, wherewith you ſhall anoynt the patient morning and euenyng about the heart, before his meales, and he ſhalbe well.

An other compoſition very good in the tyme of a Plague as well to preſerue as to heale.

TAke an vnce of the beſt Triacle, half an vnce of the iuyce of Lemons, a ſcruple of Saffron, of the two ſortes of Pearles, of redde Coral, and of Sorell ſeede, of eche halfe a Dragme, two graynes of Camphyre mingle all togeather very well with two or three droyps of odoriferous white wine, and make thereof an oyntment: a certayne quantitie whereof you ſhall ſpreade vpon a crymſon ſylke cloth, layeng it hoate vpon the Patients heart, renewing yt morning and Euenyng.

An other oyntment very good, and principally for chyldren that are troubled with wormes.

TAke halfe an vnce of Aloes Eupaticum, a ſcruple of Saffron, two Dragmes of the iuyce of Cytrons, a

Dragme of pleasaunt whyte wyne: mixe all well together, and spread it vpon some linnen cloth, and lay it vpon his heart.

A remedy against the wormes in yong children.

TAke the floure of bitter Lupines, Aloes Epaticum of eche three Dragmes, of the iuyce of wormewoode two Dragmes, all well mixed together, let it be spread vpon some cloth or clout, and lay it vpon the childes Nauell.

A remedy against the payne of the stomacke.

TAke two vnces of the cromme of the bread of Bzanne, sprinckle it with the wyne of Pomegranets betweene sweete and sowre, and Plantayne water of eche foure vnces: presse that hard, and giue the wine tempered with the sayde water, vnto the Patient: If the paine come of the continuall and great burning of an Ague, take this drinke an houre before it come, and you shall finde it of a marueilous vertue. But if the payne be exceeding, it shall be good to giue vnto the Patient this Bolus following, at what houre so euer it be that the payne taketh him.

Take three Dragmes of the Electuarie of Succo Rosarum, two scruples of Philonium Romanum: Mixe them and make thereof a Bolus, which shall greatly profite him.

An other remedy for the same, when all other wyll not profite him.

TAke Syrop of Roses, Syrop of wormewood, of eche an vnce and a half, a grayne of Opium, seeth them slightly one waume, and stirring it together with three vnces of the broth of a Henne, you shall geue it the Patient to drinke.

A Fomentation or nourishment very singular for the same.

TAke redde Roses, the flowers of Camomille, of Wormewood, of Mynte, of eche a handefull: beate the sayde herbes vpon hote burning tyles sprinckled with whyte wyne, and laye them oftentymes vpon his stomacke.

stomacke.

An other.

IT is a thing tryed against the payne of the stomacke so that it come not of colde, and also to be preserued from the same, to take day by day before meales, two scruples of pilles of washed Aloes.

An other against the same.

TAke halfe an vnce of washed Aloes, and three vnces of Honny Rolet, seeth this in two poumde of water, vntill there remayne but halfe, then straine it through a strayner, and giue thereof vnto the Patient, euery day earely in the morning two vnces: this wyll heale and cure his greife, or else will preserue him from it, if he be not already taken with it.

An other remedie.

IT is a thing wel proued, that the sicke man take earely in the Morning a Dragme and a halfe of the best Mychridate: and straight vpon it, drinke a draught of Malmesey, and by and by, he shall be healed or eased.

An other remedie very good.

TAke fiue vnces of Camomil water distilled, and of Nutmegges well beaten into pouder halfe an vnce, if you geue it hot vnto the Patient, when the payne hath him, he shal be eased.

An other remedie proued.

TAke flowres of Camomill, Melilot, Mint, Pulegium, Calamint, Southernewood, Senegreene, seede of Lyne, of ech a handfull, red Roses, Spica Squinanti, of eche two Dragmes, Danci, Carui, Anyse, Dill, Fenel, of eche halfe a handfull, Gallingale, Zedoaria, of eche two Dragmes, Cloues, Nutmegges, Lignum Aloes, Mace, red Coral of eche a Dragme: let all seeth in a sufficient quantitie of water and odoriferous white wyne vntill the thirde parte be consumed: then with a spouge steeped in hote licoure, nourishe therewith his stomacke Morning and

euenyng before he eate, and this will bryng his stomacke in good state.

A nourishment very good agaynst the same.

TAke a pounde of Dyle of spike made in Balneo Marye, warme it luke warme, and with new shorne and vnwashed wooll steeped in it, nourishe therewith the stomacke, and at the last binde it vpon it.

A little bagge to cary about one agaynst the same disease,

TAke wormewood, Mint, Pulegium, Galamint, of eche halfe a handfull, Nutmegge, Cloues, Mace, Lignum Aloes, of eche a Dragme: make all in a fine pouder, and put it in a litle bagge, parfumyng it with odoriferous white wyne, and then lay it vpon your stomacke: yf you continue to carry it about you, you shall feele your selfe meruelous well.

A drinke for the same.

I Haue founde my selfe alwayes very well, as well for beyng preserued from this payne of the stomacke, as delyuered of it, being troubled with it. To wit, in takyng sixe vnces of Honny Rosat strayned, a Dragme and a halfe of Nutmegges, and two vnces of the best water of a Vine, and seeth them altogether vntill the water of the Vine be consumed, and in takyng fastyng euery mornyng three spone full of that whiche is strayned.

Another remedy to lay to the stomacke.

TAke Mastick, Cloues, Nutmegges, of eche a Dragme, halfe a Dragme of Mace, and as muche of Synamon: make hereof a verye fine pouder. Then toll the vpper nyeather crust of a loafe of Branne, and dippe it in hot Malmesey strowyng vpon it of the fayde pouder, and so laying it vpon your stomake hote, the payne wyll goe away incontynent.

An other remedy well tryed and proued, and good, chiefely for yong Children vexed with the payne of the ſtomack: which is knowen if they vomite or belche.

TAke the crommes of Wanne wheade foure vnces, roſt or toſt it, and beate it ſmall into pouder, and after incorporate the pouder with the iuyce of wormewood, and mint, of eche as much as ſhall ſuffiſe, and put to it more a Dragme of Nutmegges. Of all this being mixt together make an oyntement, and laying it vpon your ſtomacke, it wil eaſe, and reaſſe the paine, the belching & the vomiting.

A remedy againſt an Apoſtume in the ſtomacke.

IT is a thing well tryed, that if the Patient take every morning at the breake of the day, ſixe vnces of Camomill water diſtilled, he ſhall be cured and healed of the impoſtume already begon in hym.

Againſt the ſame.

TAke foure vnces of Emula purified, two vnces of wormewood newely extract, and make it in forme of Loth, with as muche Suger as ſhall neede, and geue it to the Patient Morning and Euenyng before his meales.

A Playſter for the ſame.

TAke two pounde of whyte honny, halfe an vnce of greene wormewood, an vnce and a halfe of the rootes of March Mallowes: ſeeth all together vntill it be verye well ſodden, put vnto it ſome flower of Senegreene, and of Lyne ſeede, of eche halfe a handefull. Then put to it ſome oyle of wormewood, as much as ſhal ſerue to a make plaiſter, the which you ſhall laye vpon your ſtomacke, renewing it euening and morning.

A nouriſhment or keeping of the ſtomake in his natural heat, by waſhing or bathing it,

TAke two pound of Turpentyne, the sucke or iuyce of wormewood, and of wylde Mallowes of eche foure vnces, of fresh Butter an vnce, of Saffron a Dragme, of Oyle of wormewood two vnces: mixe all, and seeth it one waume: and being hote, wette some linnen cloth in it, and there withall washe and bath your stomake morning and euening. And you shall see that by and by, the matter wyll dissolue.

A remedy agaynst vomiting.

IF the vomiting come at a certayne daye or houre, it shall be good that the Patient, before or at the houre that he must vomit, doe eate some morsell of tosted bread: stieped in foure vnces of the wyne of sowre Pomegranettes, drinking also afterwarde the wyne.

An oyntment very good agaynst cholerick vomiting.

TAke oyle of Quinces, oyle of Roses, of eche an vnce: halfe an vnce of wormewood, of red Coral, and of red Roses of eche halfe a Dragme, of Nutmegges a Dragme: beate to pouder that which may be beaten, and with a little ware make therof a softe oyntment, and anoynt the Patientes stomatke with it morning and euening before his meales.

An other remedie agaynst Phlegmatick vomiting.

TAke the yelke of an Egge rosted, a Scruple of frankencense, with as muche Mastick, make into pouder that which may be made into pouder, and put it with the Egge. And the Patient shall be wel, yf he take of it euery morning fasting.

A remedy agaynst the Hycket or yexing.

MIngle a pounde of strong and odoriferous whyte wine, with a Dragme of Galingale beaten into pouder, and make therof a drinke, whereof the Patient shall take hote, euenyng and morning two vnces, two houres before his meales.

An other.

IT is a thing found very good, to giue the Patient euerye morning three houres before he eate, a racing of Greene Ginger, and by and by vpon that, let him drinke two Draughtes of Malmesey: and he shall quickely be healed.

Remedyes agaynst the payne of the Liuer, come through ventositie.

TAke the rootes of Galingale, Zedoaria, of eche two Dragmes, a Dragme of Spica, with as much Squinantum, Cloues, Nutmegges, of eche half a Dragme: Let all be made into a small pouder: and make thereof an Electuarye with scommed Homy, as muche as shall neede: wherof you shall take some, euening and morning before you eate.

An other of a very great effect.

MIxe together two vnces of Diarhodon abated, Trium Sandolorum an vnce, of the best Rubarbe made in fine pouder a Dragme, and with Syrope of Succory, make an Electuary, whereof the Patient shall take euening and morning before all other meate, the quantitie of a Walnut.

A remedy found very good against the Liuer that is Apostumate or corrupted.

TAke foure vnces of Diarhodon abated, of the best Rubarbe well made into fine pouder, mingle all with the Syrop of Succory, and make thereof an Electuarye. Let the thing that the Patient shall take euery morning two houres before his meale, be of three dragmes.

For the same.

IT is a thing tryed, that yf you doe put newe shorne and vnwashed woull to steepe in the Dyle of whyte Lilies: and the Dyle Nardus Celcica, lay it ryght where the payne is, and it shall keepe that the lyuer corrupt not.

Remedies agaynst the Dropsie.

TAke dry wormewood, dry Agrimonie, dry Soldanella, of eche two Dragmes, of Spica two scruples: all this being made into a fine pouder, laye to steepe in the water of the rootes of Eldern tree, as much as shall suffise, & give of it to the Patient euery morning at the breake of the day two Dragmes.

Agaynst the same.

TAke three vnces of the iuyce or lucke of Iris, Galingale, Zedoaria, of eche two Dragmes, of Synamon, of Cloues, of eche halfe a Dragme, of Soldanella, half an vnce: All this being made into a verye fine pouder, make therof an Electuary with as much scummed honny as shall suffise, of the whiche Electuary you shall give halfe an vnce vnto the Patient euery morning two houres before he eate.

A drinke of great vertue and strength, agaynst the windy dropsie.

MIngle together two vnces of the water of the rootes of Walwort or Danewort, with foure vnces of the water of Elderne tree, and in drinking this earely in the morning thirtie dayes together you shall be verye well.

An other remedy very good to take after a purgation.

TAke a pounde of Goates dung, with as much of Dre dung, and dry it in an ouen, and so make it into a small pouder, incorporating it with iuyce of wormewood, and oyle of Rue, as much as shall suffise as it were to make therewith an oyntment. And spread some parte of it vpon a linnen cloth, laying it hote vpon the Patientes belly when he goeth to bed.

The next morning following, take foure vnces of strong and odoriferous wine, and seeth it with a handfull of sage, and as much Rosemary, vntill the fourth part of the wine be consumed: with the which being hote, you shall wash his belly. All this done, take an vnce of Diagaranga,

Rosatum

Rosatum Aromaticum, Trium Sandalorum, Diarthodon abated, of eche halfe an vnce: mixe all togeather with Rosat honny, and make thereof an Electuarie, and geue him a mouth full of it incontinent after his belly is washed.

Remedies agaynst the Dropsie, called Ascites, A drinke very good to take once a weeke.

TAke as muche of the sucke or iuyce of Iris or Gladiolus, as halfe an Egge shell wyll holde, mingling it together, with foure vnces of Welicrate, with halfe a Dragme of the best Rubarbe well beaten in powder. This drinke being geuen hote and early in the morning vnto the Patient: it is a wonder to see with what vertue and strength it worketh.

A singuler good Electuary for the same, whiche ought to be declared or disclosed but to your speciall friendes.

TAke Agrimony, Cuscuta, dryed Grapes, Licoras, Pitabolans, Cytrons, of eche halfe an vnce, of the rootes of Parsly, of Fenell, of Capers, and Agaricke, of eche an vnce. All this grosly stamped muste be sodden vntill the composition of halfe the water, and strayne it: and in straynyng it, put to it halfe a pounde of honny, and foure vnces of Suger, and seeth it agayne, vntill it be as thicke as honny. This done, put to it halfe a Dragme of the best Rubarbe, two Dragmes of Gommy Turbith, a Dragme and a halfe of the leaues of Chamelœa, whiche hath leaues lyke to an Olyue, tempered in Vineger, , two scruples of Diagridium corrected, of Spica halfe a dragme, with as muche of Ginger: and make of all this an Electuary, of the whiche you shall geue the Patient twice a weeke. Note yet that the greatest quantitie may not be aboue halfe an vnce. And as for you, remember to giue hym rather lesse than more, or as muche, hauing alwayes respect to the streingth or weakenesse of the Patient.

An oyntment for the same

Mixe

Myxe an vnce of Vnguentum Sandalium, with halfe an vnce of the Oyle of Nardus Celtica, and as muche of the Oyle of Camomille, wherewith forget not to comfort euery day his Liuer mornyng and euenyng, by anoynting the place ryght agaynst it.

An other oyntment very good.

TAke a pounde of Turpentine, of Frankencense, Mastick, Myrrhe, of eche two Dragmes, Nutmegges, Cloues, Galingale, Zedoaria, of eche a Dragme and a halfe: the iuice of Walwort or Danewort, the iuice of wylde Cowcumbers of eche an vnce: and let that be made in pouder that can be: and all put in a Limbecke, let it distill for to haue the Oyle of it, wherwith you shall anoynt all his belly. It is a speciall good remedye, not onelye to allwage the swellyng of the belly in this sickenesse, Ascites or dropsie: but also to take away all watery swelling, in what member of the bodye so euer it be: yea it is good also for the ache or payne of the ioyntes, and of other partes come by colde.

A remedye agaynst the yellowe Iaundise,

APurgation first taken, take two vnces of grounde wormes dryed in the shadowe, and prepared in wyne, of the best Rubarbe, a Dragme, of Dogges doung dryed halfe an vnce. Of all this togeather make a fyne pouder, and geue vnto the Patient euery mornyng an vnce and a halfe fastyng, and continuyng so fiftene dayes he shall be well.

Remedyes agaynst the Collicke.

TAke two vnces of strong white wyne, of Nutmegges, and Cloues, of eche halfe a Dragme, of Galingale a Dragme, stampe these grossely, and laye them one night in the sayde wyne, and in the mornyng geue yt the Patient to drynke with a little whyte Suger. And lette hym continue thus drynking it twyce a weeke fastyng. It is a thyng, that I haue tryed to be verye good, to preserue a man

from

from the Collicke.

A remedye neuer to haue the Collicke more.

TAke two pounde of the rine or pyllinges of thicke Rape rootes, and foure pounde of white Hompe, boyle it togeather vntill the halfe be consumed. Then mixe with it some pouder of Synamon, and Cloues, Nutmegge, Mace, blacke Pepper, of eche two Dragmes, and keepe it in some vessell. Of the whiche rynes or Pillinges take euery morning fastyng halfe an vnce.

An other remedy, to take in the payne and torment of the Collike.

MIxe halfe an vnce of the Electuary of dates, with a Dragme and a halfe of Philonii Romani, and make thereof little gobbettes, the whiche you shall geue to the Patient fastyng, euer when payne taketh hym. And you muste note that in case of necessitie a man maye geue this medicyne, yea before the digestion of the sayde diseases.

A very good pouder, that healeth quickely the sayde sickenesse.

MIxe a Dragme and and a halfe of white Mulbery leaues dryed in the shadowe, with a Dragme of the ryne or pillinges of a Radishe roote dryed also in the shadowe, & a dragme and a halfe of the little karnelles or stones of Peddars. All beyng made into pouder, geue vnto the Patient two Dragmes in good and odoriferous whyte wyne.

A remedy whiche I haue found to be very good, for al greife or payne of the guttes or entrayles.

TAke Diagalinga, and Diabuloſſatum of eche two Dragmes Philonii Romani, foure Scruples myxe all togeather, and make thereof litle gobbettes or lumpes, whiche you shall geue vnto the Patient at euery tyme the payne tormenteth hym, and specially when he is yet fastyng.

A glister wherwith I haue cured many.

Take

TAke thirteene vnces of strong white wyne, foure vnces of freshe butter, sixe vnces of common oyle, Annise, Dill, Fennell, wylde Carwayes called of the Apoticaries, Carui Agreste, Daucy, Ameos, Carthami of eche two dragmes: mixe them & seeth them all vntyll the halfe of the wyne be consumed. Then strayne it, addyng to that whiche is strayned two vnces of Henny roset, and an vnce & a halfe of red Suger, two Dragmes of common salt, and the yelke of an Egge, mixe all this together, and make therof a glister.

An other agaynst the same.

SEeth a pounde and a halfe of strong whyte wyne, with two vnces of hote scaldyng water, vntill the sayde water, be consumed, and make onely a glister of the Luke warme wine, it is a thing tryed, that after the other glisters, this will helpe you muche, if the Ague be not with it.

An other for the same.

TAke eyght vnces of the oyle of Rue, three vnces of the oyle of Castoreum, two vnces of Philonium Romanum, an vnce of Benedicta, of other thinges as before, sauing that you must put as little salte to it as is possible, to the ende that the vertue of the Philonium may remaine in his force. This glister is proued so good, that whereas all other will not helpe, it will deliuer you, yea in a great neede or daunger.

An oyntment agaynst the same.

TAke Oyle of Castoreum, oyle of whyte Lilies, oyle of Rue, oyle of Cheiri, of eche three vnces: the iuyce of wylde mallowes, the iuyce of Artemesia, of eche foure vnces, of scaldyng water sixe vnces, seeth all togeather, vntill the water be consumed: then put to it Melanthium, Mastiche, Granum Paradisi, Galingale, of eche a Dragme and a halfe: of Peper, Cloues, Nutmegge, Lignum Aloes, of eche a Dragme. Make all this into a fine pouder, and seeth it agayne with a small fire, and make therof an oyntment with a litle wax, and so annoynt the place where

the

the grieke is laying vpon it cleane washed wool and warme. You shall see meruelous operation.

A very good receipt, which Pope Clement the seauenth tooke in his last sickenesse.

TAke Mastick, Frankencense of the male kynde, Mace, of eche halfe a pounde, Galingale, Zedoaria, of eche foure vnces, Cloues, Sinamon, Xilobalsami, Carpobalsami, of eche two vnces: of Ginget, Cardamony, long Pepper, Blacke Pepper, of eche halfe an vnce, Turbit, Agaricke, Rubarbe of eche two Dragmes: the rootes of Endyue, rootes of Buglosse & Borage, of eche two handfull: Betony, Rue, the flowers of Sticados, Arabicke, Marioram, Sage, Rosemarye, of eche halfe a handfull: Let al be grossely stamped and beaten togeather, And put into a hundred pounde of strong white wyne, and let yt rest and remayne there three dayes togeather. And at the three dayes ende presse it harde, and strayne the wyne out, and put yt incontinent into a Limbecke, for to distill out of it Aqua vitæ. This done put into the water of the firste distillation a pounde of mans bloode of the bodye of a very healthfull and fleshie man, put it agayne to distill. Doo so in distilling it alwayes, vntil nine tymes. That done, take an hundred leaues of Goldfoyle of the best and the finest that can be hadde, fiftie leaues of Siluerfoyle very fine, Iacinthes, Emeraudes, Rubies, Granades, of the two sorts of Pearles, red Corall, red roses, of eche a dragme and a halfe, of very fine Muske, halfe a dragme: mingle all this togeather and make it all into a pouder, puttyng the sayde pouder into the last water distilled, & let it lye in it viiii. houres. That done, put all agayne into the Limbecke and distill it with a small fyre. The whiche water beyng thus distilled the tenth tyme, you must put into some thick viol, and stoppe it well, for els all the water woulde vanyshe away, it is meruelous good agaynst all kynde of diseases, eyther within or without the bodye, takyng of it onely a Dragme, or foure drops with a little white wyne. But yt

if the disease be hote without an Ague, as other some be by reason of some hote matter, giue the Patient of the sayde water mixt with water of Endiue, at euery time the payne taketh him. Neuertheless if you will see with your eyes the marueilous myracle that this water doth, giue fiue or sixe vnces of it vnto any sicke man which hath lost all his strength and force, with a little wyne, sodainely you shall see all his strength come agayne to him. Also assure your selues that there is no remedie more soueraigne against the plague, and sodaine death, than to drinke of it euery morning before you goe out of your house fiue or sixe droppes with strong wyne, or with the water of Endiue: or else to washe your nostrels within and without, with the rest of all your face with the same, or with a little wyne mixt with it, putting nothing else to it. I haue founde my selfe alwayes very wel at all times of the plague, by meanes of the same. Yea, namely it is good also for those that haue the disease called Apoplexia, or falling sickenesse, if they washe their necke with all. This water is called Elixir vitæ Benedicti.

A remedie against the Laxe or Flixe come of choler.

TAke sixe vnces of the sucke or iuyce of Quinces: the iuyce of Endiue, the iuyce of Sorrell, of eche three vnces, Sorrell seede, Plantayne seede, of eche two Dragmes, red Coral, red Rose seede, of eche a Dragme, Plantayne water foure vnces: seeth al together vntil the third part of the water and iuyce be consumed. Then straine it pressing it hard, making therefore a Sirop with as much fine Suger as shall suffice, whereof the Patient shall take two vnces morning and euening two houres before he eate any thing. This drinke is well tryed, and very good.

An oyntment very good for the same.

TAke oyle Rolet made of Dryes not rype, oyle of Quinces, oyle of Myrtell of eche an vnce, rodde Roses and rodde Coral of eche a Dragme, Mastick, Nutmegge,

Nutmegge, of eche halfe a Dragme, make that into pouder that may be made, making thereof an oyntment softe with a little waxe, wherewith annoynt your stomack and the lower part of your belly.

Remedyes against the Laxe descenterycke.

TAke sixe Dragmes of Myrabolans Citrins burned, Plantayne seede, Sorrell seede, Endiue seede, and all parched, of eche three Dragmes: of the foure Cordial floures, beside Violets, of ech a handful: seethe all in a sufficient quantitie of water, wherin first some steele muste be quenched, vntill the halfe be consumed: Then straine it, mixing with that whiche is strayned two Dragmes and a halfe of the best Rubarbe parched, and of Pholonii Perfici foure Scruples. This drincke is founde very good by experience.

An other drinke very good.

TAke two Dragmes of Frankensense of the male kynd with as much Mastick: a Dragme of Boale Armeniack, red Coral, Hartes horne burned, of eche halfe a Dragme: of the stone called the bloodstone burned two scruples: Make al into a fine pouder and steepe it in redde wyne that byndeth, and so giue the sicke man a Dragme and a halfe of it when he goeth to bedde.

An other remedy.

TO eate in this bloudye flixe euerye morning fasting half a Dragme of Rubarbe parched, is a thing well tryed and very acceptable.

An other drinke very good, in case the Patient haue therwith any great dolour in his belly (as often times it happeneth) by reason of exulceration and knawing of the guttes.

TAke three vnces eyther of Goates mylke or sheepes milke, wherein muste first be quenched some redde hote steele, an vnce and a halfe of the iuyce of Plantayne, Aromaticum Rosatum a Dragme, mingle all together,

gether, and make a drinke for one tyme, whereof gyue the Patient three dayes together, and the fluxe shall soone after ceasse.

An other remedy vvhen the payne is great.

TAke Wyrtell berries two Dragmes, Sorrell seede, Plantayne seede, of eche two Dragmes, of frankencense male three graynes, of newe yellowe waxe two Dragmes: of Sinamon two scruples: put all this into the belly of a Turtle doue pluckt, sowing her vp agayne: then rost her with a little fyre, and let the Patient eate of her three or fyue dayes together: or yf you will, make a coulis of her: and it is certayne that he shal be healed.

Suffumigations or smokynges for the same.

The first.

LAy an vnce of Turpentine vppon a plate of yron made hote in the fyre, and let the Patient receiue mornyng and euenyng the smoke at his foundement thorowe a close stoole. And continuing so three or foure dayes, there is no doubt but he shall be cured.

The seconde.

STampe well two pounde of the doung of a young Asse, and dryue it in an Ouen, and see that it burne not. This done, take a parte of it and put it morning and euening vpon hote coales vnder a close stoole: to the ende that the Patient sitting vpon it may haue his foundement smoked therewith. It is a remedye of great vertue agaynst the bloudye flyxe of young children, if first they be purged with a litle Rubarbe.

Another remedy for the same.

SEeth a pounde of Apiastrum, in Englishe Baulme, together with a handfull of Taxus Barbatus in red wyne, and strong Vineger of eche sufficiently, vntyll the thyrde part be consumed. Then straine out the wyne, and the Vineger, and bindyng these hearbes fast in a bagge good and long, laye it hote euenyng and morning vpon hys

funde-

fundament. And continuing so, you shall haue a good ende of it.

An oyntment very good for the blooddie flixe.

TAke Trochyskes or little Balles of Carabe, lyttle balles of Terra Sigillata, of eche three Dragmes, Galliæ Muscatæ, Galliæ Alefangine, of eche a dragme & a halfe, red Coral, red Rose seedes, Mastick, Frankencense, of eche a Dragme. Let all this be made in pouder, and put in very strong red Vineger, xxiiii. houres together, and afterwarde dry it by the fyre or in the Sunne. That doone, make it all againe into pouder, putting oyle of Quinces, oyle Roset rawe, or sharpe, Oyle of Mastick of eche two vnces, with as much white Waxe as shall suffise. And with this annoynt the Patientes belly.

Remedyes against the swelling and oppilation or stopping of the Splene.

TAke two vnces and a halfe of the iuyce of wylde Mallowes, or marshe Mallowes purified, two vnces of the iuyce of Calamint, two Dragmes of Sene dryed, and make thereof an Electuarie, mixing all this with as muche as shall suffise of scommed Hony, and giue of it vnto the patient a sponefull, three houres before his meales. It is a remedie marueilous good.

A vomentation or nourishing by washing, for the same.

TAke of the rootes of wylde or marshe Mallowes, and of Garden Mallowes, of eche two vnces, Senegreene seede, Lineseede, floures of Camomill, Melilote, of eche a handfull: Calamint, Baulme, Cuscuta, Pulegium, Anyse, Carui, Fennell, of eche a handfull: seeth all this in a sufficient quantitie of strong white Vineger, and washe the place right against the Splene, euery day bathing it, and the Patient shall be very well at his ease.

An oyntment against the same.

TAke Dyle of Rue, Dyle of Capers, Dyle of Camomill, of eche a pounde: of the strongest and best white wyne you can get, halfe a pounde, of the rootes of wilde or marshe Mallowes, rootes of other Mallowes, rootes of Ferne, of eche halfe an vnce: Braye well the rootes, and seeth them with all the rest, vntill there remayne no more wyne: after that take it, and presse out the Dyle, putting it to a pounde of the best and strongest whyte Vineger, with an vnce of Panis Porcinus well stamped and purifyed, seething it well agayne, vntill the Vineger be consumed, and then strayning it agayne, presse it hard that the Dyle may come out. Unto these oyles thus strayned out, you must put Oppoponacis, Bdellii, Galbani, Armoniaci, of eche two Dragmes: dissolue thy gummes in strong Vineger, mixing them with the other thinges, and seething it sleighly once againe that the vertue of the gummes vanishe not away: make thereof a soft oyntment, with very good yellowe waxe, wherewith annoynt the place right against the Splene euery day morning and euening.

An other fomentation or bathing for the same.

Pyrites, euery stone of the which there may fyre be stroken.

IT is a thing experimented that if you washe or bathe onely the Splene, with very strong Vineger, wherein there hath been quenched the stone called Marchasita, which George Agricola calleth Pyrites, laying the cloth dipped in it, right vppon the place of the Splene. Doyng thus you shall not seeke any other remedie, for this will abate al the swelling.

Remedyes against the payne, swelling and ventositie of the Matrice.

SEeth together rootes of Matricaria an vnce, Dauci halfe an vnce, whyte Honny two vnces, scumming well the Honny vntyll it be throughly sodden: and strayning and pressing it harde, mingle this Honny with two vnces of the brothe that a Henne hath bene sodden in, and three vnces of the decoction of Anyse, and giue the woman

drinke

drinke of it tenne dayes together: she shall be healed. Wherefore keepe it well in minde.

An other tryed of some women.

TAke a Dragme of Nutmegges, a Dragme and a half of the rootes of Matricaria, a Scruple of Spica, seeth al this in sixe vnces of good whyte wyne, vntill the thirde part be consumed. Then straine it out, putting into that whiche shall be strayned two Dragmes of verye whyte suger, and so giue of it vnto the woman, at the breake of the daye, and at all tymes when the payne shall take hir.

An other remedy very good, and well knowen of women.

TAke a sweete Apple, and make him hollowe within, make a pouder of Nutmegges, Mace, Synamon, of eche halfe a Dragme, Cloues halfe a scruple: put all this within the Apple with a little Suger, and rost it vnder hote ashes, and giue of it vnto the woman euer when the payne commeth vnto hir. But if the payne increase so much that hir life is in doubt, put to al this two graines of Opium, and sodainly the payne will depart.

An other.

TAke Calamint, Matricaria, floures of Cammomille, of Sage, of Rosemary of eche a handefull: Seeth all in Lye, or ashye water of a sufficient quantitie, vntil the thirde parte be consumed, with the which water, washe the legges of the woman, from the knees to the feete.

A fomentation or nourishing.

TAke a handefull of Artemesia, with as muche of the flowres of Camomille, Mynte, & Calamint, make hote a Tyle, and poure some good and odoriferous wyne vpon it, and after put also the herbes vpon it for to lay them so hote vpon the Matrice, at euery tyme, that the payne commeth. Neuertheless, take heede that you wash or bath hir not, because that all moysture is euill for hir.

A very good oyntment.

MIxe a pounde of the Dyle of Cheries with foure vnces of the oyle of Sureau, heate it and anoynt the vpper part of the Matrice with it, dipping some linnen cloth in the Dyle, and laying it hote vpon the Matrice. This also layed vpon a womans belly after this sort, when she is in labour, will ease and mitigate hir payne.

A Playster or cere cloth to lay vpon the Matrice, if the griefe be olde or inueterate.

TAke an vnce of dryed Matricaria, with as muche of the flowres of Cheiri dryed, halfe an vnce of Gallia muscata, or else Alefangine, if the woman be poore, of Galbanum, Bdellium, Serapini, of eche two Dragmes: Olibani, Mastick, of eche a Dragme and a halfe: Dissolue these gummes in Dyle of Cheiri making into powder the rest that may be made: and make thereof a playster with a little pitche, waxe and oyle of Sefanni, spreading it vpon some leather, & laying it vpon the place of the Matrice, and renew it euery eyght dayes.

Remedyes to make a womans tyme to come, that is let or hindered by some cause.

TAke two vnces of the iuyce of Saupne, and purifie it, mixing with it two Dragmes of Synamon well made into pouder: foure graynes of Saffron, two vnces of the water of Radishe rootes distilled with a little suger, for two times: this prouoketh marueilously the floures of a woman. Wherefore beware ye giue it not vnto a woman great with childe. For all that prouoketh hir floures, & maketh hir also to labour before hir tyme.

An other remedy very good also, to cause a woman to bring forth the childe before the tyme, if the woman be in daunger of it.

MIxe two graynes of Saffron, and two Dragmes of suger in foure vnces of Pympernell water, making thereof a drinke, and giue it to the woman at twice,

at

at the breake of the day, and when she goeth to bed.

A washing very good for the same.

TAke Calamint, Pulegium, Sage, Artemesia, Rosemarie of eche a handfull, rootes of Iris or Gladiolus, the rootes of Walwort or Danewort, rootes of Sureau, of eche a handfull: seeth all in good whyte wyne ynough, vntill three partes be consumed, wherewith washe the woman in the morning, and when she goeth to bedde, from the haunces downewarde. Furthermore, the morning after she is washed, you shall giue her to drinke a Dragme of olde Triacle, three graynes of Saffron, and two vnces of the water of Artemesia, mixte together. This is so certayne, that if she vse it fiue times onely, she shall haue her floures.

Against to much abundaunce of floures.

MAke a very fine pouder of halfe an vnce of that inwarde skinne that couered the kernels of wilde Filberds, giuing a Dragme thereof vnto the woman, incontinent the to muche comming shall ceasse.

An oyntment agaynst the same.

TAke the iuyce of Plantayne, the iuyce of Solatrum, the iuyce of Rubarbe, of eche halfe an vnce, red Coral, Frankencense of the Male kynde, Mastick, of eche a Dragme and a halfe: Coriander prepared, seedes of redde Roses, of eche two Scruples, seedes of whyte Iusquiamum, the rynd of the rootes of Mandragora, of eche halfe a Dragme: strong red Vineger halfe an vnce, make in fine pouder al that may be made, and mingle al together, with the which being luke warme, annoynt the soales of the Womans feete euery night when she goeth to bed, and you shall see a good and fortunate effect.

Agaynst the prefocation or strangling of the Matrice.

SEeth in strong Wyne the Rootes of Gladiolus, the rootes of Calamint, the rootes of Ciclamen, in Englishe Rare Violet, of eche a handefull, vntill halfe the

wyne be consumed: then strayne them, and wyth that which is strayned out, washe the Womans knees Morning and euenyng: for it is very good.

Agaynst the same of what cause soeuer it come.

MIxe a Dragme of Assa Fætida, and halfe a Dragme of Daucus, with Honny Roset, and make thereof fiue Pylles, and taking one of them euery morning, they are very good, as well to preserue a woman from it, as to heale her of it.

An other against the same.

TAke two scruples of the best Agaricke, two dragmes of Turpentine, seedes of Daucus, and Assa Fætida, of eche halfe a scruple, mingle them and make little Balles, of the which you shall giue the Woman euery daye. For it is a thing verye good to heale her, or else to keepe her from it.

Agaynst the same.

TAke water distilled of the rootes of Daucus, of wylde Poppy fiue vnces, Honny Roset an vnce and a halfe: mixe altogether and giue the woman drink of it. For whether the payne be already, or is lyke to come, she shall be cured or preserued from it.

Agaynst the same.

TAke two Dragmes of Castoreum, a Dragme of the same womans haire, mixt with a little Rosen of a Pyne tree, and make therof great Pilles, as bigge as Filberdes, with one of the which Pilles perfume her nostrels, at the tyme of the preforation or strangling of the Matrice, and incontinent she shall be eased.

Remedyes to be vsed, when the Matrice commeth out of her naturall place, or falleth.

YOu shall mixe oyle of Mastick, with oyle of Roset, greene or rawe of eche two vnces, then Cupularum glandium, the floure of wylde Pomegranade tree, the ryne of Pomegranades, Myrtelberries, of eche a scruple, of

of Frankencense, Masticke, Acatia, Hypocistidos, half a Dragme: myxe them, and make thereof a fine pouder, And then castyng it vpon the necke of the Matrice and dyp your fingers in the oyle, and so put the Matrice vpwarde with them.

A Playster very good.

TAke Sorrell seede, the seede of Plantayne, and of Coriander prepared, of eche two dragmes: redde Coxall, seedes of redde Roses of eche a Dragme, Hypocistidos Acacia, Frankencense of eche a Dragme and a halfe: Galles, the pilles of Pomegranades, floures of Pomgranades, of eche two Dragmes: beate all into a fine pouder, gatheryng together the pouder, with the oyle of veriuyce Roset, and make thereof a Playster with waxe and pitche almuche as shall suffise, and spreade it vpon a piece of leather, and parte thereof you shall laye vpon the womans belly, right against the place of the matrice along vnto both her haunches. And this shall helpe her.

Remedyes for the Matrice corrupted or Apostumated A Playster for to dissolue it.

TAke the flowers of Cammomille, Melilot, Matricaria, the Leaues of Mallowes, the rootes of Violettes, Branckvrsyne, of eche a handefull: the rootes of wylde or Marshe Mallowes cut very small three vnces: seeth all in a sufficient quantitie of water vntyll the halfe be consumed: then put to it a handefull of floure of Lineseede, with as much of floure as Sineagreene, of Butter, Hennes grease, of eche as muche as will grease ouer the playster, the whiche you shall lay vpon the Apostumate or corrupt place. Notwithstandyng remember that to euery griefe of the Matrice (as we haue our selues well tryed and proued) all moyst fomētation or bathyng is hurtfull, and therefore beware in any case you do it not.

An other Playster for the same.

TAke the iuyce of greene Camomill, and the iuyce of Matricaria, of eche two vnces: mixe them together with a poumde of the Playster of Melilot, and lay it vpon the corrupt place: It is certayne that doing so often tymes, it will waxe rype and rotte.

A Playster.

TAke sixe vnces of Dyaquilon, without Gumme: two Dragmes of Saffron, an vnce and a hale of the iuyce of Matricaria: make therof Ceratum or Playster with Waxe, and a little Rosen of a Pyne tree, and lay it vpon the place of the corruption: it is a singuler thing.

Remedies agaynst the vlcers, or corrupt matter of the Matrice.

TAke two vnces of the oyntment of common Tutia, dissolue it well in eyght vnces of Ewes mylke, and squirt it into the Matrice, This is very good.

A drinke for the same.

TAke sixe vnces of newe and freshe mylke, mingle it with an vnce of Honny Rosat, and geue it to the woman ten dayes together, three houres before she eate auy thing. And this is also very good.

Remedies agaynst the whyte flixe of women.

TAke Gumme Arabicke, Dragacante, Amylum of eche two Dragmes, of Mastticke, a Dragme: make all into a fine pouder, and with a little good Suger dissolue it in the iuyce of Quinces: Make thereof balles of two dragmes a peece: of the which, giue one to the woman euery morning three houres before she breake her fast, wherevpon incontinent let her drinke a draught of red stipticke wyne, doing the lyke at night before supper. And this shall helpe her, so that in short space she shall be healed.

An other agaynst the same.

TAke the yelke of two egges rawe and newe layed, Frankencense of the male kynde, boale Armeniacke

Terra

Terra sigillata of eche halfe a Dragme, make into pouder, that which may be made, mingling al together, and giue to the sick woman: a mouthful of it euery morning, sixe houres at the least before she eate any thing. This remedy is so excellent that I haue cured many with it.

A drinke.

TAke foure vnces of red Stiptick and binding Wyne, wherein you must often times quench first some hote-Stele, gumme Arabick, Dragacant, of eche halfe a Dragme, mingle it together and make a drink of it. Wherof you shall geue the woman fiftene dayes together, earely in the morning, and there is no doubt but she shall be healed.

A pouder agaynst the same.

MIxe halfe an vnce of Date stones well beaten into pouder, with a Dragme of Dragons bloud in redde wyne, and giue the woman one Dragme of it at the breake of the day, and another when she goth to bed, and she shall be healed.

Remedies against pissing hote.

A Syrop.

TAke Syrupe of Violets, and of Nenuphar, of eche an vnce, mingling with it Plantayne water, Purselayne, of common colde seedes, of eche an vnce. This Syrop digesteth the collericke matter, and taketh awaye the biting humors that cause the heate in pissing.

A drinke agaynst the same, to take three houres before dinner and at noone.

MIxe foure vnces of the water of Mallowes with two vnces of Syrope violet. Drinke this continually seauen dayes: and the eyght daye mixe with it an vnce of Lenytiue Diasebestes, with a Dragme and a halfe of Diapruns Luxatyue, and make therof a drinke with the water of the decoction pectorall, the whiche you shall geue to the patient.

Agaynst

Aaynſt Gonothæa, whiche is when a mans ſeede goeth from hym vnwittyngly.

TAke foure vnces of Ewes mylke, and mixe it with two Dragmes of Hares hayre burned and well made into pouder: geue the Patient drinke of it twice a day mornyng and euenyng, two howers before he eate.

An oyntment agaynſt the ſame.

TAke two vnce of Olibani, Acaci, and Hypociſtidos, of eche two Dragmes, of Galles a Dragme, Labdany, halfe a Dragme: oyle of Ualticke, oyle of Spike, oyle of Myrtle, of eche halfe an vnce: Make that into a fine pouder that can be made pouder, and make thereof a ſofte oyntment with a ſufficient quantitie of waxe, putting to it at the ende halfe a ſcruple of Camphyre, with this oyntment annoynt his raynes and the chine of his backe, his flankes, and the place about the priuie members, euenyng and mornyng.

An other remedye marueilous good.

TAke halfe an vnce of Tutia, prepared Sarcocolla, waſhed Aloes, Hepaticum, Suger candy, of eche three dragmes: mingle it and make it into a fine pouder, whereof diſſolue one Dragme in womans mylke, and therewith ſquyre the mans pard a good way in, fiue or ſixe tymes a day, and and he ſhal incontinent be healed. But if there be any vlceration, he ſhall alſo ſhone be ridde of it.

Remedies for them that pyſſe bloude.

TAke water of Plantayne, of Nyght ſhade in Latine, Salanum, Sorrell Endyue Wormewood, of eche foure vnces, whyte Sandal and red, Beane white and red, of red Roſes, of eche a Dragme and a halfe, Spondium two dragmes, of Spicaten graynes: of the beſt Vineger three vnces: make that into fine pouder which may be made, and make thereof Epithema for the lyuer.

An oyntment for the ſame.

Take

TAke the iuyce of Plantaine, of Nightshade, of Sorrel, of eche an vnce, oyle Roset, oyle of Myrtel, of ech halfe an vnce, Hypocistidos, red Coral of eche a Dragme: make that into pouder that is to be made: and make of it an oynement very soft with a lytle waxe, and annoynting the raines of the Patient, from the haunche vnto the place about the priuie members, and to the roote of his yarde. And he shall be well eased.

A playster for the same.

TAke Plantayne seede, Sorrell seede, Purcelin seede, of eche two Dragmes, Gummi Arabicke, Dragacanthe, of eche a Dragme and a halfe, Hypocistidos, Acacia, Bole Armenicke, stipe burned, of eche a Dragme, Terra sigillata, Hares-haire burned, of eche a Dragme: make altogether in a fine small pouder, and make therof a playster with oyle Roset greene or rawe, waxe and Pitch, as much as shal suffise: the which you shall lay vpon the raynes of the patient. It is proued and tryed to be verye good.

Remedies agaynst the Grauell.

IT is a thing certayne, that yf the Patient swallow downe three Dragmes of newe Cassia, euery daye before dinner, he shall neuer haue the Grauell.

An other.

TAke the stone that is founde in the heads of Crabbes halfe an vnce: burne it, and make it in pouder verye fine, mixing the pouder with the water of Saxifrage, and so giue it to the Patiene.

Another remedy well tryed, whereby I haue often-tymes founde my selfe eased.

TAke Oyle of Scorpions made of Oyle of bitter Almondes, Turpentine, fresh Butter, of eche halfe a pounde, of Saffron a scruple: beate all this in some vessell on the fyre, and with a linnen cloth, bath and walh often tymes a day from the hight of the haunches, vnto the roote or beginning of the priuie members,

Agaynst

Against the same.

DIssolue three Dragmes of he Goates bloud prepared in sufficient quantitie of Broome flowres water distilled, and geue it to the Patient.

An other very good.

MIxe an vnce of the iuyce of greene Lemmons with three vnces of Malmesey, and geue it the Patient to drink al at one tyme, when he feeleth his griefe.

Receiptes to hasten the chylde byrth, and to mitigate the payne of the trauayle and labour.

TAke Geniper Berries, and Bay Berries of eche seauen: great Synamon halfe a Dragme, whole Synamon a Dragme, Put all together in a turtle Doues belly that is fat and fleshye, and put her on a Spit and rost her, & baste her with Hennes greace, the which you shall geue to the woman euery night for her supper. It is a thing as notable as any other can be. Yet in the meane tyme you must note, that none of these receipts muste be giuen to a woman great with Childe, vnlesse she haue passed the Moone of the nynth Moneth, that she was with chylde.

An other.

TAke fresh butter washed in Violet water three vnces, Mucilago of Cabbage two vnces, Mucilago of wilde or Marishe Mallowes, Mucilago of Figges of eche halfe an vnce, and mixe it together. And if the Woman be nigh her tyme, let her put euery day into the entry of her Matrice, a cloute wett and dipt in this licoure, and she shall bring forth her childe without great trauaile and difficultie.

An other.

TAke sixe pounde of good whyte Wyne, Calamint, Sage, Rosemary, of eche halfe a handfull; seeth al together vntil the fourth part of the wine be consumed: with the which the Woman drawing nighe to her tyme shall washe her legges, once a daye eyther morning or

euening:

euening.

An other.

TAke an vnce of the pilling of Radiſhe rootes with as muche Mercurie, three graynes of Saffron, a dragme of groſſe Synamon well beaten into pouder, two Dragmes of the iuyce of Sauyne. Mingle and ſtampe well all together, binding it in ſome fine linnen cloth vpon the necke of the Matrice. If the woman labour in great daũger, ſhe ſhall ſodaynely be deliuered.

An other Remedy very good, but yet ſuch one that may not be giuen, but in great neceſsitie, or when the childe is deade with in hir belly.

MIxe together two vnces of the iuyce of Sauyne, a Dragme of Borax Pynerall wel made in pouder, and an vnce of odoriferous white wyne, and giue it the Woman to drinke, and the effect will ſoone follow.

Remedyes when a man piſſeth againſt his will.

IT is a thing very good and tryed, to giue euerye morning to the Patient a Cytryn Myrabolan well conſerued.

Another for the ſame.

TAke Plantayne water, Roſe water, Sorrell water, Myghtſhade water, of eche halfe a pounde, Worme-woode water foure vnces, kindes of Cerottria Sandalia an vnce, Spondii two Dragmes, red Coral, red Roſe ſeedes, Plantayne ſeedes, of eche two Dragmes, of Spike tenne graynes, of verye good Vineger three vnces: mixe all together, and with a whyte linnen cloth dipped therein and well clenſed, waſhe and bath the Lyuer with in and the raynes of the backe. That done take oyle Roſet, Oyle of Pirtle, Oyle of Quinces, of eche an vnce. Make into pouder that may be made, and make therof an oyntment very ſoft with a litle wax, anoynting incontinent the Patients raynes of the backe and his belly.

Remedies

Remedies againſt the ſtone in the Bladder.

TAke Liton Tripon, three dragmes, tenne bitter Almondes with as muche of the kernelles of Peches: braye al this well together, and make thereof little balles with Suger, the which you ſhall giue to the Patient euery moneth tenne dayes together, at the breake of the day, ſleeping a little vpon it, and you ſhall ſee a good ende and iſſue of it.

A remedy and preſeruatiue againſt the ſame.

TAke foure vnces of Turpentine, and burne it vpon ſome plate of Iron red hote, vntill it maye be made into pouder: of the which pouder, take two dragmes, water of Saxifrage foure vnces, mingling al together, make thereof a drinke, which you ſhall giue the Patient twice a weeke, at the breake of the day, continuing ſo two Monethes together. If he haue not yet the ſtone, he ſhall without doubt be preſerued from it: but if he haue it, he ſhall alſo be healed of it.

An other for the ſame.

TAke ſixe Dragmes of Turpentine, ten tymes waſhed in water, and make thereof little balles called Boli, with the iuyce of Saxifrage, and a little Suger, & giue it to the Patient as is aforeſayde.

Remedies for to heale the Emerhoides or Pyles.

A very excellent ointment.

THe bodye being purged take Oyll Violet waſhed in water of Violettes, and freſhe butter waſhed, of eche an vnce: make thereof a ſoft ointment with the yelk of an Egge, halfe an vnce of Oyle of Lineſeede, and as muche waxe as ſhall ſuffiſe; annoint the Emoyhoides or Pyles with it twice or thrice a daye. There is no ſuch remedy as this is, when Women lye in childebed becauſe of the retention of their floures they are often tymes, yea almoſt dayly moleſted with theſe Emerhoids or Pyles very ſore.

A Playster against the same.

TAke of the cromme of branne bread a pounde, of ewes mylke or Cowes mylke, or else Goates mylke, two pounde, Seeth all together vntill two or three partes be consumed: then put to it, two vnces of the greace taken of the chyne of a Goate, an vnce of the pouder of grounde wormes, mingling all together, and so laye it hote vppon his fundament.

An excellent and very good hote bath or baine for the same.

YOu shall take the Leaues of Mallowes, rootes and all, the rootes of wylde or marsh Mallowes, of holy Hock, Violettes, Cabbage, the floures of Taxus Barbatus, Camomill, Melilot, Senegreene, Lyneseede, of eche a handfull and a halfe: seeth all in a sufficent quantitie of water of the Riuer, or some other freshe water, vntill halfe be consumed: then poure it hote into some tubbe, causing the Patient to syt in it twice a day, in the morning and at night, the space of an houre.

An other remedie of very great vertue.

TAke two vnces of the iuyce of Leekes, an vnce of the iuyce of Persly, butter made of cowe milke, Walnut Oyle, Oyle of the decoction of Cataputia, of eche an vnce and a halfe, oyle of Radishe rootes an vnce, of the suet that is about the kydneys of Goate an vnce and a halfe: let all be well stirred and brayed in a morter. This beyng hote, if you lay it with fat wel vpon and about the Emerhoids twice a day, vsing so thirtie dayes long, I haue proued the remedie to be of great efficacie and vertue, that without doubt I dare assure the Patient of health.

Remedies against the swelling of the coddes.

TAke oyle of whyte Lylies, Oyle of Roses complete, of eche two vnces, of the greace that is washed of from newe shorne woll, an vnce and a halfe, wette some fattie Woll in it, and laye it hote vppon his Coddes: and then

then will the swelling goe away with the payne.

An other against hard swelling.

TAke Reisins dryed and Carrelles pluckt out three vnces, Barley floure two vnces, as muche of the floure of white Cyche peason. halfe an vnce of the floure of Senegreene, as much of the floure of Lyneseede, an vnce and a halfe of Honny: mingle all well together, stamping it in a morter, and lay it hote vpon his Coddes.

A good Playster for the same.

TAke Gumme Arabicke, Dragacante, of eche two Dragmes, Galbanum, Armoniack, of eche a dragme and a halfe, Beane floure & the floure of white Cyche Peason, of eche an vnce: Dissolue the gummes in Oyle of sweete Almondes, and a little Vineger, then mixe all well together, and make thereof a Playster with Pitch, and wax, as much as shall suffise.

An oyntment against the same.

TAke Oyle of white Lylies, and Oyle of Camomill, of eche an vnce, of Comyn two Dragmes, Labdany, Galbany, of eche an vnce: Dissolue the Gummes in strong Vineger, and make in pouder that which is to be made: And make of this a softe oyntment, with a little Waxe, wherein wette some newe shorne and vnwashed Woll and lay it vpon his Coddes.

A Playster.

SEeth a pounde of whyte Cyche peason in good white Wyne, vntill they be throughly sodden: then stampe them well in a morter, putting to them two vnces of Camomill floure, a Dragme of Saffron, two vnces of oyle of white Lylies: mixe altogether, and lay it hote vpon his Coddes, leauing the Playster vppon them nighe and daye.

Remedyes against the Sciatica.

TAke the Blossoms or floures of Camomill, Melliote, Senegreene, Dill, Lyneseede, of eche two handfuls:

Worme-

Mormewood, Mint, Penirpall, Calamint, Southernewoode, the floures of Stecados Arabick, Betony, Pariteram, the herbe Paralysis, Sage, Rosemarie, Germander: of eche a handfull and a halfe, seeth all this in two hundred pounde of cleare cundyte water, vntill the thirde part be consumed: then strayne it, and seeth it agayne well, putting to it half a pounde of quick Brimstone, foure vnces of Saltpeter prepared, and three vnces of salt Gemma: seeth them agayne, and strayne them: and then kepe that which is strayned for your vse. The sicke man shall euery morning, bath him selfe the space of eyght dayes together, tarying in it an houre well couered, the head only bare. The houre past, comming out of the bath, and al his body well dryed and wyped, let him goe into his warme bed, and anone after let him take a dragme of great Triacle, mixte with an vnce and a halfe of Suger Rosat, and sleepe therevpon two houres, and in the meane tyme being well couered let him sweate, and those that keepe him, let them wype him and dry him well, and by and by after they shall annoynt the place, where the paine holdeth him, that is, all the legge from the haunch, or buckle bone, with the oyntment Marciaton, Vnguentum Agrippæ, Vnguentum of Aragon, of eche an vnce mixed together. Continuing then all in this order, and as I haue sayde eyght dayes, I dare assure, the pacient healeth.

Remedies agaynst inflammations of bloude, which groweth into an impostume in some part of the body or members, called Phelgmone.

A Playster to rype and rotte the impostume.

TAke a pounde of Cowe milke that was neuer fleeted: a pounde and a halfe of Bread well crommed small, three vnces of the iuyce of Cabbages, halfe a Dragme of Saffron, three vnces of the Oyle of whyte Lylies, mixe al together, and lay it hote vpon the sore place.

An other for the same.

TAke three vnces of Diaquilon, without gummes, the iuyce of Cabbadge an vnce and a halfe, of Saffron a Dragme: make hereof a good and fat oyntment and thicke with yellow waxe as muche as shall neede: the which being spread vpon Leather, the Patient shall weare a day or two continually, and he shall finde himselfe well.

An other to rotte or rype incontinent.

CHawe well fasting halfe a pound of Wheat, and temper it well with a great deale of spettell: take also two vnces of Oyle Roset complete, and a Dragme of Saffron, mingling all together, and lay it vpon the sore place, renuing it often tymes. The signes of the rypenesse of it are these, when it is soft, moving vp and downe lyke a waue of water, when it grieueth the Patient no more, when the feuer ceaseth, and continueth no more: the impostume being thus brought to a rypenesse, prepare your selfe to launce or pierce it. But yf the Patient be afrayde of the yron or fyre, breake it with this that foloweth: take two vnces of Diaquilum simple, an vnce of leauen, halfe an vnce of oyle of sweete Almondes: mixe all, and spread it vpon a piece of Leather, or clout, putting in the middes of it a Dragme of Pigeons dong made in pouder, and so lay it vpon the place, where the breaking of the sore shall be most commodious. You may also take half an vnce of leauen, a Dragme of common salt, two dragmes of the best Vineger, foure scruples of the pouder of Cantarides, mix all together, and bray it well in a morter, vntill it be turned into a past or doawe as it were: of the which you shall put to it halfe a Dragme, or according to the quantitie of the matter that must come out, couering that agayne with the Ceratum or playster afore sayde.

The impostume being broken and well made cleane, yf you feare that there will come much bloud agayne, take incontinent the yelkes of two Egges, two Dragmes of Salt, a Dragme of Bole Armeniacke, and steepe or dippe

certayne

certayne pieces of toasted in it, and lay them vpon the place where it is broken, and let them lye, xiiii houres together.

Agaynst a Ryngworme or Tetter, that runneth all ouer a mans face, or agaynst the disease, that is called Erysipilas or Lychen, of some Mentagra, the French men call it Feu volage, as it were a running fyre.

The remedy is good to mingle at the beginning the iuyce of Plantayne, Marygolds, Solatrum, Barba Iouis, in English Synegreene, of eche sixe vnces, with three vnces of Rose water, and wetting certayne cloutes in it, lay them vpon the sore of Ringworme. Yet you must take heede that ye take away the cloutes, as soone as they begynne to waxe hote, to the ende that the heate retourning from the linnen cloutes to the sore, doe not increase the payne, or else that the linnen clothes being dryed with the heate, doe not cleaue to the skinne, & plucke it of with them. For yf it should be so, there would be daunger in it, because of the vlcers or scabbes that would come of it.

An other remedy very good to heale the same, when it doth but beginne or increase.

Take Lytarge of Siluer, sixe vnces, the iuyce of Plantayne three vnces, Dyle Roset two vnces, of the best Vineger an vnce, mixe and braye all this well in a morter of Lead, vntill it be lyke an oyntment of the colour of Lead, of the which being spread vpon some linnen cloth, you shall lay some vpon the sore, renuing it euening and morning, and looking to it diligently vntill you be sure of the state of it, and of the increase. When it beginneth to declyne (whiche thing you shall knowe because it will chaunge from a whyte coloure vnto a red) take heede you lay no colde thing vnto it: for it maye be that you maye make some dead fleshe red, and darke come or growe in it, and so there shoulde be great daunger, that by reason of

the cold things, the Ringwoꝛme oꝛ Tetter ſhould tourne into an Heſtiomem. But my counſell is to take the floures of Camomille, Melilot, Synegreene, of eche a handefull, and to ſeeth the ſame in ſufficient water vntill there remayne but the halfe. Then to ſtrayne it, and to waſhe euery day the place with a ſponge wette in it: and afterwarde to waſhe it with ſome hote whyte wyne. Foꝛ that is it, that keepeth the member from moꝛtifing in ſuch a diſeaſe. If the thing be growen to an vlcer, eyther by the folly of the Phiſitian, oꝛ elſe by the euill gouernement of the Patient oꝛ by the euill matter whiche coulde not be amended by medicines, take lytarge of ſiluer three vnces, the oyntment of Populeon, Ceruſe waſhed, Infrigidantis Galeni, of eche halfe an vnce, oyle of Roſet complete an vnce, Mixe all together and bray it well in a Moꝛter, vntill it be as it were an oyntment, which you ſhall vſe vntill the diſeaſe be conſolydate and ſounde.

Againſt flegmatick ſwelling.

If this infirmitie be in the legge, take twenty pounde of water made with Aſhes, floures of Camomille, rootes of Walwoꝛte oꝛ Danewoꝛte, of eche a handfull, common Salte halfe a pounde, of the beſt whyte Vineger foure vnces, mixe and ſeeth al together vntill the halfe be conſumed, then ſtrayne it, and waſh the legge with it.

Remedies for the ſcabbes.

An oyntment very good for to annoynt yong children, who becauſe of their tenderneſſe, can not endure a purgation.

Take foure vnces of oyle Roſet, a Dꝛagme and a halfe of common ſalt, an vnce of freſhe Butter waſhed, and ſo bray and ſtirre all well together, vntill it be come vnto a ſoft oyntment.

An other oyntment very good for little children, and olde folke, to vſe before and after a purgation.

Take

TAke Turpentine washed in Rose water foure vnces, of the iuyce of Lemons an vnce and a halfe, of freshe Butter an vnce, the yelke of one Egge, of common Salt two Dragmes, of Oyle Rosee two vnces, mixe and sturre together all a great whyle in a morter, vntill it become an oyntment. Wyth the whiche by a fyre when he goeth to bedde, annoynte the scabby parte of the bodye: or else all the body, but as thyn as may be.

An other remedy.

TAke the water of Lapatium Acutum distilled, two pound, the iuyce of Plantayne foure vnces, Rose water three vnces, the iuyce of Lemmans two vnces, Lytarge sixe vnces, Cerusse halfe an vnce, quitke Brymstone three Dragmes, make a verye small pouder of that which may be made pouder, and mingle it with the sayde waters, letting all stande .xxiiii. houres long. That done, put al in a Lymbecke, and distill it with a small fyre. This water serueth not onely for to heale the common scabbe; but also to make the crustes of olde vlcers and scabbes and of the Pockes to fall of, and to take cleane away the Cicatrice or scabbe therof.

A Bayne or Bathe for the same.

TAke the Leaues of Lapaticum Acutum, the Leaues of Fumitory, the Leaues of Wallowes wyth the rootes, Leaues of Borage of eche three handefull, of Bran bounde in some cloth two handefull, of Rye three handfull: seeth al this in sufficient water vntill the thirde part be consumed, then straine all, and whyle the Patient is annoynting, let him bath all his bodye in the same ayne in the breake of the day, and without taryng any long tyme, let him goe into his warme bedde, and there let him sleepe and sweate.

Agaynst the Scurfe or Leprie, called in Latin Psora.

AFter a purgation, I commend much the annoynting at nighe when he goeth to bed, all the partes of the

bodye infected with this diſcaſe, with Dyle of Tartar or of Leees of wyne, and three vnces of verye ſtrong whyte Wyne.

A remedy agaynſt Puffes, Bladders bliſters or wheales, and agaynſt the ſinal pockes.

TAke an vnce of Peche kernels burned, and made into a pouder, the iuyce of Plantayne and of Sinegreene, of eche halfe an vnce, Ceruſe or Lead waſhed a Dragme and a halfe: make of this a ſoft oyntment, as muche as ſhall ſerue you.

An other remedy well tryed.

TAke two Dragmes of Camphyre, an vnce of Ceruſe waſhed, half a pound of red Ciches, a pounde of the inner parte of Melons without the pylles, ten Swallowes Egges, two Dragmes of Pearles, three Dragmes of the ſeedes of Xilon or Goſsipium, the tree that beareth Cotton, two dragmes of Salte, foure vnces of the iuice of Lemmons, halfe an vnce of white wyne Lees: make that into pouder that ought to be, & put altogether in ten pound of water Lapatium Acutum diſtilled, leauing it ſo two dayes and two nyghtes. This done, diſtill all togeather in a Limbecke, with the whiche water ſo diſtilled the Patient ſhall waſhe his face three or foure tymes a day. It hath ben proued very good.

Agaynſt the ſtrong cough of young children.

SEeth in wyne ſome Iſope and ſome Serpellum, or Sauory, or elſe ſteepe ſome Ieniper Berries in wyne, and geue the childe to drinke of whiche you wyll.

Agaynſte the ſtynkynge ſweate.

TO thoſe that ſo ſweate, take a cloathe ſteeped in wyne wherein Myrtle Leaues or the herbe yt ſelfe, or elſe his fruyt hathe bene ſodden.

Againſt the payne of the eyes.

TAke Mallowes, Vyolets that growe in Lent, the tops of blacke Berry trees, dryed Roſes, Veruayne, Wyllowe

or

or Osier that groweth on the hilles, washe youre eyes with these at nyght, and make a playster of the hearbes with the yelke of an Egge, and lay it vpon your eyes.

For a whyte spotte in the eyes.

BUrne Cockleshels of the sea, and Olibanum, asmuche of the one, as of the other: make them into a pouder with cuttle bones burned, and laye that vpon youre eyes twice or thrice a weeke.

Agaynst the difficultie of bringing foorth childe, and the retention of the skinne, that the chylde is wrapped in, called in Latine Secundina or secundæ.

TAke the rootes of Parsnyp, and Leaues of Leekes, wryng the iuyce out, and mingle it with a little Oyle, and geue it the woman to drinke, puttyng a little Vineger into her matrice, and she shall incontinently be delyuered with Gods helpe.

A remedye when the foundement commeth out.

FIrst washe or Bathe verye well the foundement (be it eyther of a man or of a woman) with the decoction of Wyne and Moxmewood sodden togeather, and annoynt yt rounde about with some restraynyue oyntment. After this strawe vpon it Ashes made of willowe and of his rootes and of the fine bones of some fishe salted, and put in the foundement agayne with some linnen cloth: and doing thus twice or thrice a daye, he shall finde him selfe verye well.

Agaynst the payne of the guttes.

SEeth in water some Nightshade with ashes, and laye it vpon the place where the payne is. For this also is good, rawe Sisamum, sodden with his seedes, and layed vpon the painefull place.

Against the difficultie in making water, sauing for that which commeth of the stone.

For men.

Seeth water Cresses, and make thereof Cataplasma a Playster, and laye it vpon the place about the priuie members, causing the man to sit in the decoction of it.

For Women.

Make them an vndersmoking thorowe a close stole, with wylde Mint, with Nepe or Catte Minte, and with Pulliole or Pulegium. We make sometyme as well for the man as for the Woman, an estewe or Bayne wherein hath bene sodden some Ieniper, Neppe, Pulicaria, in English flea, wort, wilde Mint, Bay leaues, Pulegium, Wormewood and Tansey, geuing to the Patient being in this bayne, Benedictam simplicem. But yf the stone be the cause, then seeth it in water of Saxifrage with the rootes of Sanguinaria, or decoction, vntil halfe of the water be consumed, the whiche giue vnto the Patient: but if he desire Wyne, geue it him with some of this water in it, continuing so foure or fiue dayes, and twice or thrice a daye. The pisse not for al this, it is a signe, that the stone is thorowly growen and hardened. But then yf it sticke in the bladder, take Mallowes, Crista Marina, in englishe Sampere, little wylde Cabbages, Saxifrage, Pellitory of the wall, water Cresses, Ameos, and the seedes of Nettles, seeth all this in lycoure, whereof let the thirde part be wyne, the other part Oyle, and the fourth parte salte sea water, bathing and washing well with this decoction the partes about his priuie members, and laying vpon them the herbes.

Agaynst Crabbelyce.

Agaynst the Crabbelyce that breede about the priuye members and vnder the arme pittes, annoynt those places with ashes layed in Oyle: but agaynst those that sticke in the eye browes, take an vnce of Aloes, Ceruse, Olibanum, of eche fiue vnces: make all into pouder, and make of it an oyntment with larde cut small as much as shall suffice.

Agaynst a Cankar.

Note

NOte that the Leaues of wylde Iuie lodden in Wyne, & layed to it, are very good for it.

Agaynst the little woormes and itching of the hands or body.

AGaynst the itche and wormes in whatsoeuer parte of the body that it be, but chiefly in the face and forehead, you muste steepe wheate in Wine, with the pouder of Olibanum, and lay it vpon the place as it were a playster.

Agaynst the swelling of the Coddes.

TAke Mallowes, Mosmewood, Veruen, Bismalua, or Marche Mallowes, Tansie, and two Cabbedges, seeth all this in olde strong Wyne, and bathing and washing them twice or thrice a daye. As for the herbes, stampe them and seeth them in honny, laying them vpon the Coddes with Wyne.

For to make the wormes, to come out of the handes and feete.

TAke a hote Tyle, and some vessell full of water, then put some seeues of Iusquianum vpon the redde hotte Tyle, holding your handes or feete ouer the smoke of it, you shall see the wormes fall into the water lyke litle haires. An other waye: Burne Ote strawe into ashes, and put into water as hote as you may endure it, holding your handes and feete in it, and enduring the heate, vntill it waxe colde: then straine and presse it so hard vntil there remayne no more water, separating it fayre and softely. You shall finde the wormes as it were litle threades, which the smoke of the Iusquian hath drawen out. If the place doe itche, and is eaten with wormes, burne strawe into ashes, and tosse it and mingle it in water as hote as you can endure it: put in your hande or foote that hath the wormes, and they will come out. Then afterwarde heale the gnawing, as you doe some other sore.

A remedy for the deafnesse of the eares.

Take

TAke the fat or greafe of Eeles newe kylled that fwymmeth vpon the decoction of them, the iuyce of Caprifolium, Barba Iouis, and a handefull of Antes or Pifmers Egges, braye and ſtrayne all, mixing it and ſeething it with Oyle. The decoction made, put to it ſome Vineger or wyne ſufficiently, that it may be the more penitratiue and pearcyng: this done, poure ſome of it into the eare that is not deafe, ſtoppyng the other that hath the impediment, and lying vpon the good eare: and beware ye goe not the next day into the wynde: but let hym keepe his houſe, lying all the daye long ſometyme on the good eare, and ſometyme on the yll.

Remedyes agaynſt Fyſtuloes.

TAke the Leaues of redde Cabbages, and theyr ſeedes, the rootes of great Rubra Tinctorum of eche an equall quantitie, bray all and ſeeth yt well vntill three partes be conſumed, then ſtrayne it, puttyng to yt ſome Honny. And ſeething it gayne vntill it be thicke. Whereof you ſhall geue the Patient two ſponefull, mornyng and euenyng.

For the ſcabbes of the handes.

TAke Lapacium Acutum, and Fumitorye, making thereof as it were an oyntmente with Hogges or ſwines greaſe and Maye Butter, wherewith annoynte poure handes.

A water of a great and marueilous effect, for to keepe mans bodye from many infirmities and diſeaſes.

TAke foure pounde of ſtilled Aqua vitæ of very good Wyne, two pounde of ſalt burned, two pounde of quenched Brimſtone, foure vnces of whyte Tartre, foure vnces of the woode of a Fylberde tree, iii. vnces of rocke Salt. Let all be brayed, ſifted and mixed togeather, pouring vpon the foreſayd Aqua vitæ, and puttyng it in a Limbecke to diſtill.

What

What operation come of suche distillations.

The first distillation draweth vnto it, the powers of all the spirites of man, that no venimous beast can approch or come nyghe hym: with it is kept flesh e and fishe as with Baulme, it healeth and cleanseth Lentiles, and other spottes of the face: it dryueth away all manner of scabbes from the body, and cleanseth wateryng eyes.

The seconde dryueth away impostumes, and other superfluities of the body: it pulleth out and healeth loose teeth, and putteth away all swelling of the Liuer.

The thirde, cleanseth all spottes and scurfe, it healeth stinking breath, & purgeth all flegme of the stomache, as meate not digested.

The fourth, putteth out of the body, all colde and congealed blood.

The fifte, delyuereth the bodye from the fallyng sickenesse.

The sixte, dryueth away all languishe and infirmitie, come of the Goute.

The seauenth, putteth the Goute from the feete.

The eyghe, excelleth the Baulme, which you should kepe well.

The ninth, yf you mixe with it, and dissolue golde in it, is a preseruatiue for the Liuer.

The tenth, if you putte a droppe of it in any vessell of gold full of Wyne, a froth and skumme wyl swymme vpon the wine, whiche is very Golde in deede, so that what soeuer you touche with it shalbe fayre Golde.

Yet you must note that after euery distillation you must stampe and sifte the lees as the firste tyme.

An other water of Balsamum almost for the same thinges.

TAke a pounde of Turpentine thrice distilled, a pounde of Aloes thrice also distilled, a pouder of Amber rawe, Mascatum, drayed vpon a stone in a manner of some ly-

quide

quide oyntment, putting to all this a little Oyle, and so incorporating it and distilling it nine times. It is a Baulme that maye well be kepte, for it is so perfect, that it abideth first all tryall of fyre and water.

Secondely, it wyll pearce thorowe the hande.

Thirdlye, in annoynting youre face, it keepeth your youthfull colour.

Fourthly, it fasteneth and consolidateth all incision or rutting.

Fiftly it purgeth marueilously the eyes.

Sixtly anoynting all the bodye with it, it is sayde that it shall neuer rotte or corrupte, nor euer breede wormes. This hath Hermes the Phylosopher written, and I confirme it as most true, for as much as I haue proued and tryed it.

A pouder very good to conserue the sight.

TAke Betony, Rue, Selandine, Saxifrage, Leuisticum, Pulegium, Annice, Synamon, Euphrasia, in Englishe eyebright, of eche a handefull, Grani Paradisi, Ginger, Fennell, Persly, Isope, Organny, Osier of the Mountaynes, of eche a Dragme, Galingale an vnce, of Suger an vnce. Make all this into pouder, and eate of it euerye daye with your meate: for the sight is thereby preserued. And yf your sight be perished or halfe gone, it wyll heale it, and recouer it perfectly agayne. This pouder is founde and thus ordayned by Mayster Gerarde, whiche tryed it vpon himselfe: for he hauing vsed spectacles the space of twelue yeares together, and yet scant coulde see with them, nor reade the greattest Letters that were (so muche was his sight perished) after he vsed this pouder but a whole Lent together, onely in this sorte as I haue told you: he recouered so his sight agayne, that al the rest of his lyfe after, he coulde reade the smallest Letter that was, very perfectly.

Agaynst the payne of the flankes or the pluresie.

Take

TAke a wylde Boyes toothe of the vpper iawe, and the greatest, make thereof a pouder, whereof you shall geue the Patient to drynke with a little broth, and he shall be cured.

Agaynst quartayne Agues.

TAke the grease or fatte that is vnder the manes of Hoyses, and seeth it in a newe earthy pot: and when you feele the Ague come, annoynt the chyne of your backe, and you shal be healed in three tymes so doyng.

To heale olde woundes and cankers of the legges.

TAke clustinges or shearynges of Shomakers Leather, and seeth them, and the grease or fatte that you shall get of them, set it by it selfe: then take of the hearbe that groweth at the foote or roote of Willowes the tyneft that is, and the mosse that looketh like Veluet: drye it well and make it into pouder: and lay of it vpon the wounde, and with the sayde grease annoynt round about the wounde, and he shall shortly be hole.

Againft the Scurfe.

TAke Barrowes greafe what quantitie you will, and seeth it with a glaffe full wyne, and haffe a pounde of Beane floure in manner of an oyntment: then take Vryne or pysse, and heate it as hote as you can endure ye, wherewith you shall washe your head, and then annoynt it with the sayde greafe, and it shall be hole within fifteene dayes.

Agaynft Ventofitie, Collicke or payne of the Matrice.

TAke a Dragme of intrayles made in pouder, a Dragme of Stecas, geue it the Patient to drinke in a new layde Egge, and she shall be healed.

For the hardeneffe or brawne of the feete.

DIppe youre feete in hotte Pifle, and when the hardneffe or brawne is mollified, take a Launcet or Cyfloures, and Launce it rounde about: and then by and by put some iuyce of Sinegreene vpon it, and the nexte morrowe

morrowe it wyll be well.

To make very perfect Vineger.

TAke the cromme of a hote loafe newe drawen out of the Ouen, a Glaſſe of ſtrong Vineger, wherein you ſhall put ſome Ginger, Pepper, Pyrethrum of Leuant Calamus Aromaticus, the whiche thinges beyng brayed and ſtamped together, you ſhall put into Vineger: Then take the cromme of a hotte loafe, and put it ſo that it may receyue to it all the foreſayde thinges. Then drye the ſayde Loafe in an Ouen, and make thereof a pouder, and put the ſayde pouder in a Hoggeſhead of Wyne, and it wyll become very perfect Vineger.

Againſt the fallyng ſickeneſſe.

TAke the matrice of a Sowe, the whiche being made in pouder you ſhall geue to eate or to drynke vnto the Patient, and as ſoone as he hath receyued it, the ſickneſſe will remoue from the brayne, and ſpread into hys fyngers ends, tormentyng hym very ſore: but whereas the ſayde matter ſhall aſſemble and come together, make a rupture: and the matter wyll come out as yellowe as Saffron, and he ſhal be quickly healed.

For Children that be broke.

TAke whyte Paper, and chawe it well with your teeth, and make thereof a Playſter, as greate as wyll couer all the Broke, bynde it in a ſwaddle bande with a lynnen cloth: Then laye it to his Eddes, and make faſte the ſwathyng bande: but you muſt renewe euery day the Paper chawed, and he ſhall be whole.

Againſt the payne of the Splene.

TAke of the Lunges or Lyghtes of a Foxe made into pouder and vſe to geue to the Patient to drynke or to eate ak in good whyte Wyne, and he ſhalbe cured.

For to ſtenche bloude.

TAke mans blood dryed in the Sunne, and make it into pouder, and yf it chaunce that there be any vayne broken

broken or hurte, whereby there commeth out abundaunce of bloude, lay of the sayde powder vpon it, and it shall be stenched.

For to heale in foure dayes the scaldyng with water, or any other thing, without oyntmentes or Playsters. It hath bene tryed and founde true.

TAke an Onion and cut hym ouerthwarte, and wryng out the iuyce vpon the scalded place, doyng so euerye day twice, and it wyll heale it.

For to stenche blood.

TAke a sowre Orenge and make a hole in the Toppe where the flowre grewe, keepe that vpper piece that you shal take of, that you may afterwarde close vp the hole againe yet before you stoppe it vp, you shall take the suet or grease of a heer Goate, the bygnelle of a Walnut, and put it into the hole: then set the Orenge vpon the coales or embers, that it may incorporate, and dissolue: Then annoynt a long downe your backe bone and ouerthwart the flankes with the same licoure, and it shall heale you, with in three or foure times by the grace of God.

Agaynst the woormes in little Children.

TAke a Lampe full of Oyle Olyue, and lay an yron in the fyre, and when it is redde hot quenche it in the sayde Oyle in the Lampe: then annoynt thereof the nostrelles, the throte, and the Nauell, and strayght way you shall see a great Miracle.

To heale the Emerhoides or Pyles.

TAke Dogges doung foure vnces, halfe a pound of common Oyle, put them together in a newe earthen potte, and seeth them a little: then take out some of the doung, and braye it vpon a trenchoure: then seeth it agayne in the sayde Oyle and put to it three vnces of newe waxe, to the intent that all may come to incorporate together: and before you annoynt the Emorrhoides or Pyles with the same

same oyntment, you shall washe them with white wyne, and in foure dayes he shall be whole.

Agaynst all kyndes of payne and griefe.

TAke a glasse full of the iuyce of Leucoron, which is our Wynter Gyloser, or Violetes fastyng, and you shall see a marueylous effect.

Against stifnesse or shrinking of sinowes, called the Crampe, or swellyng commyng of the wound, taken of some venimous beast, in Latine Spasmus or Spasma, or Convulsio.

TAke Hogges doung as muche as you wyll, halfe a pound of Oyle Roset: seeth all in a newe earthen potte, and laye it as hote as you can endure vpon the soze place, and it wyll heale it.

For them that cannot pysse by reason of certaine grauell, and viscositie, or carnositie, Which is abundance of flesshe.

TAke the iuyce of Radishe rootes, of little Leekes which are founde vnder the grounde and dyce them, and make them into powder: put altogeather, and geue euery mozning a certayne quantitie of it to the Patient to dzinke, and he shal be healed in shozt space.

Agaynst deafnesse.

TAke a quicke Eele, and and put him on a spitte alyue, and rost hym: take the grease that commeth out of hym: Then take a Garlike head rosted vpon the coales oz cenders, and take one Coode oz huske of the same Garlike at a eyme, and put it into the sayde grease, and so put it hote into his eare, holdyng his eare vpwarde the space of one Credo, and you shall see the filthie humoure come out of his eare, and he shalbe healed.

Agaynst opillation or stoppyng.

TAke wylde oz Marshe Mallowes, what quantitie you wyll, and seeth them in rummyng water: then take of it about a glasse full hotte with Suger Candye, mozning

ning and euening, and you shall be cured.

Agaynst the gyddinesse of the sight.

GYue euery morning, vnto a childe to eate some sweete Fennell, and let the same childe licke the Patientes eyes, and he shall be cured.

For them that can not brouke their meate, but vomite it agayne.

TAke Mynte well stamped, and the crommes of breade, burned in the fyre, and Vineger, and make therof as it were a sause, and spread it vpon some linnen cloth, with the pouder of Cloues: heate it vpon a bricke or Tyle, and laye it vpon his stomacke, and you shall see a goodly experience.

Agaynst the headake by to much drinking.

TAke Rue Leaues, and bray them with Vineger, and put Roses to them, and bitter Almondes, and with this rubbe your head, and your shall be eased.

Agaynst all the payne of the head.

TAke halfe a Dragme of Bay Berries, of Scamonia, and of Saffron a Dragme, bray all well together with Vineger and Roses. And when your heade aketh, annoynt it, where it grieueth you, with this oyntmente, and you shall see the vertue to be maruellous great.

Agaynst the payne of the head: that continueth alwayes.

TAke leaues of blacke Iuye: and braye them, and put them with Vineger: oyle and Wyne, as much of one as of the other: seeth this together, and annoynt your forehead and your Temples, and it shall ease you verye much by Gods grace.

Another way.

IF the Patient thinke that his heade cleaueth in sunder by reason of the great payne: take Iuie, and make iuyce of it, the which you shall mingle with oyle Rose: and with a linnen cloute, you shall annoynt fayre and softly his nostreles, his Temples, and his forehead. And yf the payne be vehement,

lay some of it vpon the scull of his head.

An other way.

TAke the brayne of a Crowe, and seeth it, and then eate it: for there is none so great a payne of the heade, or none so olde, but that it wyll heale it with a singuler vertue.

Agaynst the Meigrime happening sodainely.

TAke Bengewine, and braye it with Vineger, and annoynt your forehead with it, and your temples, and it wyll mittigate the payne.

Agaynst itching of the head.

TAke a sheeps Gall, and mixe it with whyte Chaulke, and therewith rubbe your head, and let it drye vpon it, and it wyll heale you.

Agaynst vlcers or scabbes of the head, as well of men as of women.

TAke the Gall of a Bull, and mingle it with Vineger, and hauing made it luke warme, rubbe your heade with it, and you shall finde a maruelous remedy: by the grace of Almighty God.

Agaynst olde and putrified woundes.

BRay Celondine, and then mixe it with olde suet, and laye it so vpon the vlcers or scabbes, and you shall be healed incontinent God willing.

For to keepe that the flesh growe not too muche in a wounde.

TAke the Lyghtes or Lunges of a sheepe hoate, and lay it vpon the woumde, and the flesh shall be equall with the skinne.

To heale and take away the scurfe.

TAke a handefull of Rue, and halfe an vnce of quicke Brimstone, and seeth it with good olde Wyne: and so washe your head with it: but yet your head muste first be washed with luke warme water, as men are wont to do most commonly, and it shall be cured.

For

For the kyll Lyce.

TAke the whaye that remayneth of Cheesemaking, and put to it a little Vineger, and drinke of it certayne dayes: and all the Lyce wyll dye, and there will breede no more aboute you.

Agaynst the distillation of the brayne, and heauinesse of the head.

TAke Beete rootes and brayse them well, and then take the iuyce of them, and receiue it vp into your nostrels. And that wyll drawe vnto it all the humour of the head, and cause it to come out.

Agaynst Murres or Catarres that beginne to growe.

YOu muste abstayne from supper, and from eating of any herbes, and from salt and fatt things. For the Catarre commeth of indigestion of the meate, and by the rawnesse of the stomacke. Therfore above all things you ought to abstayne from fat meates. And when you are amended, you maye take your supper, as before your sickenesse you might haue done.

For to restrayne the murre, or catarre.

TAke fiue partes of Wyne, and the sixte of Honye, mingle all together, and let it coole, and make of it a Gargarisme.

A remedy for the disease when the haire of the beard or head falleth of, of it selfe

FIrst you must shaue with a Rasour the place, and then rubbe it well with an Onyon: that done, take Barley parched and made into pouder, and mixe it with Beare suet, and so laye it vpon the place, and the haire will growe agayne.

To keepe that the haire shall not fall of.

TAke the pouder of Walnuttes, of heath Cypres burned, of the ashes of a Mule or Mulettes hoofe burned, of the oyle of Wyntell, the ashes of Rats burned, and

their doung made in pouder. Also the ashes of fresshe doung of a Hedgehogge, and some Sandaracha, in Englishe yelowe Oker: mixe all the sayde thynges with Vineger and softe Pitche, and laye it vpon your head, and it wyll keepe youre haire from fallyng of.

To make the haires of a mans beard or head to growe.

YE shall take that whiche groweth sometyme in the hoxe or pasterne of an Asse, whiche is lyke vnto litle wartes, and burne them, and make pouder of them, the whiche you shall put in olde oyle, and then laye it vpon the place. This thyng hath suche vertue that yf a man annoynt or rubbe the iawes or chinne of a woman, she shal haue the haire growe vpon the same place.

For to make hayres growe.

YE shall take a Hedgehogge, and burne it all to coales, and put the pouder of ashes made fine and small, with Beares grease: and laye this oyntment ouer all the heade of a balde man, and it wyll make his haire growe, as fayre as euer it was.

For to curle haire a rare secrete.

TAke the ashes of sheepes horne burned, and mixe it with Oyle, and rubbe your head oftentymes with it: but you must be first polde.

For to make hayre blacke.

TAke Swallowes doung and put it in good Vineger in a Viall, or some vernished earthen potte, then burye it in a dunghyll, or in Horse doung, and leaue it so xxvi. dayes full. And then annoynt your head, beyng polde, with thys Medycine in the shadowe with a Paynters pensyll. But before you do thus, you must annoynt youre face with Deare suet, to the intent that none of the coloure of the sayde oyntment do spotte or blacke youre face. And whyle this coloure and dying dothe drye, hold in your mouth some oyle, to the ende that your teeth waxe not

blacke

blacke with it: and the fourth day that you haue thus annoynted your head, you must wash it well, and al is done.

To keepe that the haires waxe not hoare or whyte.

MIxe the Ashes of grounde wormes burned in Oyle, and rubbe your Combe with it when you kembe your heade, and your haire shall neuer chaunge colour in your olde age. It is a secrete, that Women commonly vse.

For to make the haires blacke.

TAke Cypres Leaues brayed, and mixe it with Vineger: and annoynt your haire with it, and that same wyll dye your whyte haires into blacke, and in theyr place shall growe also blacke hayres.

Agaynst the payne in the eyes.

TAke rawe Cabbadges, and braye them, and steepe in the sayde iuyce of them some whyte breade, and annoynt your forehead, and it wyll take away the payne of your eyes.

Against the dimnesse and daseling of the sight.

TAke Salt Armoniack burned and well brayed: and mixe it with the pisse of a yong childe, and therewith annoynt often tymes your eyes, and laye of it vpon them, and it wyll take away the daseling.

An other way.

TAke the iuyce of Fennel rootes brayed, put to it as much good purified honny, and seeth all with a small fyre, vntill it be as thicke as honny. Then put that in a boxe of brasse. And when you haue neade, mixe it with conserue water or womans Mylke: and certaynely it wyll put away the daseling and dimnesse of the sight incontinent, yf you lay of it vpon your eyes.

Agaynst a webbe or spotte in the eye.

TAke the Gall of a whyte Cocke, and braye it with water, and laye it to your eyes or put some in youre eyes, and it wyll take awaye the webbe or spotte, and

wyll consume the droppes of blonde that are in the eyes, and strengehen the sight.

For to take away the hurtfull haires of the eye browes.

YOu muste plucke of the haires of the eyes diligently, whiche hurte and hinder the eyes: and then annoynt the place with hee Goates blonde hoate, or Hares blond, or else of the blonde of a Batte or flinder Mouse, or rubbe it with the mylke of a Bitche, or with a needle of Copper, which being ofte heated and quenched in Vineger, with the whiche you shall touch the place, and the haires will neuer grow agayne.

Agaynst all payne of the eares.

YE shall take a Scruple of the Gall of a Goate, and as much Honny, bray all together, and heate it in a fyre Panne, putting it into his eare, and stoppe it with Wooll, and it wyll heale all the payne, yea though there were a canker in it.

Agaynst the payne of the eares and deafenesse, and for to purge the Apostumes or corruption of the eares.

MIxe Bengewine and newe Goates mylke together, and put among them some of an Oxe Gall, and oyle of Cedar, as much of the one as of the other. Put al this luke warme into the Patients eares, and it wyll wonderfully appease the payne of them and comfort the weake hearing, and also the Apostumes of the eares.

Agaynst the payne of the eares.

HEate wylde Boyes pisse vpon the fyre, and put it into the Patients eare, for it is a singular remedy. The sayde pisse may be kept in a Violl of glasse, or better in the Bladder it selfe of the Boze.

Agaynst the noyse or ringing of the eares.

MIxe together the grease of a Goose, wyth the iuyce of Saffron, and the iuyce of Garlicke, or Garlicke brayed:

brared: Then poure it into his eares, and certaynely it wyll heale him.

Agaynst all infirmities of the eares.

YE shall take grounde Wormes, and seeth them with goosegrease: and droppe of the same decoction, into the Patientes eares, and whatsoeuer payne it be, it wyll heale it.

Agaynst deafenesse and hardenesse of hearing.

TAke an Oxe Gall, and the pisse of a hee Goate: Mixe all together, and put of it into the deafe eare and incontinent he shall be healed.

Agaynst the payne of the eares, deafenesse, durt or filth, wormes or water that is in them.

TAke the iuyce of Onyons, and mingle it with Honnye, and then droppe it into the eares, and it wyll cleare and heale them.

For to stentch bleading at the nose.

TAke verye strong Vineger, and poure of it into the eare of that side that he bleedeth, and if he bleede of both sides, put Vineger into both his eares, and it shall stenche it.

To heale the sickenesse called Noli me tangere.

TAke the iuyce of the herbe called Dracunculus, or Serpentine, and put of the same iuyce into his nostrels, or dip in it a linnen cloth, and lay it vpon the sore, and the nexte daye take it away, for it will bring with it all the rootes of the sore

Against the stinckinge of the mouthe.

TAke the roote called Acorios, or Calamus Aromaticus and chawe of it fasting, as it wer Mastick, holdinge yt a good space in your mouth, and it will make you haue a sweete breath and mouth.

Against the Tootheache.

TAke the roote of Iusquian, and seeth it in Vineger, and holde of the decoction thereof in youre mouthe,

and it shall heale you.

An other way.

TAke grounde wormes, and seeth them in Oyle, and then bray them well, and put of the decoction into the eare, on that side that the aking tooth is of, and the paine wyll ceasse.

For to make teeth fall out.

TAke grounde wormes, and burne them vpon a redde hoate tyle, and then take the ashes of the sayd wormes so burned, and put it into the hollow and aking teeth, and couer them with waxe, and they wyll easely fall out without any payne at all.

For to make teeth whyte that be blacke.

TAke whyte bread and of a Pommise stone, as muche of the one, as of the other, burne all together, and make therof a pouder, wherwith you shall rubbe your teeth, and they wyll be very whyte.

For them that be hoarce.

YOu muste swallowe downe, three mornings together the yelke of a newe layd egge rawe.

To heale the disease called the kings euill.

TAke Barley floure, Liquide Pitch, Waxe, and oyle of equall quantitie, mixe all together, and seeth it well, and put into it a little pisse of a yong childe, and stirring it well about, laye it vpon the sore in maner and forme of a playster, and it wyll heale it.

Howe to knowe the kings euill.

TAke a grounde worme alyue, and laye hym vpon the swelling or sore, and couer him with a leafe: if it be the kings euill, the Worme wyll chaunge and tourne into earth, if it be not, he wyll remayne whole and founde.

Agaynst

Agaynſt the cough, and diſtillation of the breſt, and lungs, and running of the eyes, payne of the bladder, and when the pype of it is ſtopped, whiche cauſeth that a man can not piſſe, but with great difficultie. Alſo for thoſe that ſpitte bloude at the mouth, or piſſe bloude: and for the flixe, and collicke, and payne or heauineſſe of the belly, and choler, and alſo agaynſt a vomiting without an ague. Alſo agaynſt all payne of the body except of the head, and eſpecially agaynſt the vlceration of the lungs, if you giue the Patient an electuary or two of it.

TAke ſixe dragmes of Myrrhe, fiue dragmes of Frankencenſe, foure dragmes of the iuyce of Poppy called Opium, ſixe dragmes of Saffron, foure Dragmes of the ſeede of whyte Iuſquian called Henbane, and foure dragmes of the pill or ryne of the roote of black Iuſquian: you ſhall beate into pouder the ſayde barke or ryne by it ſelfe, and ſift it fine and ſmall thorowe a Sarce or Siue, and then grinde the Saffron: and then the ſeede of the white Iuſquian or Henbane: and then after the Myrrhe and the Frankencenſe. With the which you ſhall mixe the Iuyce of the Poppy, hauing bene layed before in water.

And this done, you ſhall put ſtrayght waye to it a little water, to the intent you maye make therof Trochiſcos or litle Balles or Tablettes, of the weyght of a half a Dragme. You ſhall take of it at night with three mouthefuls of water. This prouoketh ſheepe, and aſſwageth all griefe, as is afore ſayde. If you wyll you maye make Pilles of it: for it is all one, as concerning the vertue of it.

Agaynſt all vehement Coughes.

TAke the iuyce of Leekes brayed, and ſeeth it with oyle, and geue it to the Patient to drinke, and it ſhall profite him greatly.

Agaynſt the cough be it neuer ſo great.

Take

TAke Brimstone made in pouder, as muche as you can take vp betweene your three fingers: Geue the same vnto the Patient with an Egge halfe rosted, before breakefast, fiue dayes together, if it be a man, but if it be a chylde, three mornings. And there is no cough so vehement, but it wyll heale it, within the sayde tyme, God wylling.

For one that hath swallowed downe a Bloud sucker.

TAke Vineger wherein there hath bene first quenched some redde hotte yron: and into the same put some Butter, and beate it by little and little, and geue it him to drinke, and it wyll make the bloude Sucker come out. It hath bene proued.

Agaynst an olde and inueterate cough.

TAke quicke Brimstone, and beate it into pouder, and wrap it in olde Hogges or Barrowes grease: And then the first daye geue three Pilles therof vnto the Patient, the seconde day two, and the thirde day one. And the sayde Pilles muste be made, so that he may swallowe them downe.

Against the bloudy flixe comming of the arteire or sinewe of the lungs, or of the Lyuer.

TAke the roote of Consire called Marquerites, and wash it in colde water and scrape it with a knyfe of Iuery or bone. Giue vnto the Patient to drinke two vnces or more of it, and as muche as he can eate. But note that he muste not touche any Vineger that day, thoughe it haue great vertue to stay the bloude, for truely it taketh awaye the effect and vertue of this roote, if you geue him anye with it.

For to restraine great and vehement vomiting.

TAke a little quicke Brimstone, and as muche of the scraping of a Hartes horne: all being brayed and made in pouder, mingle and temper it in a softe Egge, and drinke it, and it wyll stoppe the vomiting.

For

For them that can not keepe theyr meate in theyr stomack, but vomite it vp agayne.

YE shall take a little Aloes and geue it them to drinke with colde water, and it wyll make them kepe their meate in their stomack.

To quench and asswage thirst.

YE shall take water and Dyle mixed together, and heat it a little, and drinke, and vomite it vp agayne by and by. And if neede be, doe so agayne, and it wyll quench your vehement thirst.

An other way.

YE shall take the yelke of a Hennes Egge halfe rost, and mixed with Dyle, and swallowe it downe, and it will take away your thirst.

An other.

YE shall take a stone in a Fountayne, and laye it quickly vpon your tongue, and holde it so a whyle and it wyll quench your thirst.

To stoppe the Hicket.

TAke a sponefull of Vineger made of the herbe Scilla Squilla, and drinke it, and by and by the hicket wyll ceasse, by the grace of almighty God.

For to stoppe the Hicket that commeth often.

TAke hote water, and put your handes into it, and hold them there a good whyle, and the hicket wyll ceasse, it hath bene proued and found true.

A soueraigne remedy for them that haue wrye necks by reason of shronken sinowes, also for them that haue the goute.

TAke the stones of a Beuer, called Castoreum, whyte Pepper and Perseley of eche equall quantities: bray all together and sift them. This done, take a sponefull of it, and put in so much honny, and two mouthfuls of hote water, and geue it the Patient to drink before breakfast, and he shall be healed.

To take away the smelling vnder the arme holes.

Take

TAke verye olde Vengewine, and make it into pouder, and sift it: and then rubbe your armeholes with it, and they shall smell well.

Agaynst Apostumes, and swelling at the roote of the nayles.

TAke an Akehorne brayed with sope, and lay that upon it, and they shall be well.

To make a mans nayles growe incontnient which be fallen of.

TAke the herbe that is called Pentaphilon or Quinquefolium, in Englishe Cinkfoyle, and bray it with any grease: and laye it upon the place, and the nayle wyll come agayne incontinent.

Agaynst the disease called Mentagra or Lichen, which is a foule breaking out, or coueryng of al the face with a scabbe, and beginneth at the chynne.

TAke the fresh braunches of a figge tree, and seeth them in Vineger, and then braye them well, and with this annoynt the sore, and undoubtedly he shall be cured and healed immediatly.

To take away the scabbe of a running tetter, or Ryngworme of the face,

TAke the rootes of wylde Cowcumbers, and seeth them unto the thirde parte, then braye them well, and put to them some Lytarge of Siluer, and some Brimstone in pouder, as much of the one as of the other, and put to it also a litle Waxe: and then rubbe and annoynt the sore place with it, and it will heale it.

Agaynst Burgeons and pushes in the face, aswell by the heate of the Sunne, as otherwise.

TAke the yelke of an Egge, and braye it with Honnye and Ceruse, and so annoynt your face with it, and it wyll cure them very well and perfectly.

Agaynst all spottes, pimples, pushes, or vlcers in the face.

Take

TAke Mastick, and the herbe called Lappa Maior, in Englyshe clotte or great burre, Sope, Waxe, olde Dyle, Lytarge of Sylver, as muche of the one as of the other: mingle all togeather, and seeth it like an oyntment, and annoynt the place with it, and it will heale it.

To take away the blackneſſe of the necke, and ſpottes of the face.

TAke Beane floure, and temper it with the iuyce of the inner parte of Pompons, and make thereof eyght Trochiſces or little Balles, whiche you ſhall dryye in the ſhadowe. And when you wyll goe to your bayne or bathe, you ſhall take as muche as you ſhall thynke good of the ſayde Balles, whiche you ſhall breake and myxe with Water, and annoynt the blackeneſſe or ſpottes with yt before you enter into your bath. And when you begynne to ſweate, Then rubbe the places with it, & waſhe them, and the ſpottes of it wyll goe oute: It is proued and founde true.

Againſt the bruſing of the face by a fall or ſlyp.

TAke the rynde or barke of a Radiſhe roote, and brayе it well, and myxe it with Honny, and annoynt the place and it wyll heale you.

An other way very good.

YE ſhal take new ſoft Cheeſe made of Goates mylke, brayе it with Honny, and lay it vpon the place, and couer it with a cloth, and yt wyll take away the bruſing immediatly by the helpe of God.

Againſt wartes and malanders.

YE ſhal take the herbe called in Latine Scorpius, becauſe it hath ſeedes like vnto a Scorpions tayle: brayе it well and put to it a grayne of ſalt, and lay it vpon the wartes, and they wyll fall of.

Againſt

Agaynst swelling of the stomack, payne of the raynes, gra-
uell, flegme, collicke, the Emorrhodes or Pyles: also to
stay the floures of a woman, and for the those that
haue an infected lyuer and splene: also
for those that cough ordinarily,
and for them that haue the
falling sickneſſe.

TAke an vnce of the roote of Enula campana, three vnces of Fennell seede, two vnces of black Pepper. Stamp eche of these things by them selfe, and sift them verye fine. Then put all into Honny halfe sodden, and geue the Patient of it, the quantitie of a Hasell Nut with hote water. Some take it with Oximell, other some with Wyne, and other take it alone in a spoon, to make them pisse the stone and grauell.

Agaynst the payne of the Splene.

TAke a Dragme of the roote of Enula campana, dryed and made in pouder, and then sift it fine, and geue it the Patient fasting with olde Wyne, and this wyll cure the Splene.

An other.

TAke Cucumis auquinais made in pouder, as much as you can take vp with your three fingers, and drape it with Wyne, and geue it the Patient to drinke before breakefast, and it wyll take away the payne.

For the payne of the loynes or haunches.

TAke the roote of Iris or Gladiolus, and drape it with quick Brimstone and Beares greaſe, and laye it vpon your Loynes lyke a Playster, and you shall finde, a it soueraygne remedy.

Agaynst the swelling or vlcers of the raynes
of the back, and kydneyes.

TAke the leaues of dry Roses, the seedes of blacke Poppye, and the kernelles or Berries of Pyneaple, of e-
quall quantitie. Stampe eche of theise things by it
selfe,

selfe, and mingle all together, and take of it the bignesse of a Walnut, and put it in two mouthfulles of Wyne sodden, and three of Water, and geue it the Patient to drinke, and it wyll beale him although he pissed blond.

Agaynst the payne of the grauell, and for to make a man pisse.

YOu shall take a little Amber stone, of the roote of Cyperus, and of blacke Pepper, stampe it, and then seeth it, and giue it to the Patient to drink a spone full fasting, and it wyll make hym pisse, and asswage the payne of the grauell.

Agaynst the payne of the raynes.

TAke a pounde of wylde or Marshe Wallowes, freshe sheepes dung, and the olde leafe of a Hogge, which is the fatte that lyeth by the back, and the ribbes, which husbandes vse to rolle vp and keepe to make salues, of eche two pounde: Stampe these thinges and mingle them together. That done, laye it vpon Wooll newe shorne and vnwashed, and so laye it vpon the raynes of youre backe in maner of a Playster, and it wyll shortly take away the payne.

Agaynst the grauell.

TAke the rootes of Asparagus, in Englishe Sperage, of Saxifrage, the roote of clotte or great Burres, the roote of Smallage or Alexanders, the roote of Ebulus, in Englishe Walworte or Daneworte, three garlyke heades, the Leaues of Willowes, and a little Persley. Stampe all these thinges and mingle them together, and geue the Patient to drinke of it three mornynges with sodden Wyne, or with some sweete Wyne, or Wyne made sweete wyth Honnye, and it wyll make hym pisse the grauell.

Agaynst the payne of the Bladder and grauell.

TAke the skinne of a Hare newe slayne, and put it haire and all in an earthen potte, or laye it vpon a cleane tyle,

tyle, and that done put it to the fyre, so that you maye make a pouder of the same skinne, the whiche pouder being sifted, you shall keepe in some cleane vessel. And when you shall neede it, take thereof three spoonefull in youre drynke: which thing soone appeaseth the griefe of the Bladder, and the gruell. Neuertheless the remedy woulde haue greater vertue, if you tooke the whole Hare alyue, and put him in a newe earthen potte, and stoppe all the holes wyth Playster: or with clay, so that there come no ayre out. Then if you put the sayde Potte into an Ouen, and let it burne with a small fyre, and when it is thorowly burned, make it into a very fine pouder, and sift it finely, and then vse it for your purpose.

This is very good: for them that haue the grauell, and that pisse bloude, if it be taken with a little Wine.

Agaynst the bloudy flixe, or fretting torment in the belly.

TAke Wylke, and quench hote flint stones in it, or else some hote yron, and that done dyuers tymes, geue it to drinke vnto the Patiẽt, (prouided that he haue not the Ague,) and he shall be healed.

Agaynst the straynyng, fretting, and gryping of the belly.

TAke seauen or nyne of the long and redde Berryes of a wylde Rose tree, and let them be rype. Bray them well, and geue to the Patient with olde wyne, if he haue not the Ague: but if he haue the Ague, geue them him with water. And if neede be, you shall geue them him so three dayes together, and he shall finde it a soueraigne remedy.

For those that haue fretting and gryping in the belly, and the Laxe.

TAke the yelke of Egges rawe or rost, wylde greene Reasings, Galles, as muche of the one: as of the other in waight: Myxe all together in brayng it, and

geue

geue vnto the Patient hoate, & he shal be cured by the grace of God.

Agaynst the Collicke,

TAke a Henne alyue, and see that she eate not in two dayes: then kyll her, and take the little skynne that is in her breast, or throte bole, and drye it and make it in pouder, the whiche you shall geue the Patient, with some harth or grosse wyne somewhat sharpe. And the Patient musse be fastyng, and not hauing supped the nyght before, but kepte in a good dyet.

Agaynst the payne of the Collicke comming sodainely.

TAke the heele of a Hare, and carry it about you, & the sodayne collicke shall neuer take you.

Agayne of the payne of the Guttes or Bowels.

YOu shall take Baye leaues, and seeth them in water, & geue the Patient drynke of this decoction, and he shall be healed.

For to stoppe the Laxe.

TAke the rootes of Hartes horne next to the heade, and make a fyne pouder of it, with a syle: and of this pouder, geue a dragme vnto the Patient with redde wyne a Goblett full: and this wyll stoppe the laxe, yf he vse it three mornynges.

Agaynst the frettyng of the belly or laxe.

YOu shall take one Pomegranade or manye, and put them in an earthen potte, the whiche you shall stop well, and lute it about with Potters claye, to the ende there come no ayre out. This done, set it in an Ouen to be burned: then the Pomegranate being well made into pouder keepe it. And when you haue any fretting or grippyng in youre belly, comming sodaynely, drynke a little of the same pouder with wyne: and you shalbe cured.

For to knowe a secrete or hydden disease of any man, and to heale the same.

TAke a yonng whelpe that yet sucketh, and let hym lye nyght and day with the man, the space of three dayes, duryng the whiche tyme, the patient shall take mylke in his mouth, and spitte it into the whelpes mouth. Then take the sayde Whelpe, and cleaue him in peeces, & you shall knowe the sicke part of the man, by that of the Dogge, whiche you shall see eyther infected, or whole and sounde. For certainely the Whelpe draweth to himselfe, the secrete and hydden disease whereof he dyeth, and the man shalbe healed, and you may bury the Dogge.

For them that voyde bloude at theyr foundement, and for those that haue theyr bloude broken.

YOu shall take the young sprynges of Nettles very tender, braye them well in a morter, and take the iuyce of them, and geue it the Patient to drynke alone in the morning, or with some strong Vineger and colde water, three dayes together, & there is none so corrupt bloude, but it will purifie it, nor no Laxe so greate but it wyll stoppe it.

Agaynst the wormes that ingender in mens bodyes.

YOu shall take the galle of a Bull, and dyppe some wool in it, and lay it vpon the Nauell, and it wyll make the wormes come out of the bodye.

Agaynst the gryping of the Belly, and desire to goe to the stoole, and yet do nothing.

TAke cowe milke sodden, & geue the Patient oftentimes drynke of it, and he shall be whole.

Agaynst the payne of the Colycke.

TAke the little byrde called in Latine Vpupa, in Englishe a Lapwing, and burne her whole with her fethers, and take of the ashes, and geue it the Patient to drynke in wyne.

Agaynst the vlcers or fistules in the foundement of a mā.

Take

TAke Date stones, and burne them and then make them into a fine pouder, and laye ofte tymes of the same vpō the fistules or vlcers, or vpon the hole of the foundement, & he shall be whole.

For to heale the Emorrhodes, or those that lose theyr bloude.

TAke Leekes and braye them well, and take the iuyce of them, the whiche you shall geue the Patient to dryuke before breakefast, and the Emorrhodes will soone ceasse by the grace of God.

Agaynst the vlcers of the Foundement, and agaynst the disease called commonly saint Fiacres. W sickenesse.

TAke the pylle or ryne of a Pomegranade, breake it & seeth it in good wyne, and braye it well, and lay it vpon the sore place lyke a playster, and it will without fayle heale the disease.

For to rype or breake an Apostume or swellyng in the gryne.

TAke Nasturtium, and braye it with pitche, & lay it vpō the swelling or Apostume, and he shalbe whole. I

An other.

TAke vnslekt lyme, two Garlicke heades, the yeelkes of three egges, mingle all to geather, and lay it vpon the sore place lyke a plaister: this wyll put away all the payne and swelling of the Apostume.

Agaynst hurt or flawing of the skynne, by chafing and goyng, eyther of the feete or betwene the thighes.

TAke a Mortar of Leade, and a Pestle of the same, and put in the sayde Mortar some Oyle Rolet, and the yelke of an Egge: the whiche thynges you shall grynde vntyll they become thycke: and tyll some of the

leade be mingled with the sayde oyntment. And when it is thicke like a playster, spreade it vpō a fine & soft linnen cloth and laye it vpon the payne, and continue thus three dayes vntill the payne be whole.

Agaynst the swelling and payne of the soles of the feete.

TAke the Wolle that groweth in the water, but let it be greene, braye it well with oyle Olyue, and laye it vpon the place with a linnen cloth, and it will ceasse the paine and take away the swelling.

To make wartes fall of.

When yō kyll a Hogge, let hym that hath the warts receyue the bloud euen hoate vpon the place where the warts bee, and assone as it is drye let hym washe it of. And if it be a woman that hath these wartes, shee muste take the bloude of a Sowe, and she shalbe healed of them.

For to take away the felons and Cats hayres, whiche breake out with wheales in the fingers, and also knoppes. growing in the feete.

TAke grounde wormes, stampe them, and with a little oyle lay them vpon the sores, and they will bring them away, and heale them.

For to asswage the paine of the goute quickly, and for all griefe of the feete.

YOu shall take grounde Wormes, and put them in Vineger, that they may purge themselues of all the ordure and fylthe. The next morning wype them drye, & put nyene vnces of them in a pounde of grease, braying them a good while, to the intent you may incorporate thē, and therewith annoynte youre Feete, and the payne shall ease.

An other way.

Take

TAke a Foxe and seeth him wel, then straine the decoction of hym throwe a linnen clothe, wherewith you shall bathe and washe oftentymes youre feete, & it wyll take away the payne.

For to get out any thing that sticketh in a mans body, as thornes and suche other.

TAke a peece of a Sponge or Woolle dypped in pisse, and lay it upon the thyng that sticketh in the flesshe, and it will come out without payne. Or els take some larde and seeth it in it owne grease, and then laye it upon the sore place and bind it, and it wyll drawe out all thyng that sticketh in the flesshe.

Here foloweth certayne receiptes,

agaynst the Plague

A composition preseruatiue agaynst the Pestilence, excellent as it were Triacle or Mithridatum.

TAke Pimpernell dryed, an vnce and a halfe, Sordii veti, rootes of Gentian, Imperatorie, Zedoariæ, of eche sixe dragmes, Calamint, Apiastrum or Citragínis, Enula campana rootes, Tormentillæ, whiche is a kynde of Cynkfoyle, Bay berries, the seede of Carduus benedictus, whiche is one of the kyndes of the hearbe called Atriactilis, an Orenge or Cytroy, Oxalidis, whiche is a kynde of Sorrell, Bole Armeniache prepared, of eche three dragmes, Lycoras scraped Glycánisi seminis, the seedes of Scatiola whiche is Intibus satiua, of the kyndes of Endiue and Succorye, Cynamomi exquisiti, of eche two Dragmes, Gyllo flowers, redde Roses, Coriander prepared, the seede of Basill, Corticis citrii fixi, Santali lutei vel rubri, Agolochi, that is, Xilaloe, ligni aloes, the scrapyng of Iuorie, redde Corall, Pearles, of eche a dragme and a halfe: Saffrō two scruples. All these being beaten verye small, myngle them

with Sugre of equall quantitie, or elſe with Oximelice or Syrupo acetato, or Oxy ſacchata, or rather the Syrope of Lemmons: But vnto weake ſtomackes contrary let it be made lyke to a liquide confection, either, Opiatæ vel Maſſæ, or elſe let there be an electuarie per tabellas, of a Dragme weyght, or foure ſcruples, yf you adde vnto euery vnce of Sugre a Dragme of the ſayde pouder: you ſhall take of it two or three houres before your meales. If it be pouder, the quantitie ſhall be a Dragme or halfe a dragme at the leaſt, with ſome conuenient licour of thoſe which are nowe named. If it be Opiatæ, the quantitie of a Cheſtnut or Walnut. If it be in forme of a Maſſe and thicke, you ſhall make two or three pylles or moe very ſoft for to take at one tyme, drinking after it ſome ſuch lycour as I haue already ſpoken of. When it is in lytle tablettes, you may take one or two.

An other compoſition in pouder or in another maner for the ſame.

TAke the rootes of Angelica, Gentian, Zedoaria, of the rootes of Tormentilla, the ſeedes Oxalidis citrii mali, Cynamome elect, with a kinde of Caſſia, of yellowe or red Sandale or Sanders, Carduus benedictus, of erbe two Dragmes, the pylle of an Orenge, a dragme and a halfe: the ſcraping of Iuorye a Dragme, redde Coral halfe a Dragme, of the beſt Suger lyke weyghte, put to all theſe things as the pouder ſhall ſeeme pleaſaunt and good. Or if you wyl ſeeke a nother way, as is ſpokē of the in firſt preſeruatiue. As concerning the quantitie of this compoſition at euery tyme, and the tyme of vſyng it, let it be as the other before. But if you wyll haue them bothe, let them not be of lyke ſorte, put the one being in pouder, in tablettes, the other in Opiate or Maſſe with pylles.

Common pylles verye good for the ſame.

TAke Aloes probatæ & lotæ, two vnces, of Saffron an vnce, of good Myrrhe as much, or elſe Myrrhe and Ammoniacum

moniacum dissolued in white wine, of eche halfe an vnce, mixe them together with honny roset. And in winter you may put to it Zedoaria, Agallocchi or red Sanders of eche a Dragme. But in somer take away the Myrrhe and Ammoniacum, and put to it Bole armeniacke prepared three dragmes, redde Coral halfe a Dragme, Camphyre halfe a scruple. You shall commonly take a pille or twaine before your meales. Sometime you shall proceede vnto a Dragme after your first sleepe.

Antidotes or medicines preseruatiues and comfortable, of small cost, easye to fynde and prepare for poore folke.

1 TAke Garlyke, & drinke a little wine after it: or a figge with a walnutte and Rue and a little salt specially in Winter.

2 Take twentie leaues of Rue with two Walnuts and as many fygges, and a grayne of salte, al being mixt together receyue it in the morning.

3 Take sixe leaues with Rue and Vinegre.

4 Take the roote of the herbe called in Latyne Imperatoria, of some Laserpitium gallicum, in Englishe Pellitorie of Spaine.

5 Take the roote of Angelica.

6 The roote of Gentian.

7 The roote of Zedoaria.

8 Of Carduus benedictus.

9 Of Carlina.

10 Take the herbe called Scordium, of the one, of the two or of moe, in small pouder the quantitie of a Dragme, either in a softe masse made with sodden Honny and Vineger, or with some handsome Syrope, as of Lemons: or in Opiate, the bygnesse of a Chestenut or of a Cyche pease with Wyne in Winter, in Sommer with Rose water, or with the Iuyce of Sorrell.

12 Take Sorrell alone, or with Pimpernell tempred in Vineger, and drynke of it in the morning.

13 Or the iuyce of them, wherewith you may make a tosse in Sommer.

14 Or Ienyper berryes, greene Pimpernell leaues, of Betonye, of Pulegion, of Sorrell, as muche of the one as of the other, brayed togeather, sodden with sodden Hoonye, and a little Vineger lyke a conserue.

Another medicine.

15 Take Ienyper berryes, Bole Armeniacke, of eche two Dragmes, or of equall weyghte. Being stamped let it be layed in sweete oyle and Vineger, or in Oximilite, in a meane forme, eyther Opiate or Masse.

Yf it be Opiate, take asmuche of it as a Chestnutte. Yf it be Masse take one greate pylle & drynke after it a little Hydromel or Oximel, or wyne.

The thinges of sauour or sweete smell.
as pouder, balles, waters, parfumes,
and first a pouder for many.
purposes.

TAke Iris florentiana, foure vnces, of Maioram in Latyne Semsuchum, redde Roses, Cloues: of eche an vnce, Milissopholi, Nucis odorate or Muscate, Zedoaria, Cynamome, Agallochi, yellowe Sanders, Masticke, Storax calamita, Bengewyne, of eche halfe an vnce, calami odorati, Spici Nardi radicis, of eche a Dragme: Iuncus odoratus two scruples.

Make of these a pouder to smell, to be beaten and broken in some peece of silke or fine linnen clothe. Beate also these thynges grossely for to perfume and to washe your head and bearde: or elles let them lye a certayne tyme in whyte Wine and Rose water, and afterwarde strayne them. And keepe that whiche shall be strayned for to vse when you wyll, or lette them be stylled in some double vessel, that there may be Aqua aromatica. As I sayde yt is to parfume your chāber morning and euenyng, beyng layed vpon coales, or this

this ponder to gette a good odour keping it aboute you, or in some place betweene your garmentes and linnen, or to make a little bagge of it, and to mixe yt with some lycour meete for to washe youre heade and bearde, or otherwyse to wette youre handekercher in it, or some peece of sponge to swell, or to make distilled water of it, for to smell to.

A Parfume.

TAke coales of Wyllowes eyght vnces, Ladani puri, two vnces, Frankencense of the male kynde of the Wood, and beryes of Jenyper of eche an vnce, Agallochi, or Xilaloes, Bengewine, Storax calamita, of eche half an vnce, Nutmegges, yellow Sanders, of eche three dragmes, Cloues, Storax liquida, of eche two Dragmes, Zedoaria, Calamus aromaticus, of eche a Dragme, Gumme tracaganthæ dissolued in Rose water sufficiently. And make lyttle parfumes of what fashion it pleaseth you.

A smellinge ball.

TAke pure Labdanum two vnces, Bengewyne an vnce and an halfe, the coales of wyllowes an vnce, Storax calamita, sixe Dragmes: Iris florentiana, halfe an vnce, Cloues three Dragmes: Matoram, yellowe or red Sanders of eche two dragmes: rodde Roses, Calamus aromaticus, of eche two scruples, Leuigentur. Then take the ayle of sweete Almondes, Bengewine, of eche sixe dragmes: Storax calamita halfe an vnce. Let these thinges seeth together with sixe Dragmes of Rose water.
Then strayne it, and let that whiche is strayned be soft made with two vnces of white waxe, & Storax liquida, a dragme. Make it like as Cerecum or Playster, with the whiche the other thinges must be stamped and incorporated with a hoate pestell. Put to it a dragme and a halfe of Musk, or elles two scruples.

An other sweete Ball meeter for the Sommer.

TAke Roses and Violettes, of eche three vnces and a halfe, the berries and leaues of Myrtle, if you can get them,

them, coales of Willowe, of eche an vnce: Jenyper berries. the Pilles of Orenges, of eche sixe Dragmes, yellow or redde Sanders two Dragmes: Bengewine a Dragme, Camphire two scruples. Make herof a pouder. Then take oyle of Roses an vnce and a half, Storax calamita, Bengewine of eche two Dragmes: an vnce of Rose water, or as much as shall suffice. Make that soft that is strained with two vnces of whyte waxe. Make a Ceratum, and beate all the rest together with a whote Pestell. Put to it a litle Muske, fiue or sixe graines.

Outwarde remedies to purge the ayre, the easiest, the presentest, and those that are of the smallest pryce for men of small habilitie.

PArfume some Jenyper berries of the roote clouen asounder and dried, and of the other drogges before mentioned for the first outwarde remiedie.

2 Vinegre alone or mixte with rose water, for to sprinkle your chamber.

3 For to holde oftentimes in your mouth, and chaw, namely when you go out and keepe company with men, there also the Pille, and sede of a Citron, which gyueth a good odoure Cinamome, Cloues, the rootes of Angelica, or Zedoaria, & such lyke, as are afore mencioned.

4 For to smell with a Sponge, or with a Handkercher daye and night, Malmsey, or other strong wyne and sweete, as Muscadell alone, or else with rose water, wherein there hath bene tempred some aromaticall drogge alreadye spoken of, as Cloues or Nutmegs.

5 Or good Vinegre twice as much as of colde water with a litle Camphyre, specially in Sommer.

A pouder agaynst the Wormes.

TAke Coriander, prepare fiue dragmes, Jenyper berryes three Dragmes, Southernwoode, Hartes horne,

Corallinæ

Corallinæ, of eche two Dragmes: white Agaricke newe made in Balles: Nutmegge, Cynamome elect, of eche two scruples, make of this a meetely fyne pouder.

The whole summe of the regiment and gouernyng of a mans selfe.

1. IT is necessarie that you be kept neat & cleane and all thinges in your house, flying diligently and as muche as you can, all euyll ayre.

2. Auoyde all excesse and superfluitie, specially in drin- and eating, and from women.

3. Also from trauayle, and from excesse in sleeping and watching.

4. Beware of moyst meates and corruptible, and of all thinges that is cause of rawnesse, & other euill humoures.

5. Liue soberly, drinke and eate at ordinary houres, and in good order.

6. Take youre reste and vse some neate and good excercise or occupation.

7. Mayntayne and keepe youre naturall or accustomed boydyng.

8. Be merry.

A soueraigne pouder against the venyme of the plague, for rych men and Princes.

TAke Saphyre, Hiacinthe, Smaragdus, of one of these or two, or of all, one Dragme: of Pearles, Bole armeniacke of the best, the seedes of Oxalis, of eche twoo Dragmes: of the scrapyng of Iuorie two scruples, of Unicornes horne a scruple: of the seedes of Ocimum, halfe a scruple, yellowe or redde Sanders: Agalocchi, or Xilaloes of the best. Doronici, Cynamome exquisite, saffron of eche three graynes, Muske syxe graynes. Make hereof a fine pouder. You maye leaue out the Muske for them that loue yt not.

The vse of the sayde pouder and for other that solow shall be

declared afterwarde.

A pouder for poore folke, of no lesse efficacie and streingth than the seconde.

TAke Bole Armeniacke of the best, two Dragmes: the seede of Oxalis three Dragmes, Aloes hepaticum lotum, redde Corall, of eche a Dragme, the pouder of Diamargariti frigidi, two scruples: the pouder of Diatrio santalon, eyght scruples, the pylles of drye Orrenges, Cloues, Cynamome, Saffron, of eche fiue Dragmes. Make thereof a fyne Pouder. You shall vse the sayd pouders with Conserues, or without them, with Syroppes, distilled waters, or rather with Iuyces, and other suche conuenient lycoures.

A drynke for poore folke, and in places, where there is none or very little Iuyce, eyther of Syrrope, Cytrons, Lemons, or Pomgranades.

YOu shall take the pouder prescribed for poore folke Conditi rosati, or conserue of Roses, Conditi boraginis, or rather coraginis, of eche a Dragme and a halfe: of the sucke of Oxalis, two vnces, Succi arantii, Succi coraginis extract with rose water, of good white Vineger, of eche an vnce, and make thereof a drynke.

A drynke often tymes tryed profitable and wholesome, the whiche as many men say, was neuer founde vayne.

TAke pouder of Motherwoorte, of the first, or of the seconde two dragmes: the seedes of Sancti, or of Drenges: of Myrrhe, of eche a dragme: the scrapinges of Harts, horne a dragme, mixe them togeather well beaten. You must drinke this of whyte Vineger before a fyre: & as soone as there appeareth any swellyng in the gryne or flanke, or vnderneth the arme holes, or any where els, the remedy must be readye: forte prouoketh greate sweate whereby the venim or infection auoydeth euery parte.

The

The patient thus sweating, his infected sweate beside a fyre, muste be rubbed and dryed with hoate linnen clothes, whiche must be alwayes chaunged, vntill the sauoure of the sweate be gone with rubbyng.

Of the sayde pouders also a man may make conserues or Opites after this manner that foloweth.

Opiate.

TAke of the firste or seconde pouder, Drenge pilles conserued, of eche an vnce and a halfe, Conditi rosati, that is to say, the conserue of Roses, the conserue of Bugloss, of eche two vnces, of the syrope of the iuyce of Cytrons or Lemons or Drenges, or elles of Oxalis or Omphacini, as muche as shall suffice. Make thereof a liquide electuarie in forme of an opiate. Whereof take an vnce or more, and drinke after it some of the foresayde lycours, and suche as here folowe. It shalbe well done, to mingle an vnce of Purcleane, with the licoures as foloweth.

A drynke meete after euery takyng of the sayd opiate, or to be mixt with the takynges of the same opiate, for the strongest or meanest men, accordyng to the place and tyme.

TAke the Iuyce of Cytrons or Lemons three vnces, of the wyne of sowre Drenges, of whyte Rose water, of eche an vnce. And mixe them togeather.

A drinke for poore folke.

TAke the iuyce of Sorrell verye cleare three vnces, of bitter or sowre Drenges, good white and and cleare Vineger, rosewater, of eche an vnce. Make thereof a drinke putting to it a little Suger, yf you will.

A drinke to cause them to swete.

TAke good triacle or Mythridatum a dragme, bole armeniack of the best, or of the pouder of one of the herbes called Cardiacæ afore described, halfe a dragme: Scabiose water two vnces: water of Oxalis, Bugloss or Borage

rage of eche an vnce: and make therof a drynke.

An other drynke, easy for poore Folke.

TAke the decoction of Scabiose, and of the flowers of redde Poppye a glassefull, with a little Suger. Or a Ptysane made with Barley and Anyse seede and the rootes of Persly, or of the decoction of Cyche pease, the rootes of Persley, the rootes of Succorye: the one or the other decoction, wyth sharpe Syrop two vnces, or with Sugre or a lytle whyte Vinegre.

These drinkes must be taken whote, the Patient being well couered in his bedde. The Triacle and Mithridate, although they be of great efficacie in this behalfe, yet they are not meete for women with childe, nor for yong children. The vse also of them ought not to be often, nor in greate quantitie, when the feuer is greate. Some mennes aduyse is to mingle the medicine for sweating with some distilled water or with the decoction of herbes, concerning the part, to the which the venimous matter hath his course. Nowe if a man knowe that the matter goeth to the heade, they wyll that the Patient take it for to sweate with some distilled water, or with the decoction of Betony: but yf it goe to the vitall partes, or to the breast and heart, with the water or decoction of Borage, whiche is verye Buglosse. Yf it goe to the belly and bowels, with lycoure of Woormewood. Yf to the lyuer, then with the decoction, or water of Egrymonie, whiche is the true Eupatorium.

An Epitheme or medicine, to lay to the regyon of the hearte, to coole it.

TAke Rose water foure vnces: water of Violettes and of Nenupher of eche three vnces: water of Buglosse, of Oxolis, of wyne of Pomegranads, of good Vineger, of eche two vnces: of Coriander prepared three Dragmes, redde Roses, flowre of Pearles of eche a dragme: of redde Sanders halfe a dragme of both Corralles, of Camphyre, of eche a scruple: Saffron halfe a Scruple, mynsle them together

togeather. And make thereof an Epithe me.

An Epitheme for the hart good for poore folkes, which may also serue for the Lyuer.

It is made of twelue vnces or a pounde of Rose water, of three vnces of good white Vineger, putting to it in Sommer white and redde Saunders of eche a Dragme. Yf it be in Wynter, in steede of Saunders, you shall put to Cloues, the flowers of Nardus celtica, or Lauender of eche a Dragme.

An Epytheme or medicine for the Lyuer.

Take the water of Succorye in Latine Ambubeia, Rose water, of Oxolis, of eche foure vnces: white Vineger: wyne of Pomegranades of eche two vnces: pouder of Diarhodon abbatis two dragmes: the pouder Diamargariton frigidum, whiche is a confection made with Pearles, one dragme: redde Sanders halfe a dragme: Campher halfe a scruple. Make thereof an Epitheme.

Locall medicines: And first a playster or oyntment for to drawe and dissolue.

Take the rootes of Narcissus, or of flowerdeluce with his oyle, and braye it with Honny. It is good for a delicate bodye, and easeth all the payne.

An other easy drawyng medicyne.

Take Rue or Dogon, brayed with Triacle, or Triacle alone, or of Radyshe roote cut into litle rounde peeces, & laye on one after an other, & chaunge it oftentimes.

An other very good in manner of a playster.

Take Diachylum, two vnces, Armoniacum, Galbanum of eche halfe an vnce, and put them togeather.

Medicines of the kyndes that burne the skynne or flesh, called, Medicamenta caustica, or vificatoria, wherof the first is very strong

A Playster of Cantarides, and vnsect lyme myxed with oyle of Walnuttes in steede of a launcet, for to gette

out

out the ſwelling.

An other playſter.

TAke the rootes of Narciſſe or of Lylies ſodden with aſſhes, of Pigeons dung, of eche equall partes: of Melligo anacardina called Mel anacardinum, as muche as ſhall ſuffice. And make thereof a playſter.

An other ſtronger.

TAke Frementum acre, ſowre Leuẽ, Sope, Figges old Walnuttes, of eche halfe an vnce, Iris florentinæ, muſtard ſeede, vnſlect lyme, Calcanthum, that is to ſaye to maine Vitriol, beaten togeather of eche two Dragmes: as muche Turpentine as is needefull. Make of it a plaiſter.

A medicine that clenſeth and purifieth.

THe yelke of an Egge mixt with a litle Barley flower or wheate flower, putting to it Honny Roſet: is verye ſweete and meete for a delicate bodye.

An other for the ſame very good.

TAke the Jupce of Garlicke ſixe vnces: the Jupce of Woormewood, good Honny of eche three vnces: Barly flower or Wheate flower, or flower darnel or Beare barley, two or three dragmes: Seeth it vntill it be ſomewhat thicke, & make of it an oyntment that mundifieth or purgeth the ſore.

A playſter incarnatiue.

TAke the leaues of Pimpernell, of Betayne, Veruein Semperuiui tertii, commonly called Vermicularis, of the leſſe Centorie, of eche a handefull and a halfe: ſeeth it in white wine vnto the halfe, And being ſtrained put to it Roſen, Waxe, ſheepes ſuet of eche three vnces. Seeth all togeather with a litle womans milke put in it, vntill the Jupces be conſumed. Then when you haue taken it from the fyre, put to it when it beginneth to be olde, Roſen, Turpentyne three vnces, cleare Maſticke and proued, ten dragmes, Aloes hepaticum, two dragmes: mingle them and ſturre them with a potſticke, and make of it a plaiſter.

A Repercussiue and Resolutiue oyntment agaynst the Canker.

TAke Leade burned and washed, Phompholix which the Apoticaries do call Nill, Frankencense, of eche two vnces, wormewood, of that which is called Absinthium Ponticum, half an vnce, Dyle of Roses three vnces, Waxe six dragmes: the iuyce of Nightshade, as much as is sufficient for the thickneſſe of the oyntment.

A playster Dyapompholigos of Theodoricke, for to stoppe the gnawing and eating of the canker. It is repercussiue, refrigeratiue and desiccatiue.

TAke good Dyle of Roses, whyte Waxe, of eche two vnces: the iuyce of the redde graynes or berries of the Herbe called Solanum, two vnces: redde Leade washed an vnce: Lead burned and washt, Pompholygos commonly called Tutia, of eche halfe an vnce: Frankencense of the Male kinde two Dragmes. Make thereof a Playster.

An oyntment very sweete for Cankers that haue corrupt matter in them, which also delayeth the payne of those that haue no corrupt matter in them.

TAke good Waxe, Turpentine, Bulles suet, the newe and fresh Marow of a Deere or Calfe, Oleum Ricinium, new and fresh Goose greaſe, Honny elect, Frankencense, Diphrix, Pomphilix, of eche equall portions, and of Oesipum thrice as muche, without the Frankencense the author thinketh it wyll be sweeter, but with it more resolutiue and it will ripe the sooner, and is better for Cankers that haue no corrupt matter in them.

An oyntment of a maruellous vertue agaynst the eating and running of the Canker and to take away al the griefe of the same.

TAke Rue or Sumach Sextarios three Pilles, of Cipres three vnces, Galles not rype, Cassia, of eche an vnce and a half: Vinum adrianum, that is to say: Wyne that bindeth, and olde Wyne of good odour fiue Sextarios. All these things being bruised together, laye them in wyne three dayes, and then seeth them three or foure waumes stirring it with a slyce of Cypres. Then hauing wrong all out diligently, and cast awaye the thicke of it, the iuyce wyll seeth in the thickenesse of Honny, for to be kept afterwarde in a vessell of Glasse.

This oyntment muste be vsed alone without any mixture agaynst the sayd disease, adding to it sometime a little Wyne. If the Medicine be to thick you must make it liquid and soft, for the sickenesse whiche possesseth the priuie parts of a Woman, that is to say, the necke of the Matrice. If you dissolue it in the mylke of an Asse, it mitigateth the payne, also it is very profitable for all other scorching of the skinne that runneth in length, and extendeth more and more, and bringeth no inflamation. It is good for to dype vp the cares, that haue bene of long tymes subiect to a running and putrified matter of bloud corrupted.

Also for the Gummes that be infected and withered, also against vlcers that be hard to heale, and can not be cutte, but with great payne, yf it be mingled moderatly and reasonably. But howe is it that softe and gentle remedies shulde resist such a disease, to the which the roughest and the most wyldest geue place. The sayde oyntment is to be prepared as foloweth.

Take Sumach a pounde: Pilles of Cipres three vnces: of vnrype Galles, of Cassia, of eche an vnce, Vinum Adrianum, that is to saye: Vinum astringens, foure pounde.

A playster mitigatiue, and very gentle for Cankers, specially of the brests or Pappes.

Take

TAke Saffron, Poppy, Frankencense of the male kinde of eche a Dragme: Lithargyri, Plumbi vsti loti two Dragmes, Ceruse prepared an vnce and a halfe: white waxe two vnces, Goose grease, newe and fresh Butter, of eche three vnces. Rosacei boni foure vnces. The pouder being brayed with the iuyce of Morella, muste be mingled with the things molten.

FINIS.

Hereafter followe many goodly receiptes, touching the handeling of diuers Metals, all well tryed and approued.

And first for to harden yron.

TAke Uerueine, and bray it stalkes and all, and keepe the iuyce of it in some glasse. Nowe when you wyll harden any yron, put to the same iuyce as much of pisse, with the iuyce of a little Worme called in Latine Spondilis, in Dutch Enderlincker. And let not youre yron be too hotte, but when you see that it is indifferent hotte, quenche it in the sayde mixtion, and let it coole of it self vntill you see little spottes vpon it somewhat yellowe, and then put it to the sayde water. If it waxe very blewe, it is a signe that it is not hardened ynough.

For to harden Knyues, and other such lyke.

TAke the Marowe of a Oxe, wherein you shall coole your yron.

For to harden a Fyle or other instrument of yron.

TAke olde shooes and burne them, and make them into a pouder, and put to it as much Salt: cast this mixture vpon and vnder the Fyles in a Coker or Chest of yron couered with a couer of yron: and lay the pouder so that

it maye be as muche aboue as vnder, the thickeſſe of a ſtrawe. Couer the ſayde Cofer with his couer, and put it into the fyre vntill it be redde hote: after this let it fall into ſome colde water, and you ſhall haue the Files good and verye hard. You maye annoynt them alſo with Oyle of Line or he Goates bloude.

To harden any other ſubſtaunce materiall.

TAke the iuyce of Cinkefoyle, with the iuyce of wormwoode, and put in ſome Glaſſe, then take Wormes whiche you ſhall ſtampe and ſtrayne thorowe a linnen cloth, and rubbe the hote yron withall, and then quench it in the ſayde iuyces.

To make any inſtrument of ſteele harde and ſharpe.

TAke the Leaues and rootes of Bugloſſe ſodden in water, wherein you ſhall quench youre inſtrument of yron.

An other.

TAke Dragontium with his rootes, and as muche Verueine: ſeeth this in cleare water, and let it coole, and waxe cleare, and ſo annoynt your inſtrument with it. Alſo take mans piſſe mixte with cleare water, made luke warme: in this quench your inſtrument. Alſo you maye harden it in good Muſtard, made with ſtrong Vineger. Alſo when you wyll harden any thing you muſt ſee that it be cleane, neate and poliſhed.

For to keepe it from cleauing when it is a hardening.

TAke Tallowe and melte it, then poure it in colde water vntill it waxe thicke and ſwimme in the water the thickneſſe of a finger. Then take your inſtrument hote, and put it firſt thorowe the Tallowe, and then into the water. Some quench alſo ſhirtes of Maile, in the iuyce of Rape rootes.

To make yron or ſteele ſoft.

If you wyll make Yron or steele as softe as Copper, take vnslect Lyme with as muche Alome, well stamped fyne in some Water: myxe well these two thinges togeather, and lay them vppon some linnen clothe the thickenesse of a fynger or halfe a fynger, and wrappe youre instrument that you will haue made softe in it, and laye it so in some small fyre the space of an houre, vntyll the fyre go out, and that your instrument be colde of it selfe, and then shall you fynde it as soft as Copper.

An other.

Laye your yron or Steele in a small fyre, and when the fyre is out, let youre yron coole of it selfe.

An other.

Take the water of Radishe rootes and quenche your yron or steele in it. Also you may take the ashes mixt with vnsleete Lyme, and make thereof Lye, the whiche you shall lette runne thorowe the sayde substances: in thys Lye steepe youre yron or steele the space of a nyght, and so shall you make it meete to cutte or engraue in. Afterwarde yf you wyll harden it agayne, you may quenche it in colde Water.

An other.

Take the yellowe floures lyke to Marygolds, the leaues be large and as broade as the nayle of a mans fynger: take them staulks and all, and stampe them, and strayne them thorow a linnen cloth, and keepe the iuyce in a pot. Then put your yron or steele in the fyre vntill it be redde hote and then quenche it in the sayde water, and it wyll be as softe as Copper.

An other.

Take some greate Snayles, and other great grounde wormes of equall portion, and the thirde parte Salt.

Then take an earthen Potte, or some other Platter of earth full of holes, wherein you shall pouder or Salte your Snayles and wormes, and receyue the salt which shall

melt and droppe from them into an other pot set vnderneth, and the thickest substaunce wyll remayne in the vessel full of holes, the whiche you may cast away. This done lay on a stone vpon the potte, and seeth it vntyll it come or froth no more: then take it from the fyre, and let it coole. In this water you may quenche your yron or steele beyng redde hoate, & by this meanes you shall make it as softe as Copper, and for to harden it agayne, you must make it red hoate, and quench it in colde water.

An other.

TAke the hearbe called Fole foote, and distill it: then make your yron redde hoate, and quenche it in the same water. Also take snayles and stampe them with good Vineger, wherein you may quenche your yron or steele: or quench yron in the bloode of an Eele, and it wyll be likewyse softe. Also take yron or steele, and wappe it in potters clay with a weate cloth, and laye it in the fyre, and afterward let it coole of it selfe. Take also the iuyce of Marubium, and the iuyce of Milfoyle, with the iuyce of Radish rootes mixt with good wyne, and quenche your yron in the mixtion.

To make Christall soft so that you may breake it in pieces.

TAke burned leade and Christall as much of the one as of the other, and breake it vpon a stone, then put thys mixture into a meleing pot, and melt it, and so shall you make it into what forme or fashiō you wyll. The same may you breake and bruse as you wyll.

An other.

TAke quicke lyme and ashes of equall quantitie, and lye with it, passing and straining it thorowe the ashes and lyme nyne or tenne tymes. That done steepe your steele or Christall in the same lye, the space of xxiiii. houres, and you shall finde it soft.

For to soften yron.

Take

TAke the Water that is vpon the bloode of a man when he is let bloode, which you shall handsomely poure from the bloode. Then lay your yron in fyre vntill it be hote, then with a little fether wet in the said water, rub it so long with it vntill the water vanishe awaye, and it wyll be softe.

An other.

TAke scommed homy, the newe pisse of a hee Goate, Alome, Boraxe, Oyle olyue and salte: mingle all well together, and quench your yron in the mixtion.

To soften a little that which is too harde.

THat whiche is too hard, keepe it so longe in the fyre tyll it be very hote: Then take Tallowe, with the which you shall rubbe your matter, and let it so coole.

To molifie and soften yron or steele, in such sort that you may bowe and winde it which way you wyll.

TAke Camomille floures with one part of herbe Robert, and one part of Uerueine: put all this in a potte with hote water, and so stoppe it that no smoke maye come out: then seeth it, and quenche your yron in it.

To soder all things, and first yron.

TAke an vnce of salt Armoniacke, an vnce of common salte, an vnce of Tartar calcined, an vnce of bell metall, three vnces of Antimonium: stampe well all together and sift or boulte it: this done put all in a linnen cloth, and wrappe it rounde about with potters claye well prepared the thickenesse of a finger and let it wax very dyer: then put it betweene two potshardes vpon a small fyre, and let it heate by litle and litle. Afterwarde make the fyre greater, vntill your whole Masse become redde and melt together: then let it so coole, and after make it in to a pouder. And when you wyll soder any thing, laye the two peeces

that you wyll soder vpon a Table, as nere the one as the other, as you can, but you must laye some Paper vnder the pieces.

This done, cast of the sayde pouder betwene the ioyntes, and a little vpon thē: then make some crust of Potters clay, but yet so that it be open aboue: after this put some Boyare in hote Wyne vntill it be all consumed, then with a litle Feather rubbe the sayde pouder, and incontinent it wyll beginne to boyle and seeth: and when you see it boyle no moye, it is a signe that the sodering and consolidation is made. And if there be any excrescense or riſing vp, you must diminish it by rubbing it, for it wyll not be filed.

To soder any hote thing.

TAke gumme water, chaulke made in pouder, and make thereof a dowe or paste, wherewith you shall anoynt the thing that is a sonder, laying it vpon a table as is afore sayd: then take away the dowe or past that is vpon the ioyning of the two pieces. and leaue it on bothe sydes: then anoynte the ioynt with Sope, and holde a hote cole ouer it, and by and by the sayde substaunce will melt. After this take away the sayde dowe or paste and it is done.

To soder copper.

TAke halfe an vnce of copper, three quarters of an vnce of white Arsenicke: melt the copper, and deuyde your Arsenicke in two partes, and cast one part into the copper molten, mingle all together, then cast into it also the other part: and then powre it vpon a stone, and beat it small.

To soder yron.

FYle well to purpose & proportion the ioyntes of the yrons, and then laye them in the fyre, as is afore said, casting vpō it some Venise glasse, and it wyll be sodered.

A pouder that wyll make all metall pliable and softe.

TAke a quarterne of Antimonium, Axinagina vitri, and salte, of equall quantitie: Make all togeather in a

pouder

pouder: then take of the same pouder three partes, and one part of the metall and melt it.

Another vpon Brasse.

TAke salt stamped, Tartar, Saltpeter, Axungia vitri, ashes of Vines, or Lees of wine, quicke Lyme: Make al this in pouder, and laye it vpon the place that you wyll sodder.

For to graue in Yron or Steele, knyues and harnesse.

TAke one part of coales made of byrch, stamp two parts of Vitrioll, with as much salt armoniack: Then stampe all together with Vinegre, vntil it be lyke vnto a soft dowe or paste, Now when you wyl graue it in yron or other things, make first the description or figures that you wyll graue, and that with Vermilion myxte with oyle of Line, and let it be dryed, and afterwarde couer it with the saide substaunce the thickenesse of a finger, the whiche the hoter it is layed vpon it, the sooner it will be done, but you must take heede you burne it not. And when it is well drye, take away the layde pouder, and washe well the grauing. Also some take two partes of Spanishe greene, or one parte of common salte, and in stamping it in some morter, they put to it some strong Vineger, and then do it, as is aforesaide. Take also Vitriol, Alome, Salte, Vineger, coales of Byrche, and do as before.

To graue with water.

TAke Spanishe greene called Verdet, quicke Siluer, Sublime, Vitrioll, and Alome of eche equally, stampe well all together, and put it in a glasse, leauing it so halfe a daye, sterring it oftentymes: Then make your description or figures as you will, with Waxe or Artificiall Ocre and Oyle of Lyne myxte together, or Vermilion mixt with Oyle of Lyne, then annoynte it with that water, and let it alone so the space of a daye: But if you wyll haue your description very deepe graued, leaue it so standing

ding longer.

But if you wyll engraue writings or Images, you shall make a grounde of Wexe, where vnto you shall make your description with the point of a bodken euen to the botome. Then poure the water vpon it which water wyll engraue it. Or elle you may lay vpon your description made as before is sayde, some Marcurium sublimatum, and then cast some good Vinegre vpon it, and lette it alone so halfe an houre.

An other stronger and More bytyng.

TAke a quarter of an vnce of Spanish greene, Alumen plumæ, salte Armoniacke, Tartar, common Salte, of eche a quarter of an vnce, all being well stampte and mixt with strong Vinegre, lenie it so the space of an houre. And if you wyll that youre description bee highe or rayled vp, wite it with artificiall Ocre and Oyle of Lyne, brayed and mingled together: and let it dzie well: Then heat the sayde water in a panne leaded within, letting it alone vpon the fyre. Then take your steele and holde it ouer the saide panne, vpon the which you shall poure of the said water with a spone and so the water wyll fall agayne into the panne and there shalbe nothing lost. Do thus the space of a quarter of an houre, but let not the water be to hote, leaft that the Oyle whiche was mixt with the Vernish go not out.

This done, rubbe ouer the saide substances with ashes or quicke Lyme, and then shall you fynde that whiche before was annoynted, whole and highe, and the other engraued.

To make a colour of golde or siluer to lay vpon metall, and to make also a ground of golde or syluer vpon yron, Belles or Stones, which shall not go of with water.

TAke one part of Ocre, the seconde parte of Minium, the fourth part of Bole armenicke, and as much Aqua vitæ

vitæ, and braye all together with Oyle of Line seede, and put to it also the bignesse of a little Nut of Gallistenstein, and three or foure drops of Vernish: yf the colour be to thicke put a little more of the sayde Oyle to it Then straine it throwe a fine linnen cloth into some cleane vessell, and it wyll be as thicke as honny: and then ruble what you wyll with it, and let it drye, and then laye your golde or siluer vpon it.

A colour of golde to set vpon brasse or copper.

TAke a lyttle potte well leaded, and put into it three vnces of oyle of Line seede, then take half an vnce of Rasticke, and half an vnce of Aloes hepaticum citrinum, and make it well into a pouder, and put it into the said oyle, and couer it close with an other pot wherin you shall make a litle hole aboue, that is to say in the botome of the sayde potte that shalbe vppermost, Annoynt the sayde pot well with potters earth, and let them be so close one vpon another, that nothing may come out: then put in aboue a sticke brode at the ende, with the whiche you may styre it: and let all seeth as they doe Paynters vernishe. This done poolishe well that whiche you wyll gylt, and laye the sayde colour vpon it, and drie it in the Sunne, & if there be not inough, put more on vntill it be well.

An other.

TAke dry Vernishe, Amber, Alome, of these two asmuch of the one as of the other: then take Vernishe, and oyle of lineseede, seeth all together on a fire of coales in a potte well leaded, that it may be wel mixt together: then assaye it vpon a Knife, and if it be to thicke, put more Oyle to it, but if it be to cleare or to thinne put more Alome to it.

An other.

Take

TAke halfe an vnce of Aloe hepaticum citrinum, halfe an vnce of Amber, these two being made in pouder set them on a moderate fyre in a potte well leaded, but let it not be to hote at the fyrste: And when all is molten, poure some boyling oyle vpon it, stirring and mixing it well together with a litele sticke: after this let it coole, and straine it thorowe a linnen cloth.

An other

TAke halfe an vnce of Bole Armeniacke, halfe an vnce of white gumme, and set it vpon a fyre of coales, putting to it an vnce of Oyle of Lyne seede, and when you may draw it in length lyke a threede, it is made.

A colour of gold vpon brasse.

TAke oyle of Lyne seede well clarified on the fyre: then put to it Amber, and Aloe hepaticum citrinum, of eche a lyke, and beyng well stampt, mingle it so well with Oyle on the fyre, that it maye be thicke, then take yt from the fyre and set it on the grounde well couered the space of three dayes: And the brasse that you shall gilte shal take the coloure of golde.

To make copper of a syluer colour.

TAke wyne leese, alome and salt: braye well altogither vpon a stone: and put vnto it a leafe or two of syluer braying them with the other foresayde thinges, Put all in a pot well leaded, puttyng to it some water: then cast your copper into it, and after rubbe it with a rubber: and so shall you see when it is ynough.

To gylte yron or steele

TAke one part of wyne leese, halfe asmuche of salt armoniacke, and asmuche spanishe greene, and a litle salt: Seeth all in white wyne & annoynt your yron and steele, with it, when you haue well polished it: and so let it drye, and the gilt it with golde grounde.

To mate a water for to gylte vpon yron or steele.

that

TAke an vnce of the Aſhes of Wyne lees burned, an vnce of white Wyne, an vnce of Alom, halfe an vnce of ſal Gemma, Alumen Plumæ the Waight of two Groates, Spaniſh greene the waight of two Groates, Coperas the waight of a Groate, Vayſalt, a pynt of Ruening: ſeeth this vnto the halfe, and then put it in a newe Pott, lapinge vpon it vii. or viii. newe paper leaues, and a tyle ouer that to the ende it may take no ayre.

To keepe all manner of yron, or ſteele cleane, and alſo all maner of inſtrumentes of warre.

TAke Lead filed very ſmall, and put it in a Potte with Oyle Olyue, vntill it couer it, leauing it ſo nyne dayes together: Then annoynt with the ſame Oyle, Harneſſe, ſwoordes, yron or ſteele, and it ſhall neuer ruſte. The greaſe of neates feete ſodden, is alſo good for the ſame.

¶ The ſecond Booke contayning the maner howe to take out quickly with water or Lye, without hurting any thing, all maner of ſpottes of Garmentes of Cloth, Veluet, ſilke, or other, whether they be ſpottes of Oyle, greaſe Wyne, or whatſoeuer they be.

To bringe cloathe that was ſtayned too his coloure agayne.

TAke a pownde of earthen potſ bruſed, and hauing poured vpon it, about foure pyntes of Water, let it reſt a night. Then poure out the Lye, and put into the ſame two Ore Galles, and a handfull of dry birchen Leaues, and let them ſeeth together halfe an houre long

long, or vntill the Leaues goe to the bottome. Then let it coole, and such colour as you will restore that was stayned, take the shearings or flocks of the cloth of the same colour, and seeth it agayne with the sayde Lye, leauing it so to rest the space of xiiii. dayes or more: for the Lye will draw vnto it selfe the colour of the shearing flocks. Then poure it out, and wash the cloth with it, and it shall receyue his first colour againe.

To take spottes out of cloth.

TAke colde Lye made of the Ashes of Beeche, and put to it a little wine Lees, and of the olde claye of some Ouen, put the cloth into it where the spotte is, for it wyll take all the spottes out, than wash youre cloth with cleane water, and dry it in the Sunne. And yf the spottes be not wel taken out, do it agayne as before.

An other way.

TAke sixe vnces of Alumen Fecis, foure vnces of rawe Tarter, two vnces of Alome, halfe a Dragme of camphyre, halfe a Dragme of Dragons bloude: stampe them well, and mingle them well together. Then take sixe vnces of an Oxe Galle, three pyntes of cleare water, put all together in a kettle, and seeth it vntill it be diminished of the two thirde partes, then straine it thorowe a linnen cloth, and thoughe the Galle nor the Camphyre were not in it, yet the water woulde be strong ynough: when you wyll occupie it, bath the piece of new cloth in the sayde water, and rubbe well the spotte with all, and when the cloth is no more weate with rubbing, weate it agayne, and rubbe the cloth with it vntill the spotte be out. This done, take hote water, and washe the place where the spott was: but if the cloth be whyte take a little Sope with the same water, and distill it, and occupie it as before.

An other way.

TAke sixe Oxe Galles, and twice as much rayne water, halfe a pounde of Tartar, an vnce of Alome, stampe them

them small, and take a Glasse full of Vineger, into the which you shall put sixe Dragmes of Uitriol well brayed, poure all together, and seeth it vntill it be diminished of the two thirde partes, and then vse it as is afore sayde.

A water to take spottes out of whyte cloth.

TAke foure vnces of Alumen Fecis, a pynte of water, seeth them vntill they be consumed to the fourth parte. Then take whyte Sope and cut it small, & an vnce of Alome: put all into the water, and let it stande the space of two dayes, and vse it for your whyte cloth as before.

To take spottes of grease or oyle out of white clothe.

TAke whay of Pylke sodden with floure, steepe youre clothe in it so farre as to the spotte, the spate of a night, then washe it with fayre ryuer Water, and hang it in the moste heate of the Sunne: but if the cloth be of a noble colour, you maye not let it be too hotte lest the Sunne hurt the colour: for the heate of the Sonne hurteth fayre coloures.

To take spottes of grease and oyle out of all sortes of cloth whyte or other.

TAke the Water that Pease hath bene sodden in, and steepe youre cloth where the spotte is in it, and then washe it with cleane riuer Water, and hang it in the Sunne.

An other.

TAke colde Lye, Lees of whyte Wyne made a little hoate, and mixe them well together. But you muste take heede they be not to hoate and washe your cloth as before.

To take spottes of wyne out of all maner of cloth.

TAke Lye made wyth ashes of beech, whyte Wyne Lees as much of the one as the other, laye your cloth in it a night, and wash it afterwarde with cold whaie and dry it in the Sunne.

To take all maner of spottes out of Silke.

Take

TAke the iuyce of great and 'rounde Mulherooms of a sharpe tast, weate the spottes in it the space of two houres, and then wash them with cleare water, and let them dry e.

To take all spottes out of Crymsen Veluet.

TAke the ashes made of Vine twigges, and make therwith good Lye, whereof you shall take but a pynte, and put into it halfe an vnce of Alumen Fecis, and let it stande a little whyle, and then strayne it.

This done, take a dragme of Alome, halfe a Dragme of Spanish Sope, and half a Dragme of soft Sope, a quarter of a Dragme of common salt, and a quarter of salt Armoniake, halfe a quarter of the iuyce of Celondine, a quarter of the Gall of a Calfe. Put all together and strayne it thorowe a linnen cloth. And when you wyll occupie of the sayde water, take flocks or shearings of Scarlett, and a little Brasill small, seeth al that a little in the sayde water, and then strayne it thorowe a linnen cloth, and you shall haue a fayre water, which wyll take the spottes out of any lyke Crymsen colour. And what colour soeuer your cloth be of, that hath the spottes, the same coloure flockes, or shearing must you take. Notwithstanding if it be not redde, you must leaue out your Brasill.

A water to take all spottes out of cloth of golde and Veluet.

TAke rawe redde Arsenicke, Martem Crudum, as much of the one as of the other, and when they be well brayed poure some fayre water vpon them, and puteing the Herbe Cinkfoyle to it, seeth it vnto halfe: and then let it coole, and set it in the Sunne two houres: then washe youre cloth in it, and let it dry in the Sunne.

To make a Sope that taketh out all spottes.

TAke a pounde of roche Alome, beate it into pouder: the rootes of Iris of Florence made in pouder, halfe a pounde of new layed Egges, two pound and a halfe

of

of Spaniſhe Sope, haue the layde powders with the Egges and Sope, and make thereof rounde balles. If one Egge be not inough take as many as you ſhall thinke good. And when you wyll take out any ſpotte of greaſe, waſhe the place of the ſpotte on both ſydes of the cloth with fayre water, then rubbe it with the ſaide balles and cloth vpon cloth. This done, waſhe out the oboure with cleane water, and wryng the clothe to make the greaſe or fylth come out the better. Then waſh it ſtill with cleane water, and it wyll be cleane,

To take ſpottes of blacke ynke or other things, out of wollen or linnen clothe.

TAke greene Lemons or greene Orenges with theyr pilles, the which the Italians call Pomi de Adam, or which of the two you wyll: take but the liquide moyſture whiche you ſhall take out by preſſing it, wherewith you ſhall rubbe well the ſpots, and then let them drye. This done, take luke warme water, and waſhe the layde ſpots, and let them drye agayne. And if you ſee that at the firſt time the ſpots be not wel inough taken out, do it once agayne, and the cloth will returne to his colour agayne.

To take ſpots out of Scarlete or Velvet of colours, without hurting any thing at all the colour.

TAke the iuyce of Saponaria, called of the Apoticaries Condiſi, or Lauaria, the whiche you ſhall lay vpon the ſpot leauing it ſo an houre long, if it be in ſommer, and foure houres if it be in Winter: Then take luke warme water and waſhe the ſpot with it, and if it ſcoure not cleane, put more iuyce vpon it, or elſe of the ſaid moiſture of the Orenges or Lemons: but if it be Scarlate not died in graine, lay vpon halfe Sope, and halfe iuyce: and then waſhe it with hote water, and the ſpot wyll go out

To take ſpottes of oyle of from parchement or whyte Paper.

TAke ſheepes bones and burne them, and make them in to powder: and rubbe the ſpotte on bothe ſydes with

the same powder; and lay it so betweene two bourdes in a presse the space of a nyght, and the spotte shal away.

The third Booke, for to die threed, yarne, or linnen cloth, teaching howe to make the dying of colours, & also to die hoses and hozues, and to make them softe, into what fozme and fashion a man wyll.

To dye threede, yarne, or linnen cloth into a sad browne.

TAke a pounde of bylde Saffron, the which you shall put into a little bagge, and hang it in ryuer water a day and a nyght. Then washe it so muche, that it geue no more yelowe coloure: this done, make a ranke of Saffron in a potte not too thicke, then a rew of Saffron, and a rewe of ashes, and couer it well, and let it stande seuen or eyght houres: then take eyghte pottes of water, foure pottes of Vineger, and putting the Saffron with the ashes in a long bagge and sharpe poynted at the ende: strayne. xv. or xvi. tymes the sayde water & Vineger thozowe it hote. And this is the last dying or coloure.

Then take agayne as muche water and Vineger, & strayne it thozowe, and this shalbe the seconde dying. Do the lyke the thirde tyme, and it shalbe the thirde dying. This colour you shall heate, and lay your threede or linnen clothe in it, the space of a nyghte, then hang it vp without winging or rubbing it. Doo in like manner with the seconde coloure and with the thyrde, but let it lye in it seuen houres long.

To dye threede or linnen cloth blewe.

TAke the berries of Ebulus, very rype, and wel dryed in the Sunne, laye them in Vineger, xii. houres, the rubbe them

them with your hande, and straine them throwe a linnen cloth, putting to them some Verdet bruised, and Alome alone. Yf the blewe be to be cleare put more Verdet to it, and lay your threede or linnen cloth in it.

A blewe coloure to dye all thinges.

TAke an vnce of the beating of copper a dragme of salte, three spoones full of Vineger. Put all togeather in a ladle of Copper: or some other strong vessel of copper: and and when you wyll dye, put the layd matter into the whole decoction of Brasill, and dye with it what you wyll.

An other waye to dye blewe.

TAke three partes of ashes of Lees burned, one part of vnslect lyme, and make thereof Lye, let it clarifie and then straine it throwe a course linnen cloche. Take xb. pots of the same water, and poure it vpon a pounde of Flaunders blewe, suche as is taken of the dyers caudrons, and mingle them well togeather with a stirke. Then sette it on the fyre vntill you can scante endure youre hande in it. But before you doe dye any thyng, you must haue youre linnen cloth boyled in Alome and dryed agayne, and plundged afterwarde in the hote Lye twyce or thryce, accordyng as you wyll haue the coloure darke or cleare. The substance must be hoate before you occuppye yt.

To dye redde

TAke halfe an vnce of Brasyll scraped, halfe an vnce of Vermilion well brayed. Boyle them togeather in rayne water, and put into it the bignesse of a Nut of Alome. Seeth all vnto the halfe, and dye with it. You may seeth also the Brasyll twyce or thrice puttyng to it at ethe tyme a little Vermilion. Also you may make of it as many dyings and coloures as you wyll.

An other way

TAke vnslect lyme, and put a lytele water vpon it, and let it stande a nyght, and afterwarde straine the cleareſt

thorow a linnen cloth, and for euery pinte of water put in halfe an vnce of scraped Brasselt. Let it seeth vnto the halfe, and put to it halfe an vnce of Alome, sette it vpon woode, and let it heate, but not seeth. When you wyll, haue that you wyll die, readie prepared, in such sorte as here followeth. Take Lees of redde wine, and put it in a bagge that all the wine vreane out, and the Lees waxe dyre. Make therof balles as bigge as a hennes Egge dryng them in the Sunne, and burning them after into ashes, and of this ashes make a strong Lye, and make it very hote, and then weate in it the thing that you wyll dye, dryng it afterwarde, and then dye it with the foresayde colour.

To dye redde.

TAke for euery pounde of clothe a quarterne of Alome, and seeth it, and put the clothe in it two houres long. Then take the roset of Brasyll with gomme Arabick, and let them seeth a quarter of an houre. Then straine it, and put into it your threede, clothe or any thing that you wyll.

To make fayre Russet.

TAke a pottle of water, an vnce of Brasyll: seeth them vnto the halfe, then take them from the fyre, and putte as muche graine to them as you shall thinke good, and halfe a quarter of gumme. If you wyll haue but a sleyght redde, poure it into an other pot, or put to it a quarterne of Alome in pouder, and let it so stande a night.

To dye Woodde, Bones, and Horne, into greene.

TAke two partes of Spanishe greene, a thirde part of salt Armoniacke, bray them well together, and put them in Vineger. And put into it the thing that you wyll dye, couering it well, and so let it stande vntill it be greene inoughe. But before you dye any thing you muste lay it halfe a day in Alome water, and then dryre it well agayne.

An other Greene.

Put

PUt your horne, or woode, or that you wyll die, in a vernished pot, and put to it strong Vineger, mingling wyth it some Verdegrease that is very thick and not cleare. Couer it well, and set it seuen dayes together in a dunghil, and if then it be not greene enough, let it stande there longer. A man may do the lyke with Spanish greene or Verdet.

To die horne, bone, and wodde, into redde.

TAke quicke lyme, and cast some rayne water vpon it, and let it so stande a night: the next morning, strayne the clearest thorowe a lynnen cloth, putting to it for euery pott of water, half an vnce of the scrapings of Brasill, and let them seeth well in it: but yet they muste bee boyled in Alome first as before is sayde.

To dye yellowe.

TAke the barke of an Apple tree, not the outward harde and rough barke, but the inward, cut it in small loppings, and poure some water vpon them, and then put in your woode, bone or horne, to it with Alome, And let it seeth well together.

To dye blacke.

TAke Galles broken or bruised in peeces, and seeth them in strong Vineger: and put your Woode, bone, or horne in it. And let all seeth well together. Take them then out, and put them in whites of Egges, putting to it iuyce of Walnuts, and let them seeth well together.

To make horne soft.

TAke mannes pylle, that hath bene kept stoyle, a moneth together, put into it a pounde of vnslecked lyme and half so much of ashes of burned wine Lees, foure vnces of Tartar, and as much sale.

Mingle all well together, and let it seeth well, and then straine it twice or thrice thorowe a cloth. This done keepe the sayde Lie well couered: And when you wyll soften any horne, let it lye eyght dayes in it, and the horne wil be soft that you may cut it, and dresse it after what sort you wyll.

Or else make a Lye of the ashes of the heades and stalkes of Poppye, and in the same Lye seeth your hornes and other things.

To mollifye or soften horne, so that you shall imprynte, or make any fygures in it.

TAke a pounde of the ashes wherwith Glasses be made, a pounde of quicke Lyme, and a pot of water, let them seeth so long vntyll the thyrde parte be consumed. Then put a feather into it, and plucke it out agayne, and pille it betwene your fingers: for if the feather do pille, it is a signe that it is sodden inough. But if it pille not, let it seeth more: and when it is sodoen ynough, let it clarifie and poure it out. Take then the fylinges of horne, laye them therein two daies together: Then annonynt your hands, with oyle and worke the horne well betwene your handes as it were dowe or paste, and then presse him into what forme or fashion you wyll.

An other waye.

TAke the iuyce of whyte Marrubium, and of Alexanders, and of Milfoyle, the iuyce of Radishe rootes, the iuyce of Celondine, and strong Vineger. Mixe all together, and put your horne into it well couered seauen dayes together in a donghyll. And then knede it and worke it as you did before.

To cast hornes in a moulde lyke leade.

TAke ashes of wyne Lees burned, and vnsleckt lyme, and make thereof a strong Lye, and put into it the fylinges or scrapings of horne, and let them seeth well together, and they will be as it were pappe, and put into it suche colour as you wiill haue it of, & then caste it into what moulde you wyll.

To make cleare stones of Amber.

SEeth Turpentine in a panne leaded, with a lyttle Cotton, stirring it vntill it be as thick as paste, and then poure it into what you wyl, and set it in the Sunne eyght dayes,

and

and it wyll be clere and harde ynough.

You may make of this litle balles, hafftes for knyues, and many other thinges.

An other.

TAke the yelkes of sixtene egges, and beate them well with a spone: then take two vnces of gumme Arabick, an vnce of the gumme of Therry trees: make these gummes into a pouder, and mixe them well with the yelkes of the egges, let the gummes melt wel, and poure them into a pot well leaded. This done set them sixe dayes in the Sunne, and they will become harde, and shyne lyke glasse, and when you rubbe them, they wyll take vp a strawe vnto them, as other Amber stones do.

To poolishe and to geue a glosse or lustre vnto precious stones.

TAke pouder of Antimonium, and disperse it abroade vpon a Table of leade, that is very euen and smothe. Poolish vpon his Table your stone, and it shall keepe and maintaine him in his lustre and glosse.

To make a stone that shall geue fyer, and burne of it selfe, yf you weare it with your fynger.

TAke the Loade stone that hathe vertue to drawe vnto hym on the one side, and to put it away on the other syde. Put in a pott leaded, and put to it foure a pounde of Pytche, and a poumde of Brimstone, lute and claye well your Potte, and set it in a Fornace, geuing it a small fire, the space of a daye and a night, augmenting the fyre the seconde daye and the thyrde daye more, vntill the stone be on fyre.

After you haue made the stone on fyre, and haue in this manner burned it, as is before sayde, you shall let it coole

agayne, and your stone is prepared and made to geue fyre when you wyll.

To mollifie or soften Cristall and precious stones so that you may cut them like cheese, and that being put in a moulde they shall be harde agayne.

TAke in August the blonde of a Goose, and the blonde of a hee Goate, and let it rype vntyll it be very harde: And when you wyll mollifye and soften Cristall or precious stones, take of the sayde blondes as muche of the one as of the other, and make it into ponder: and then poure some Lie made with the ashes of burned Leos of Wyne, & let them be intermingled togeather in a potte, puttyng to them a dishe full of strong Vineger. And when you wyll soften youre stone caste it in the same, and heate it a little and the stone wyll be softe, so that you may cut and fashion of what sort you wyll: cast him afterwarde in colde water, and he wyll be as harde within an houre as euer he was: And then geue him his glasse and lustre as before is sayde of the other.

To counterfeyt pearles whiche shall be very fayre, and as they were naturall and true.

TAke in Sommer the shelles of white muskles, and scraye them cleane with a knyfe: take likewyse one parte of Snayle shelles, of the cleanest you can finde: and when you haue washed them well, stampe them togeather in a morter of stone, as fyne as you can, and washe them cleane in the Sunne vpon a linnen clothe, and then put them into a newe cleane potte, the whiche potte you shall lute and claye rounde about with Lutum Sapientiæ, And beyng dryed in the Sunne, put it into a Fornace, or Kylle of Lyme, and let it burne there as long as men are wont to let Lyme burne.

Then take it out, and you shall fynde it turned into pou-

der

der as white as Snowe. This done, take the yelkes of Egges made cleane and broken a sunder with a Spoone: Myngle the pouder with the yelke of Egges in some cleane vessell: Then washe youre handes cleane, and fashion youre Pearles of what bignesse you wyll, pearcyng them with a Hogges bristle whyle they be hoate. This done, set them in some cleane thyng in the Sunne, and the hotter the better, yet take heede there come no rayne to them: and then polyshe them in redde wyne, and let them drye agayne, and you shall haue fayre Pearles:

The fourth Booke, teaching diuers wayes of gyltyng, syluerynge and dying Copper, Iron, and other Metalles: Lyktwyse to forme, melt, and to make certayne coloures

To prepare Mercury, and so to harden it that you may make it Liquid, and worke it.

THE Emperour Frederiche made many Images of this substaunce folowing, whiche seemed to be Syluer, as at Vienna and Nieustant in Austriche, and this inuention was founde out by master William and maister Martyne his Alchemistes. To do this you muste melte Saturne, that is to say, leade, and poure it in a rounde meltyng pot while it is hote. Presse into it litle rounde stones, that you may haue little rounde holes in it, vpon the whiche holes you shall laye a linnen clothe, and poure some Mercurye vpon it as muche as you wyll, setting it so in hoate embers vntill the mercury be harde.

And when it is harde inough, breake it in little pieces, and cast them into strong Vineger, and seeth them in it a quarter

of an

of an houre. Or else take the iuyce of the herbe called Langdebeofe, with a little Vineger, and Oyle, and seeth in it some pieces of your Mercurye broken as before, and by this meanes it shall be mortified verye well, otherwise it would reuiue agayne. This done, take two vnces of salt Armoniacke, halfe a pot of Vineger, and poure it with your Mercury sodden in a pott leaded, and luting and stopping it very well, let it stande. viii. or x. dayes: for by this meanes the Vineger taketh away all the rednesse of the Mercury. This done, put your Mercury in a Pott, well luted and set it in a Fornace vntill it be well burned, augmenting by little the fyre, that it may keepe the fyre long in a lyke and temperate heate, vntill it make certaine choppes or cliftes, and then it is a signe that it is ynough. Then put the Mercury in a Pot, in the bottome whereof there muste be some Brimstone: stoppe well the Pot, and set it in hote embers or ashes, or vpon a fyre of coales, that it maye heate by little and little, and that the Mercury maye receyue the smoke of the Brimstone. Do so once a day xxx. dayes together, and then take out the Mercury, for it is hard ynough to beate and caste. Take of this Mercury fiue vnces, and ten vnces of Venus, that is to say Copper, melte them together, and it shall seeme at all trialles, that it is true Siluer.

A substaunce made of Paper or other things, to expresse or set out any maner of figure that you wyll, vpon whyte yron. &c.

LAy your Paper or Parchment ouerthwarte the white yron, then weate it on the outside, and let it dry agayne then take it of, any you shall see the print of it vpon the white yron.

To gilt well.

SEeth your Syluer in Tartar, make it verye cleane rubbing it with Brushes, and put it into the Tartar

agayne: then take two partes, one part of sale Armoniacke, one part of Uerdet or Spanishe greene, two partes of the beatyng of Copper: stampe all this small, and sift it, and put it into the Tartar with the syluer, it will gette a red coloure, vpon the which you shall gilte.

Howe to braye golde for to guilte with.

TAke a dragme of fyne golde, beate it well, and put to yt two dragmes of Mercury mixt togeather: then set a melting pot on the fyre, and when it is glowing hoate, put the golde with the syluer into it, and when the Mercurye shalbe in part vanished away in vapour, poure it into a dishe, wherein there is a litle water, and washe it out and it shalbe grounde and brayed.

To gylt Copper.

MAke a botome or grounde of quicksyluer vpon the copper, then geue it one gilde ouer with grounde or brayed golde, then sette it on the coales, and when it smoketh take it awaye, and part and disperse it with the brushe of copper wyer, and then set it agayne on the fyre vntyll it be lyquide and softe, or melt, or dye, and when it hath beene so long vpon the fyre that it hath gotten a redde coloure, take it of and make it cleane with your brushe of copper wyer, and then burnishe it, and it is done.

To gylt yron.

YOu must boyle youre yron in Uineger Salt and Uitriol, and yf the yron be great, annoynt the yron about with it, being hoate, vntill it make it ryse, then lay on your grynded golde, as before.

To take of the golde from the syluer that is gylt, so that the syluer shall remayne whole and sounde.

PUt about your gylded siluer some Brymstone, then take naturall Mercury in a Goldesmithes melting potte, or other vessell accordyng as yt oughte to be, and heate yt, and put youre gylte Syluer into it, the Mercurye wyll drawe the grounde vnto hym, then rubbe your syluer with a

brushe

bythe ouer the Mercurye wherein the golde is, then heate your syluer, and boyle it agayne in the water of Tartre, and it wyll be cleane.

When you wyll take your golde out of the Mercury, put it in a lycle bagge of leather, bindyng it and stopping it aboue, as men do Mercury, without ouer a basyn, and that which remayneth in the leather, put in agayne in the melting pot vppon the fyre, and let the Mercurye vanithe in a vapour, and go away in the smoke. Then take that whiche remaineth, and poure it in a melting pot, and you shall finde your golde.

To separate Syluer from Copper, be it mony or otherwise.

TAke halfe an vnce of Verdet or Spanish greene, an vnce of whyte Vitrioll, as muche of Brimstone, half an vnce of Alome: seeth all these things with a glasse full, or as much as you wyll of strong Vineger, and putte your Syluer into it. Your siluer wyll remaine whole in the glasse, wherein you sodde it, and the Copper consumeth in the moyst humour.

A pouder which being layed vpon any thing syluered wyll take of the syluer from it.

TAke a pound of Wine lees, a pound of Arsenick, a pound of common Salt, a pounde of quycke Lyme, Myxe these together, with the yelke of Egges, and put them in a pot, which you shall set in a Fornace to sublyme, and when it shall smoke somewhat yellowe, it is ynough.

To conuert and turne copper into brasse.

TAke Copper what quantitie you wyll, and the thyrde parte as muche of Lapis calaminaris, made in pouder, and put them together in a melting pot, let them melt together the space of an houre vpon the fyre, and then poure the out.

To melte all Metall perfectly.

When

When the metall is moulton: you shall put the fourth part of Auxungia vitri, beside it, and it will melte perfectly.

For to geue a colour of Golde vpon Copper.

TAke half an vnce of copper, a dragme of Tutia Alexandrina, two parts of Dates, two parts of Figges, Grapes of a wylde Vine blacke, of the bygnesse of three Hasell Nuttes, Wuske the bygnesse of a Hasell Nutte. Stampe all the saide thinges together, and make it lyke Paste, and beate your Copper very thinne, and then cut it in pieces,

This done, make one rowe of the saide mixtion, and a litle Tutia vppon it, and then your Copper vpon that, then some of the sayde mixtion, then agayne of Tutia, and then of Copper, alwayes bedde vpon bedde: This done, lute or claye vp the Croset or meltyng pot that they are in, and set it on the fyre, letting all the sayde things melte, and then poure them out and it wyll be lyke Golde.

Some take also Tartar. Beane flower, Tutia, as much of the one, as of the other, steepe them well in Vinegre, and then dry them, and lay them bed vpon bed, for euery vnce of copper an vnce of the said powder, and it wyll take colour as is afore sayde.

To make Verdet or Spanish Greene.

TAke Brasse or filed Copper, sprinckle it with olde pysse and salte Armoniacke: laye the Copper vpon a bourd in the Sunne, and when it is dry, sprinckle it agayne vntill it waxe greene. Thus is Verdet made. Take Copper beaten lyke a plate, make it cleane, and braye some Atramentum, vpon a stone with pysse, and annoynt the Copper plate on euery syde, and let it dry in the Sunne: then put it in a pot leaded, and set it on the coales, and let it beate the space of two houres, and sometyme open the pot aboue, and when you see blacke smoke come out of it,

take

take the potte from the fyre, and let it coole, and open the pot for to take out the Copper plate, rubbyng it into pouder betweene youre handes, and that whiche will not yet turne to pouder: do it agayne in all thynges as you did before, vntyll it maye be made into pouder: then washe it with hoate water or pysse in a Basin, and let it stande styll, for the copper will goe to the bottome, and the Atramentum, wyll swymme aboue: then poure it out and dryye the Copper in the Sunne. This done, take of the sayde pouder a pounde of Tartar calcined two vnces, beate tem togeather with childes pysse, and let them dryye.

Then putte them in youre potte, and burne them as before with a greate fyre vntyll you see a greene smoke come out of it: and then let it coole againe, and open your pot and you shall fynde it faire and and greene.

To make a white colour of lead.

TAke leade as muche as you wyll, scrape it cleane on both sydes and cut it into plates three fingers brode, & a handefull long or more, makyng a hole at the ende of eche of them, hang them on a corde, and take a payle of Oke or a pot of three handfulles long that hath a cleane couer: Then hang your plates of leade rounde aboute the pot withinside, and poure into it two pottes of good Vineger, and a handefull of salte, styrring them togeather vpon the fyre, vntill they be readye to seeth, then couer the pot well, that nothing breath oute, and set it in a warme place, leauing it there x. dayes togeather, then open it, and take out the plates of lead and you shall finde at eche syde of the plates a whyte colour of a finger thicke, take it of with a knyfe, and put it in a cleane glasse. This done, hang youre plates of leade agayne in the pot, as before, coueryng them well as is said, and settyng it in a warme place, and at the x. day take of the whyte colour with a knyfe as before, and hang them again

in

in the potte vntill you haue gotten white colour inough.

Then braye all well together in a morter, putting to it a litle water the space of halfe an houre, vntill it be thicke like gruell. Then put the sayde pouder in a pot or twain, and set it in the Sunne, and let it drye and harden, and then shall you haue your whyte coloure of leade. But you must note that you muste alwayes hang the Plates of leade in the pott agayne at euery time, as long as they wyll continue, and if the Vineger diminishe, you muste renewe it agayne.

To make Lutum sapientiæ.

LVtum sapientiæ, is a morter or claye for to lute or plaister the Limbecks or pots that are set on the fyre, because they shall not breake or cleaue. To make this Lutum sapientiæ: Take the best Potters earth you can fynde, put in a dishe or platter of earth, or in some other vessell, and poure vpon it Wyne myrte with horse dung, castyng awaye the longest haires of the dung, mingle it fyner all together vntill it be as thicke as paste, wherewith you may paste any thing: not withstanding put in it alwayes good Salt for keeping it from cleauing.

To lute or dawbe pottes with a lynnen cloth that wyll not burne.

PUt your linnen cloth in Salte water, and let it drye of it selfe, then weate it in yelkes of Egges well beaten and when you wyll lute or playster any potte with it, geue it one touche vpon it very thinne with the foresaid Lutum sapientiæ.

For to soder Glasses.

TAke Minium, and halfe as much of quicke Lyme, and the Meale or flower that hangeth on the mill sides or walles, and the yelke of an Egge, in all this let a Lynnen clothe be weate and holden before the fyre that it may bee clammye, meete to cleaue or stycke fast,

and

and so laye it fayre and softly vpon the broken place of the glasse.

Another Lutum sapientiæ.

TAke potters earth very cleane two partes, horse doung one part, a little powder of a Bricke, and the fylyng of yron, and a playster of quicke lyme: and myngle it with salt water, and the yelke of Egges: and make therof a paste for to lute or playe pots withall. Or else take wyne earth and stampe it small and syfte and cast vpon it some wheate flower rancke vpon rancke, and then the yelkes of Egges and Vineger, and mingle all togeather. Then playster or lute glasses, pottes or limbeckes with it, and drye them in the shadowe, and they will neuer fayle nor breake in the fyre. You may also mingle it with Oxe blonde in steede of water, it is also good for that purpose.

The fift Booke, touching all separations of golde, of syluer, of copper, and other metals, and howe a man may try them & to dyse them profitably. Which is a thing very gaynefull for all goldesmithes, Marchantes and other that haue neede of it.

To separate golde from syluer.

TAke small the Syluer wherein you thynke there is any Golde, then cut yt in small pieces: then you shall putte Aqua fortis in a glasse of seperation vpon a lusle fyre vntill it be hoate, and cast vp little bubbes like belles. Then poure the water out into a cuppe of Copper and let it coole, and by this meanes the syluer will sticke about the cuppe, the whiche you must let dyse in the cuppe:

and

and when you haue poured the water out melt the Siluer in a hollow sharde, and then take also the Golde out of the glasse of separation, and melt it in one.

An other way.

TAke Siluer that is giult, lute it vpon a potsharde or a Tile with lead, then turne it as thinne and as fine as you can vpon some thing, then cut it in croked and wyched pieces, and put it into the glasse of separation, poure in vpon it Aqua fortis a finger highe aboue it, stop the whole aboue, that it breach not out, then holde it vpon a slowe fyre vntil the Siluer be dissolued into the water, the Golde remayneth in the bottom whiche is black: then cast out this water into a Cup of Copper as before, and poure vpon it some cleane water, and the Siluer will begin to gather into a curde, and will goe to the bottome. Then poure out the water agayne, and drye the Siluer with a sodaine heat. This done, put it in a croset or earthen Pot, & melt it and being molten poure it out, and do the lyke with the Golde, and when you put it into the melting Pot, put to it a little Borax.

An other way.

TAke Antimonium, and put it in a melting Pot, that is with a sharpe pointed bottome, and melte it. Take also the Siluer that the Golde is in, and melt it and poure it into the Antimonium, the Golde will goe to the bottome, and the Siluer will tarie in the Antimonium. Then take halfe an vnce of Copper, and two vnces of Leade, and the Antimonium, let them melt together, and poure them into an earthen Pot, the Antimonium will burne the Copper, and the Siluer will abide vpon the Pot.

For to separate Gold or Siluer without fyre or Aqua fortis.

TAke two partes of salte Armoniacke, and one parte of Brimstone, beate them into powder, then annoynte

your vessell, dishe, or anye other thing that is gilded, first with Oyle Olyue, and then dispearse the sayde pouder vpon it, and when it is so fast vpon it, set it to the fyre, and beate it ouer a vessell of Water, and the Golde will fall out of it.

To separate Golde from Siluer with a pouder.

TAke an.viii.part of Brimstone, a.xvi.parte of Salte, iii.vnces of salte Armoniacke.ii.vnces of Minium, and doe as afore is sayde.

To make Golde softer.

TAke Mercury sublimed, salt Armoniacke of eche a like, make them into a pouder, then put your Golde into a melting Pot, and when it is molten, put to it a little of this pouder and it will be soft.

An other way.

TAke halfe an vnce of Uerioll, halfe an vnce of Uerdet, halfe an vnce of salte Armoniacke, halfe an vnce of burned Bralle: all being mingled with Aqua fortis, let it so repose in the heate two dayes, and then let it harden: do this three tymes wyth Aqua fortis, and let it dry: make it in pouder, and put alwayes vpon it halfe an vnce of Golde, a Dragme of Pouder, and poure it three tymes into it, and it will be softer.

To make Golde and Siluer softer.

TAke Honny and Oyle of ech a lyke, and quench your Golde and Syluer, being hote and glowing, three or foure tymes in it, and it will be softer.

To soften all mettalles, and other things that are not softe, so that they shal be softe and gentle to be wrought vpon or forged.

TAke Salticke, Frankencense, Myrrhe, Borax, Uernix, of eche halfe an vnce, make all into a pouder together, and cast the bignelle of two or three peasen of it vppon the harde things, and they will be softe and tender. Take what metall you will, beate it vpon coales,

and

and quenche it in the water of salte Armoniack and it will be soft.

An oyle that maketh all mettalles soft.

IF your Siluer be not softe, melte it, and poure into it this Oyle that followeth. Take Saltpeter, Tarter, Sale, Verdet, boyle all together, vntill the water be consumed, poure vpon it pisse, and let it so consume, and you shall haue an oyle of it, the which you shall put into your siluer whyle it melteth, and you shall make it soft.

To seperate Golde from Copper.

MAke a Foynace with a hole, that you maye put in a Pegge or two, the which you maye take out when you will, and vnderneath in the bottome of the Foynace a gutter or whole, that the king which is the Golde may remayne in it. Take twise or as muche Leade as Copper, and put it vpon the hole or gutter of the Foynace, pouring it alwayes vntill there be no more Leade. Then take an yron meete for the purpose to take away the skimme of it, that it maye be cleare and neat, for then shall the Copper be well prepared. This done, take a quarterne of common salte, of Brimstone a quarter, of Saltpeter a quarter, of Orpiment a quarter: stampe these foure well in a morter, and poure the sayde pouder vppon the Copper, when it beginneth to runne and melte, the Golde will goe to the bottome, plucke the Pegge out, and the king will remayne in the hole or gutter, take it out afterwarde with Leade or Antimonium, and you shall finde the Golde.

An other way.

TAke Antimonium, and melte it with your Copper and beyng molten you muste skimme it well, then poure it into a dishe of stone, adding to it quickely as much quickesyluer, couer it with an other dishe, and shake it well together, the pouder drayweth the Golde vnto it, and when it is colde agayne, open it, take the Mercurie out, and put it in an other dishe, the which you shall set vppon the fyre

that the Mercury may goe away in a smoke, and you shall finde your Golde in the bottome.

A pouder to seperate Golde.

TAke Salte Armoniacke, Uerdet, of eche one parte, Saltpeter two partes, Antimonium as muche as all the rest together, make them into pouder, and doe as before, and the Golde will go from the Copper.

To wash Golde from Copper.

TAke the Copper that is gilte, and weate it in water, and then put it in the fyre, and lette it be hote and then quenche it in colde water, and the Golde will come of: rubbe it of with a Bushe of Copper Wyer, and it will goe of.

To get together the golde out of the threedes of cloth of Golde.

BUrne the Golden threedes into pouder, and braye the sayde pouder small vpon a Marble stone, and put it in a Bason, then poure vpon this pouder some water of Tartat and quicksilluer, and do as before, and you shall haue fine Golde.

To gylde, so that it shall not out with no water that is.

TAke two partes of Ocre, two partes of a Pommise stone burned vntill it be whyte, Tartre the bigneste of a good Walnut, brayt the sayde colours together with Oyle of Linseede, and fiue droppes of Uernyx, straine them thorowe a linnen cloth, and you shall haue the substaunce to gilde withall.

To gather together into one, the golde that is scraped of from letters and Images.

TAke the scrapings and put them in a glasse full of water, vntill the chaulke where vpon the Golde was layed, be thorowe soke, wash it afterwarde betwene both your handes: and seperate the best parte from the chaulke from the Golde: take the rest, and grinde it vpon a grinding stone

stone.

This done, put it agayne into a Glasse: then put some well brayed and small, in a Cuppe of Copper, and poure the water vpon it: let it seeth well, and then poure the same water agayne into the Glasse vpon the substaunce scraped, putting into the water some quicksiluer, and shaking it, and mouing it together a good space. The quicksiluer draweth to it selfe al the Golde: then poure out al the water, and put the quicksiluer in a piece of wylde Goates skinne, the which you shall binde well about: then make a hole with a needle, whereby you shall wring and make the quicksiluer to come out, and that whiche shall remayne within, shall be fine Golde: and if the Golde be not very fayre, do vnto it as vnto the Golde before.

To take gilt from a Cuppe that is gilded within.

TAke Pyrethrum, and seeth it in strong Vineger, so that there may come no smoke nor breath go out of it, then poure it into a Cup gilte within, and the Golde will go of, and go to the bottome. For the proofe thereof. Cast a Siluer Ring gilte into it, and you shall finde the experience.

To make Golde softe after the melting.

TAke as many Wedges of Golde, as you haue molten, and put them one night into a Fornace of Water in a Pot: let them be thorowe hote, but yet not so that they melte, and they will be afterwarde verye fayre and softe.

For to giue a colour to Golde that it shall be softe.

TAke Sale Armoniacke fired with quicke Lyme, for it is very good, worketh verye handsomely and finely: but it is better to take of Viride æris, prepared and then melt the Golde, and so maye you colour your Golde. the Viride æris is thus prepared: delaye it in Vineger, and straine it thorowe a Felte, and let it congele, and when it beginneth to waxe thicke, put to it some Sale Armo-

nacke, and let it harden a great whyle, or elſe poure it vpon a cleane marble ſtone, and then melte your Golde with it, and keepe it well: for it will ſerue you alſo for other things.

To boyle Golde or Siluer to make it receyue a fayre colour.

TAke Tartar well brayed, and put to it ſome well water or raine water, and that which you ſhall boyle in it, ſhall be fayre.

To glue a colour to Golde.

TAke the heares of a man to the bigneſſe of a fynger, and laye them vpon quicke coales, & holde your golde ouer them with a payer of Tongues.

For to make Syluer fyne.

YOu ſhall put Siluer into a pot of earth, and to euery marke of Siluer put three vnces of lead. Let it be molten together, vntill the flower of it ware redde. That done, put it in an other earthen pot, putting to it for euery marke of Syluer ſixe vnces of Lead, and than powre it or ſtraine it, and it will be fine.

To make Syluer fayre and whyte.

YOu ſhall put ſalt and Tartar made in pouder, in a pan of Coppyer: put ſome rayne water to it, and let it ſeeth well, for it will become whyte: but before you ſeeth them you muſt heate or enflame them, and beware there come no yron into the panne, for then the Syluer would become redde.

To knowe yf Syluer haue any Golde in it or no.

DRaw a groſſe or great ſtreeke with pure Syluer vpon the touche ſtone, then take a Dragme of Uerdet or Spaniſhe greene wel made into pouder with ſalt Armoniacke, mixe them well with good Uinaiger, vntil they be all of one coloure, weate the lyne or ſtryke made with your ſyluer with it, and yf the ſyluer haue any golde in it the lyne or ſtreeke will remaine a whyle faire, and if there be none, the ſtreeke will not remaine faire but will go out incontinent.

incontinent. If you will haue a better proſe and more ſure in ſteed of Vineger put Aqua fortis: for that will incontinent put out the line or ſtreeke, if there be no Golde in it.

To mortifie or alay Mercury or quicke ſiluer.

PUT it in a morter of yron, and put to it ſome oyle Oliue or oyle of Bayes: this done, ſet it on a ſmall fyre, and let it ſeeth therein, but take heede that the ſmoke of it hurte thee not, for it is vnwholeſome, put often times ſome oyle into it, and alſo ſtrong Vineger diſtilled that it maye boyle in it. And by this meanes it will be mortifyed and killed. Then take it out, for it is harde and will endure the hammer.

To gyld Stele or Yron.

TAke one part of Tarter, halfe as much of ſalt Armoniacke, as much Uerdet, and a little Salt: ſeeth them in whyte wyne, and verniſhe with it a harneſſe made euen, and let it drye. And then gyld it with golde brayed or grounde as Goldſmythes doe.

To ſeparate Golde or Syluer from mettall or Yron.

PUt ſome Mercury in a Goldſmythes melting pot, heating it vpon the fyre, putting to it and myxing with it ſome Uerniſhe glaſſe bruſed ſmall mixing all together. Laye it vppon the Syluer that is gylt, then laye it vpon the coales vntill it be hote, and rub it with a feather ouer ſome veſſell: ſtrayne the Mercury or quicke ſiluer thorowe a linnen cloth, the which you ſhall afterwarde bring againe with Saltpeter.

Syluer of Tyn to make veſſell or other thinges.

TAke cleare, fyne, and vyrgyn Tynne, put it with true and naturall Tynne in the fyre, that it maye purge and be made cleane from all duſte, Aſhes, and filthe: and when it is cleane ynoughe and well ſkimmed, ſet it agayne on the fyre. If there bee a marke of it, take halfe an vnce of Mercury, or ſomewhat more, and when it beginneth to ryſe in the firſt heate, take alſo the ponder of

Cantarides, and caſt it into it, and a locke of Womans haire that it may burne in it. Hauing had fyre ynough, and all being melted together: poure into it the pouder aforeſade, ſprinkling it firſt a little with water of Artemeſia, and then take it ſodaynely from the fyre, and let it coole a great whyle.

To whyte any veſſell of Copper, within and without with Siluer colour very eaſely.

TAke two partes of Mercury, three partes of Tinne: Melte firſt the Tinne in a melting Pot, and then put the Mercury to it. Steirre it well together, and then poure it out, and let it coole, and ſtampe it wel in a Morter vntill all be brought into a pouder.

Then take Alome and ſtampe it alſo in a Morter, and it will be like a whyte pouder, the which you ſhall lay vpon a Marble ſtone, garniſhed on the ſides, with Potters clay, in a moyſt caue or Seller: letting vnder it a Glaſſe. The Alome will tourne into a water vpon the ſtone, and will runne into the Glaſſe. And when you will Siluer your veſſell of Copper, take the ſayde water of Alome, and annoynt your veſſell with it, and let it drye. Do thus three or foure tymes, and leaue it open that the bottome maye be the better. Then take the pouder that you haue made, and rubbe it vpon it, and your veſſell will be whyte and ſeeme as it were Siluer.

To make veſſels of Copper whyte lyke Siluer, both within and without.

TAke one parte of Azure, two partes of Mercury, three partes of whyte Arſnicke, mixe them together: then take greaſe and melt it in a Panne, taking the filth from it, making it very cleane. This done mixe them together, and make therof as it were an oyntment: annoynt your veſſell with it, within and without very well: that done, put it in a newe diſhe of Oke, or elſe in newe and freſhe Okes leaues, couering it well. Digge a pole and

lay

lay it in the earth, in a place where the Sunne shyneth most hotteſt, leauing it so the ſpace of three monethes, and then take it out, and make it cleane with water and a bruſhe, and you ſhall finde your experience.

To make that Tinne cracke not.

TAke ſtrong common ſalt, and Honny, as much of the one as of the other, according to the quantitie of your Tinne, poure your Tinne .xii. tymes in it, then ſtraine out your Tinne, for by this meanes it will purge and leaue cracking. Put that in a Pot, the which you ſhall claye or lute about very well, and ſet it in a Furnace a daye & a night, and you ſhall finde as it were a lyme of Golde.

The ſixt Booke touching the making of certaine Oyles and waters and other ſubſtaunces which are of a marueilous vertue and operation.

To take Salamanders for to occupie or to ſerue a mans turne.

WHen you ſee the Salamanders lie and ſleepe in the Sunne, put on a payre of gloues, and ſo goe take them fayre and ſoftlye before they caſt their Uenime (which is yellowe) then put it in ſome veſſell of glaſſe wherein there is mans blood. Then it will ſerue your turne very well.

To fine Golde with Salamandes.

TAke two pound of fyled Braſſe or Copper, a Pot of Goates mylke, nine Salamanders, put all this in a Pot, wyde and large beneath, and narrowe aboue, couer it with his couer faſt and cloſſe, but let the couer haue a hole in the toppe: digge the fayde Pot into the moyſt of the earth ſo deepe that nothing appeare but oneiye

the

the couer where the hole is, so that the Salamanders maye haue ayre and not dye. Leaue it so vntill the seuenth daye after none. Than take your pot out and you shall fynde that the Salamanders constrayned by hunger shall haue eaten the Copper, and the great force of the poyson causeth the Copper to turne into Golde. This done, make a hole as deepe as two fingers into the which you shall put your pot with the Salamanders, then make about it a fyre of coales, which may burne aboue and beneath, yet lesse beneath than aboue: and the pot is set in the grounde because the Copper shall not melte.

And when you thinke that the Salamanders be burned to ashes, take the pot from the fyre, nd let it coole wel. This done, put the Copper and the pouder into some vessell to washe it, and powre water vpon it, making cleane the Copper with the sayde pouder: then hang it in the smoke, and let it dry well, and you shall haue good Golde, and you shall let the Goldsmith fyne it, and make it cleane.

The mother of all waters, for to make all metalles liquifiable.

TAke a pounde of Sal nitrum, a pounde of Vitriol, stampe eche of them by it selfe, and then mingle them togethe in a morter, distill the sayde water, without adding any other water to it: Take an vnce of the sayd water, an vnce of wyne not distilled, put them together in a glasse, and they will burne of them selues so that you maye light a candell at them: it is also the mother of all colours.

Also take three vnces of the sayde water, three vnces of Mercury the fourth part of quicke Brimstone, put them all together to dissolue in a glasse. And when they be dissolued let the smoke come out, and you shall finde the Mercury fixed very redde. And so may you fixe all the Spiritus.

If you will make this water altogether strong, adde

to the

to the seuen partes of all these thinges aforesayd: Vitriol and Saltpeter, a pounde of eche, and distill them, putting the water into a glasse againe, and it will be so strong that it will breake both yron and things made with forge.

To prepare commen salte.

TAke whyte Salt, and powre vppon it some stale Pisse wherein hath bene (a whole day) steeped some quicke Lyme: mixe them well together sixe times a daye, and let it repose the nighte, straine the pisse thorowe a felte, and put al that is within into a panne leaded within, mingling it wel together vntil it become water. Then seeth it vpon coales vntill it be harde, and make it into a ponder, and put it in an Oxe bladder binding it well aboue, and then hang it in a Caudron full of whote water, leauing it there vntill the salt be tourned into water. Do this, ten times last and at time let it burne so that it be a fyre and redde, then let it coole, and thus is common salte prepared.

To prepare salte Armoniacke.

TAke ten pounde of prepared salt, and powre vpon it some warme pisse of a man that is in health, and hath not dronke but wyne, and let the salt dissolue in the sayd pisse, and go to the bottome, then straine it thorow a felt into a caudron, put to it some soute of a bakers ouen, boyling it together: When this salte is dryed powre vpon it some mans pisse, and do this so long vntill the ten pots of wine be consumed in the ten pound of salt.

You muste take heede, that the caudron ronne not ouer when the Vryne boyleth. If paraduenture it ryse so that there is great daunger of running ouer: You shall poure some cleare water vppon it, and mixe all together vntill all tourne into water, let it stande, and caste the cleare oute, and seeth it so long vntill it be dryed, the which being dryed you shall take and putte in a newe bythe, and

dryed

dry it in the Sunne: And then sublyme it in this wise.

Take the sayde two pounde, and two pounde of filed yron, and mingle them well together, and put them into a vessell, that is called Rotunda, luting it well with Lutum sapientiæ: Then set it vpon a Treuette in a Fornace of sublimation, making a good fyre vnder it one daye, during vntill the vessell be thorowe redde hote vnderneath.

Then let it coole agayne in the nyght vntill the morning & then open it, and you shal finde vpon the vessell white Salt, the whiche you shall take away, and putting to it as much cōmon Salte prepared, you shall bray them both wel together the space of halfe a long Sommer daye, making a small and slowe fyre vnder it, let it coole agayne, and bray it agayne, and sublime as before. This doe you three tymes, and then keepe it, for it is good.

To make Sal Alkali.

TAke the Ashes of Lees of Wyne burned, quick Lime, of eche equall quantitie, and put them into three stillitorie Glasses one ouer an other, to the intent that that whiche falleth from the one may distil into the other: then poure the water of the lowermost into the vppermost, hauing a Pot leaded vnderneath. Put often tymes the same lye thorow it vntill the Ashes be no more bitter. Let the same lye stande a night, and seeth it in the morning in a Pot leaded vntill the water consume awaye and betome harde. Then let it coole, you shall finde a stone in it called Alkali, the which you shall beate in pouder, and fill a new Pot with it halfe full, and couer it not, and put it in a Fornace of calcination, making at the first a little fyre vntill it seeth: then a great fyre vntill it beginne to melte lyke Leade, then poure it quickly into an other Pot, and let it coole, and it will be Sal Alkali, which you must keepe in a Glasse.

To make Sal boras.

Take

TAke Tarter calcined in suche sorte as we will declare afterwarde, the same being made in poiwder, put some hote water vpon it vntill it dissolue, stirring it well with a sticke, then strayne it thorowe a linnen cloth, and doe as before, so long vntill the water be thicke and troubled, then strayne it thorowe a bagge vntill it waxe cleere, and hath taken the bitternesse out of the Leese or Tartre: whiche thing you shall know when the Leese pricketh no more vpon your tongue. Then take Sal commune præparatum, and putting to it water of Tartar, poure them together into a Pan of yron, or frying pan, seething them vntill they be thicke, and then put them in a newe Pot vntil they be harde. You shal tourne often tymes the Pot, and when the sayd Pot would cleaue or burne to, let it coole, and open it, and you shall haue Salboras Philosophorum, as good as the true Boras.

Water of Mercury.

TAke a quarterne of sublimed and fixed Mercury and as much of the stone Galitsenstein: bray them together vpon a Marble stone: then hauing put them in a linnen Bagge, make a hole in an horse Doungbill, put them in a Glasse into the same hole not touching the sides of the holg in anye wise, to the intent it file or soyle not, make two funnels, and hang the Bagge with Mercury and Galitsenstein ouer the Glasse couering it with a good strong linnen cloth that nothing fall into it: then laye vounge ynough vpon it, and leaue it so a fortnight together vntil the Mercury be stilled as water out of the Bagge. If the water be not whyte ynough, bray it agayne with the Galitsenstein, and doe as before, continuing it vntill the water be good Ad lunam faciendam.

Water of salt Armoniack.

TAke salt Armoniack as much as you will, as much of the yelkes of Egges, mixe them all together, putting to them a little vineger, that it maye vtoppe or runne

runne the better. Then hang it ouer a glasse in a doung-hyll as before is sayde of the water of Mercurie, or else set it vppon an euen stone smoth and slipperie in a moyst Celler laying the stone a little at one side, and setting a Glasse vnderneath with a Fonnell, and morter at one side of the stone that it may not runne but into the Fonnell. Then passe it thorowe a Felte, and keepe it well. For it will serue your turne very aptly.

A water called Aqua lactis virginis.

TAke Litage made in pouder, and put it in a Panne with good Vineger, seeth it with a little fyre, and passe it thorowe a white felt vntill it waxe cleare and whyle it distilleth, put it euer in agayne vntill it be cleare and whyte. Then take Axungia vitri, made in pouder, and sifte it, and do with it as with the Lytarge, and there will come also water out of it: Mixe these two waters together, and they will be as white as mylke, and it is called Lac virginis.

Water of salt Alkali.

TAke salt Alkali, and yelkes of Egges, bray them with good Vineger, and doe as is before sayde, of the water of Mercury.

A water called Aqua croci Martis.

MAke of the greene Galitsenstein stone in pouder: and fill therewith a newe Potte and steepe it well. Burne it euen in suche sorte as is sayde afore of the Alome. When it is as redde as Vermilion it is ynough. Then put some good Vineger into a Limbecke and destill it in a Fornace with a small fire. Do thus three tymes Afterwardes put into it as muche as into the redde Galitsenstein styrring them alwayes together with an yron three dayes long. Put them agayne into a Limbecke, and styll them as before. If the water be not redde ynough, put more of the sayde pouder vnto it, stirring it well together, and distilling it as before, it will be very good Crocus Martis to make Golde.

To

To Calceyne Tartar.

TAke Tarter of whyte Wyne, walhe it with hote water, and let it drye. Then fill a Pot of a quarte with the sayde Tarter, couering it well aboue, and set it in a Fornace of Calcination, and let it burne vntill there come out no maner of smoke. Then let it coole, and make it in pouder, and put it into an other Pot, luting it well with Lutum sapientiæ, then leaue it in a Fornace of Calcination, wherein there is a good fyre, the space of three dayes or more vntill the Tartar be as whyte as Salte, the whiche you shall keepe in some warme place.

To calcine Egge shelles.

WAshe Egge shelles in Lixiuio colatitio and let them dry: take away before, or after the little skinne that is in them. Then put them in a great Pot vpon the fyre, and burne them to Ashes stirring them well. Then put them in a little Potte, and doe as with the Tartre. When they be burned as whyte as chaulke, they be calcined ynough.

To calcine or burne Tutia.

REdde Tutia or yellowe is the best: put the same into a melting Pot, and set it vpon the fyre, and let it burne hote. Quench it then in good Vineger. Doso syne tymes, and then braye it small lyke vnto floure vpon a stone and keepe it.

A Water called Aqua lunaris.

TAke an hundered Henne Egges, take out the yelke and beate the whyte, put it into a Glasse, and stope it well aboue, and set it in Horse doung. xiiii. dayes, go to it euery daye, and take the doung from about it with a sticke, leauing it so a good houre that it maye haue the ayre, then couer it agayne.

And when it hath bene there a long tyme, there wil come out of it a water, the whiche you shall poure into another Glasse and let it coole, and that whiche was congeled

vpon

vpon the water cast away, and put into it some lyme of Egges, that the water maye be aboue it foure fingers broade: mingle them together, and poure them in againe stopping it wel, and set it againe in the horse doung, leauing it so a long tyme as before, then take it out, and put it in a melting Pot, stirring it well, and set it vpon a white kole, and by the measure that it distilleth in, poure it againe vpon it, continuing so vntill the water be cleare, caste out the Lees, and the Water is good, Ad Lunam & Solem.

Aqua Caulata.

TAke two pound of the ashes of Lees of Wyne burned, a pounde of ashes of Walnut shelles burned, two pounde of the ashes of burned beane stalkes, a pounde of the Ashes of the slippes or twigges of Vines: Mingle al these together, and poure water vpon them, and adde to it some quicke Lyme, for eche pounde of the sayd substaunce, you muste haue two pounde of water, then let it seeth together one seething, and let it stande and repose a daye and a night, stirring it six tymes a day.

This done, poure that whiche is cleare into a Caudron, and put to it an vnce of Arsnicke, an vnce of Reagall, an vnce of calcined Tartre, and a quarter ne of sale Armoniacke, make all into pouder, and put it into water, and let it seeth vnto the halfe, let it coole againe: and then put it in a Limbecke, and distill it as is sayde. And when it will distill no more let it coole, and open the Limbecke, and poure it in againe, and distill it thus fiue tymes, and keepe the water distilled. Mercurye is hardened and fixed in the same water as we haue sayde in an other place: keepe also the Lees, for it is good for to harden Mercury as thus. Take Mercury, put it in a melting Pot, and heat it, poure the fore sayde Lees into it, and mingle them together, and it will kill the Mercury, and make it harde and blacke, so that being colde againe, it is as hard as a stone, the which you may sublime,

A water called aqua cauſcica.

TAke one part of ſal Alkaly, one part of common Alome, one part of alumen Plumæ, one part of white Galicſenſtein ſtone, one part of ſalt Armoniack, two partes of common ſalt prepared, bray all theſe very ſmall and fine vppon a grynditone, and weate them with Vineger, or very hote water, and put them in a glaſſe, the which you ſhall digge and ſet in a doungehill, leauing it there three weekes. All will be turned into water, put the ſame water in a melting pot, and doe as before you did with the felt, diſtilling it thorowe the felt into an other melting pot. Keepe it ſo in a glaſſe, for it is good to make Siluer. The felt muſt be ſharpe at the nether ende and broade aboue.

Aqua auri pigmenti.

TAke foure partes of Orpiment, two partes of ſalte Armoniacke, one part of calcined Egge ſhelles, and one part of common ſalte, bray theſe well vppon a marble ſtone, weate them with Vineger, and let them runne of from the ſtone into a glaſſe in a ſeller, or ſet them vnder a dunghill, vntill they be turned into water. Then diſtill it as you do Aqua fortis. But in braying the Orpiment, you muſt ſtoppe your mouth and your noſe, becauſe of the ſmoke or fume of the water, which is hurtfull.

Water of common ſalt prepared.

TAke a pounde of common ſalte, a quarterne of Alome braye them vppon a Marble ſtone with Vineger, and let it runne from the ſtone as before is ſayde. And diſtill it thorowe a felt, and it is made.

A water of yelkes of Egges.

TAke yelkes of Egges ſodden verye harde, ſtampe them and put them in a Limbecke, the fyrſt water which commeth out is whyte, the other redde and thicke: but when it is colde, it is thinner & Liquide.

All that you rubbe with the same water, getteth alwayes a good colour of Golde.

Oyle of Tartar.

TAke white Tartar calcined, braye it well vppon a Marble stone, and let it runne into a glasse, as is afore sayde of the salt Armoniacke, & of the Crocus martis. And when all is runne into the glasse, passe it thorowe a felt so often vntill it be cleare. And kepe it in a cleane glasse.

An oyle called oleum Laterinum or Petroleum.

TAke a newe Tyle whereon there hath ben no manner of water, make it whote, and laye it in oyle of walnuttes, vntill it soke or drink no more: Then make it into pouder, and put it in a Limbecke and distill it. And when it will distill no more, casse it out, and put in other, and do as before three tymes, and you shall haue your oyle.

Oleum Benedictum.

TAke Oyle olyue in steede of Oyle of walnuttes, and dos as before.

Oyle of Brimstone.

TAke a pounde of Brymstone well made in pouder, a pounde of Oyle of Lyneseede: putt them in a pot leaded, and boyle them together vntill there ryse a redde frothe or skym vpon them. Put Vineger into it, and the oyle wyll beginne to rise vp, and taking of the froathe or skimme keepe it and keepe the oyle neate and cleane. Then washe your Brymstone very cleane, and poure some oyle of walnuts vpon it, and let it seeth as before, and when it waxeth redde as before, poure agayne some Vineger vpon it, and skim of the oyle, and keepe it with the first. Doe this so longe vntill the Brymstone smoke no more, whether it be set vpon whote coales or vpon a whote plate. Then washe it in hote water, and let it drie. Then put it into a thick bagge & binde it so that the Brymstone may spreade abroade in it. Put into a Pot some quick lyme foure fingers thicke, and lay the

bagge

bagge with the Brymstone aboade vpon it: Then poure some good Vinaigre into it that it maye be a handfull high aboue the lyme, and let it seeth a whole daye. Than take the Brymstone out of the bagge, and washe it well in whote water, poure out the water and let it drye, and it wyll be Sulphur purgatum & præparatum.

A note.

TAke that which before you haue gathered together, and make a strong Lie of it, with quycke Lyme and Ashes of wyne Lees burned, take twyse as much of the same Lie, and seeth them together vntill they be as it were Sope. Put the skymme or frothe of the same into a glasse, which you shall set in a dunghill ten dayes. Then braye it, and put it in a Limbecke, and distill it as before is sayde, and that whiche remayneth in the Lymbecke is Oleum fixum sulphuris, with this ople you may fixe all thinges.

To purge Brymstone.

TAke commom Brymstone, stampe it very small, and sift it: put it in a Pot leaded with three feete, and poure into it some good Vinager, let it seeth slowly a daye and a night: skymme it with a wodden spone full of lyttle holes lyke a skimmer. When the Vinaigre hath thus boyled with it a daye and a night, put to it stale pisse that is well sodden and well skimmed and passed thorowe a felt. Let it so seeth with the pisse two dayes and two nightes, and skimme it as before, and passe it so often thorowe the felt vntill the water be cleare, Than let it drye in the Sunne, and it is purged.

To sublime Brymstone.

TAke purged Brymstone, as I haue taught you before in the chapter of ople of Brymstone, of the whiche you wyll: Take thereof a pounde of Brymstone calcined, as is sayde in the chapter before, a pound of Offall of yron, yron bruised small a quarterne, braye

them well and sifte them, then put them into a Limbecke whiche hath a hole aboue, the whiche you shall stoppe with a peece of Yron plate, lute well with Claye the sublimatorie that no breathe goe oute, and set it in a Fornepse to sublime, making a litle fyre vnderneth it, looke now and then vnder the peece of Yron plate: the which when it is no more moyste, stoppe the hole with lutum sapientiæ, and make the fyre a little greater, and leaue it so sixe houres. Then take it of, and that which sticketh faste aboue vpon it, rubbe it of with an Hares foote. Stirre it agayne with the lees that remaineth vnder, and set it in againe and sublime it as before. Doe thus three tymes, and alwayes rubbe of that, which you fynde aboue vppon it, and keepe it, and braye the lees by it selfe, and doe as before, vntyll they smoke no more vpon the fyre: Then caste them oute, and take one parte of this sublimed Brymstone, two partes of common salt prepared, braye them well together, and sublime them as before, laying first a plate vpon the hole. Hauing done this fyue tymes, take of the Brymstone before sublimed, and braye it with twyse as muche common salte prepared. And sublime it so often that the Brymstone be as whyte as Snow and then there will be inough. Kepe it.

Oyle of Egges.

TAke Egge shelles stamped, hauing the little skynne within taken away, keepe them. Then take the yelks of Egges, and beate them well in a pot, and set a glasse of them vnder a dunghill of whote Horsedunge the spate of eyght dayes together. Then take it oute, and put the sayde Egges in a Lymbecke, and lute it well, and distill them thus three tymes, and there wyll come Oleum ouorum.

Oleum auri pigmenti.

TAke auri pigmentum, and bruse it small, and seeth it wyth Oleum lunare in a little Potte leaded. And when

when it is halfe consumed, put in a Limbecke and distill it: Then take the Lees, and braye them vpon a Marble stone, and put them agayne into a Limbecke, and poure againe vpon it the same oyle: do thus three tymes and keepe it, for it is good Ad fixationem.

Oleum lunare.

TAke as much of Aqua lunaris, described before, as you wyll, distill it in a Limbecke vntil it waxe dry, and you shall haue your Oyle, wherewith you may fixe all kyndes, and harden also Mercury.

Oyle of Brymstone.

BRay Brymstone with Tartar in maner of pappe, put it in a glasse vpon a fyre of quick coales, three dayes then braye it agayne, and distill it in a Limbecke, and that is called Oleum sulphuris.

To sublime Mercurie.

TAke a pounde of Mercury, a quarterne of salte Armoniacke, poure vpon it good Vinaigre, that they may be liquide: mingle them together, and let them so stande vntill the next morowe. Bray them well vpon a Marble stone, for all must be brought into a pouder before you put the vinaigre to them; when you haue thus brayed them that the Mercury apeareth no more, let it dry, and bray it well so dry without vinaigre, then put it in a limbecke and sublime it in a fornasse of sublimation, as before is sayde of the Brymstone: bynde fast the felt about the Limbeck that nothing breath out. The first. ii. houres you shall make a small fyre vnder it, vntill the moysture come out aboue, whiche you shall knowe by the vapour that is vpon the peece of plate: then stoppe the hole, and make a greater fyre vnder it two houres long: then encrease the fyre foure houres long: then let it coole by little and little, and than open it and you shall finde the Mercury as whyte as a Lilly aboue, and that whiche sticketh on the syde, and lyeth vppon the Lees, rubbe it of with a Feather, and

wype it with the Lees and strong Vinager as before, let it drye and sublime it as before. This doe so long, vntill the Lees smoke no more vpon the coales. Then take the Mercury sublimed, and twyse as muche common Salt prepared, mingle them together, and sublime them in a Limbecke as before. Doe this three tymes. Sublime the Lees as is sayd vntil they smoke no more vpon the coales, then cast them away.

And if the Mercury be not as whyte as Snow, take other common Salte prepared, and sublyme it agayne, vntil it be white ynoughe.

FINIS.

A necessary Table conteyning the Summaries of all the receiptes, and medicines, treated of in this present volume.

AGainst euerye grieke or payne of the heade, excepte the pockes fol. 1.
A preseruatiue agaynst the fallyng sickenelle or *Epilepsia*. idem
Agaynst the fallyng sickneſſe. idem
An other soueraygne remedy for the same. idem
Agaynst the Palſey. idem
An other way. idem
Agaynst the phrenſey. fol. 2
A tryed remedy gaynst the great paine, ryngyng & deafeneſſe of the eares. idem
An other remedye well knowen and tryed. idem
A remedye to stenche the bledyng at the nose. idem
An other for the same well proued and of a marueilous streingth. idem
An other soueraygne remedye. idem
An other for the same. idem
For the toothache a remedy proued. idem
An other remedy whether the ache be by colde or by heate idē
An other for the same. fol. 3
An other remedye. idem
A remedye for the stinking of the mouth and nose. idem
An other for the same. idem
A verye good gargariſme or gargelling for the throte againſt the Quinſey. idem
For the same. idem
An other for the same. idem
An excellent playster to soften or rype an impoſtume in the throate. idem
Agaynſt spytting of bloude rommyng of the Lunges or Lyghtes. fol. 4.
For the same an other remedye tryed and proued. idem
An other remedye founde very singuler. idem

An other remedy of maruelous great vertue. idem
An other secret for the same, certayne and experimented and good at all houres. idem
For the same. idem
An other for the same. idem
Against the vlceration of the Lunges or Lightes, and Spitel ful of matter and corruption. idem
An other for the same. idem
An other for the same. fo.5.
A remedy for the short winded men. idem
A drynke for the same disease, to be taken euery daye thryse. idem.
An other tried secrete good for poore folke. idem
For the same and good also for the poore sorte. idem
A remedy agaynst the plurese. idem
A decoction for the stomacke: very good agaynst the Plurese, idem
An other remedy most certayne agaynst all Pluresies, as proued as deuine, for to preserue a man that he die not of it. fol,6.
An oyntment to rott or ripe the plurethe. idem
A plaister for the same. idem
For the same. idem
Against the hote cough, that is to saye, when the patiet is so vexed with it, that he can not well sleepe. idem
Agaynst the same, if his voyce be hoarse with it. idem
A tryed electuary for the same. idem
Agayne for the cough. fol.7
Pilles for the cough. idem
An oyntment for the same. idem
Agaynst the trembling and panting of the heart, this is very good, but specially for Women, which are subiect therevnto. idem
A remedye agaynst the same, and verye good to restore the strength, being weakened with too great heate of Agues idem.
An other remedy wherewith I haue alwayes founde my selfe very well. idem
An Epitheme agaynst the same payne. idem

An

An oyntment verye good for poore folke, that are not able to buye the forelayd medicine or nourishment. fol.8.
An other composition very good in the tyme of a plague as well to preserue as to heale. idem
An other oyntment verye good, and principally for chyldren that are troubled with woormes. idem
A remedye agaynst the woormes in yong chyldren. idem
A remedy agaynst the payne of the stomacke. idem
An other remedye for the same, when all other wyll not pro-fite him. idem
A fomentation or nourishment verye synguler for the same. idem
An other agaynst the same. fol.9.
An other remedy. idem
An other very good. idem
An other remedy proued. idem
A nourishment very good agaynst the same disease. idem
A little bagge to cary about one against the same disease idem
A drynke for the same. idem
An other remedye to lay to the stomack. idem
An other remedye well tryed and proued, and good chiefly for yong children, vexed with the payne of the stomacke, which is knowen if they vomite or belche. fol.10
A remedye against an impostume in the stomacke. idem
Agaynst the same. idem
A playster for the same. idem
A nourishment or keeping of the stomacke in his naturall heate, by washing or bathyng it. idem
A remedye agaynst vomiting. idem
An oyntment very good agaynst cholericke vomiting. idem
Another remedy agaynst flegmaticke vomiting. idem
A remedy agaynst the hicket or yexing. idem
An other. idem
Remedyes agaynst the payne of the Lyuer come through vē-tosity. fol.11
An other of verye good effect. idem
A remedye founde verye good agaynst the Lyuer that is apo-stumate or corrupted. idem
For the same. idem

Remedies

Remedies agaynſt the dropſye. idem
Agaynſt the ſame idem
A drynke of great vertue & ſtrength, and agaynſt the hyndy dropſie. idem
An other remedye verye good to take after a Purgation. idem
Remedyes agaynſt the dropſye called *Aſcites*, a drynke very good to take once a weeke. fol. 12
A ſinguler good electuary for the ſame, whiche ought to be diſcloſed but to your ſpeciall friendes. idem
An oyntment for the ſame. idem
An other oyntment verye good. idem
A remedye agaynſt the yellowe Jaundes. idem
Remedyes agaynſt the Collicke. idem
A remedie neuer to haue the Collicke more. fol. 13
An other remedye to take in the payne and torment of the colycke. idem
A very good ponder that healeth quickly the ſayde ſickneſſe. idem. idem
A remedye whiche I haue founde to be verye good for all griefe or payne of the guttes or entrayles. idem
A gliſter wherewith I haue cured many. idem
An other agaynſt the ſame. idem
An other for the ſame. idem
An oyntment agaynſt the ſame. idem
A verye good receipt whiche Pope Clement the ſeauenth tooke in his laſt ſickneſſe. fol. 14.
A remedye agaynſt the laxe or flixe come of choler. idem
An oyntment verye good for the ſame. idem
Remedyes agaynſt the laxe diſcenterick. fol. 15
An other drinke very good. idem
An other remedie. idem
An other drynke very good in caſe the Patient haue therwith any great doloure in his bellye (as oftentymes it happeneth) by reaſon of exulceration and gnawyng of the guttes. idem
An other remedy when the payne is great. idem
Suffumigations or ſmoking for the ſame. idem

The

The first. idem.
The seconde. idem
An other remedy for the same. idem
An oyntment very good for the bloudy flixe. fol. 17
Remedies agaynst the swelling and opilation or stopping of the splene idem
A fomentation or nourishing by washing for the same. idem
An oyntment agaynst the same. idem
An other fomentation or bathing for the same. idem
Remedies agaynst the payne, swelling, and ventositie of the matrice. idem
An other tryed of some Women. fo. 18.
An other remedy very good and well knowen of Woman. idē
An other. idem
A fomentation or nourishing. idem
A very good oyntmene. idem
A playster or cloth to lay vpon the matrice, if the griefe be old or inueterate. idem
Remedies to make a womans tyme to come, that is let or hindered by some cause. idem
An other remedie verye good also to cause a woman to bryng foorth the childe before the tyme, if the woman be in daunger of it. idem
A washing very good for the same fol. 19.
Against too much aboundaunce of floures idem
An oyntment agaynst the same. idem
Agaynst the prefocation or strangling of the Matrice idem
Against the same of what cause so euer it come. idem
An other agaynst the same. idem
Agaynst the same. idem
Against the same. idem
Remedies to be vsed when the Matrice commeth out of her naturall place or falleth. idem
A playster very good. fol. 20
Remedies for the Matrice corrupted or apostumated, a playster for to dissolue it. idem
An other playster for the same. idem
A playster. idem

Remedies

Remedyes againſt the vlcers or corrupte matter of the Matrice. idem
A drinke for the ſame. idem
Remedyes agaynſt the whyte flyxe of Women. idem
An other agaynſt the ſame. idem
A drinke. fol. 21
A pouder agaynſt the ſame. idem
Remedies agaynſt pylling hoate. idem
A Sirop. idem
A drynke againſt the ſame, to take it three houres before dinner and at noone. idem
Agaynſt Gonothea, whiche is when a mans ſeede goeth from him vnwietingly. idem
An oyntment agaynſt the ſame. idem
An other remedye merueylous good idem
Remedyes for them that pyſſe bloude. idem
An oyntment for the ſame idem
A playſter for the ſame fol. 22,
Remedyes agaynſt the grauell idem
An other idem
An other remedye well tryed, whereby I haue often tymes founde my ſelfe eaſed idem
Againſt the ſame idem
Another very good idem
Receiptes to haſten the childebyrth, and to mitigate the payne of the trauayle and labour. idem
An other idem
An other. idem
An other. idem
An other remedye verye good, but yet ſuche a one that maye not be geuen, but in great neceſſitie, or when the chylde is deade within her belly idem
Remedyes when a man pilleth agaynſt his wyll idem
An other for the ſame idem
Remedyes againſt the ſtone in the bladder idem
A remedye and preſeruatiue agaynſt the ſame idem
Another for the ſame idem
Remedyes for to heale the Emerhodes or Pyles, a verye excellent oyntment idem

A playſter

A playster against the same. fol. 24.
An excellent and very good hote bathe for the same. idem
An other remedy of verie great vertue. idem
Remedies against the swelling of the coddes. idem
An other against harde swelling. idem
A good plaister for the same. idem
An oyntment agaynst the same. idem
A plaister. idem
Remedies against the *Sciatica*. idem
Remedies against inflamations of blood which groweth into an impostume in some parte of the body or members, called phelmone. fol. 25.
A plaister to rype and to rot an impostume. idem
An other for the same. idem
An other to rot or rype incontinent. idem
Against a Ring worm or Tetter that runneth al ouer a mans face, or against the disease that is called Frysipilas or Lichen, of some Mentagra, the Frenchmen call it *feu volage*, as it were running fyre. fol. 26.
An other remedy very good to heale the same, when it doth but beginne to encrease. idem
Against fleugmaticke swelling. idem
Remedies for the scabbes. idem
An oyntment very good for to annoynt yong children who because of their tendernesse, can not endure a purgation. idem
An other oyntment very good for litle children and olde folke to vse before and after a purgation. idem
An other remedy. fol. 27.
A baine or bath for the same. idem
Against the scurffe or lepre called in latyn *Pesora*. idem
A remedy agaynst puffes, bladders, blisters, or wheales, and against the small pockes. idem
An oyntment. idem
An other remedy well tryed. idem
Against the strong cough of yong children. idem
Against the stinking sweate. idem
Against the paine of the eyes. idem

For

For a whyte spotte in the eyes. fol.28
Against the difficultie of bringing forth childe, and the retention of the skinne that the chylde is wrapped in, called in latyn *Secundina* or *secunde*. idem
A remedy when the foundement commeth out. idem
Against the payne of the guttes. idem
Agaynst the difficultie in making water, saving for that which commeth of the stone. idem
For men. idem
For women. idem
Against Crabblice. idem
Agaynst a Canker.
Agaynst the lytle wormes and itching of the hande or bodye. fol.29,
Agaynst the swelling of the coddes. idem
To make the wormes come out of the handes or fete. idem
A remedy for deafnes of the eares. idem
A remedie agaynst fistuloes. idem
For the scabbes of the handes. idem
A water of a great and meruelous effect, for to keepe mans body from many infirmities and diseases. idem
What operations come of suche distillations. fol.30.
An other water or Balsami, almoste fitte for the same things. idem.
A pouder very good to conserue the sight. idem
Agaynst the payne of the flankes or the plurelie. idem
Against quartayne agues. fol.31.
To heale olde wounds and cankers of the legge, idem
Agaynst the scurfe. idem
Agaynst al ventositie, collick or paine of the matrice. idem
For the hardnes or brawne of the feete. idem
To make very perfite Vinager. idem
Against the falling syckenelle. idem
For children that be broke. idem
Agaynst the payne of the splene. idem
For to stenche blood. idem
For to heale in foure dayes the scaldyng with water, or any other thing, without oyntments or playsters, it hath bene tried and found trewe. fol.32

For

Agayne to stenche blood. idem
Agaynst the woormes in little chyldren. idem
To heale the Emerhodes or Pyles. idem
Agaynst all kyndes of payne and griefe. idem
Agaynst styfnes or shrinking of sinowes called the crampe or swellyng, comming of the wounde taken of some venimous beast, in latin *spasmus* or *conuulsio*. idem
For them that can not pysse, by reason of certayne grauell & carnosity, whiche is abundaunce of fleshe. idem
Against deafnes. idem
Agaynst opilation or stopping. idem
Agaynst the gyddynesse of the sight. fol.33.
For them that can not brooke theyr meate, but vomite it agayne. idem
Agaynst the headake by to muche drinking idem
Against all the payne of the head. idem
Agaynst the payne of the head that continueth alwaies. idem
An other way. idem
An other waye. idem
Against the meigreime happening soddenly. idem
Against itching of the head. idem
Agaynst vlcers or scabbes of the head as well of men as of women. idem
Against olde and purified woundes. idem
To keepe that the fleshe growe not to much in a wound. idem
To heale and take away the scurfe. idem
For to kyll Lyce. idem
Agaynst the distillation of the brayne and heauinesse of the head. fol.34.
Agaynst murres or catars that beginne to growe. idem
For to refrayne the murre and catharre. idem
A remedye for the disease when the heare of the bearde or head falleth of it selfe. idem
To keepe that the heare shall not fall of. idem
To make the heare of a mans head or beard to growe. idem
For to make heares growe. idem
For to curle heare, a rare secrete idem
For to make heare blacke. idem
To kepe that the heares waxe not hoare or whyte. fo.35.

For

For to make the heares blacke. idem
Against the paine in the eyes. idem
Against the dimnesse or vaselyng of the sight. idem
An other waye. idem
Against a webbe or spot in the eye. idem
To take away the hurtfull heares of the eye browes. idem
Against all paine of the eares. idem
Against the payne of the eares and deafnes, and for to purge the apostumes or corruption of the eares. idem
Against the payne of the eares. idem
Against the noyse or ringing of the eares. idem
Against all infirmitie of the eares. fol.36.
Against deafnes and hardnes of hearing. idem
Against the paine of the eares, deafnes, durt or filth, wormes or water that is in them. idem
For to stenche bleeding at the nose. idem
To heale the sicknes called *Noli me tangere*. idem
Against stynckyng of the mouth. idem
Against the totheache. idem
An other way. idem
For to make teeth fall out. idem
For to make teeth whyte that be blacke. idem
For them that be hoarce. idem
To heale the disease called the Kinges euill. idem
Howe to knowe the Kinges euill. idem
Against the cough and distillation of the breast and lunges, and running of the eyes, paine of the bladder; and when the pype of it is stopped, which causeth that a man can not pisse, but with great difficultie, also for those that spitte blood at the mouth, or pisse blood, and for the flixe, and collicke, paine or heauinesse of the belly and choller, and also against a bomiting without an ague; also against all paine of the body, except of the heade, and especially against the vlceration of the lunges, if you geue the patient an electuarie or two of it. fol.37.
Against all vehement coughes. idem
Against the cough, be it neuer so great. idem
For one that hath swallowed downe a blood sucker. idem

Against

Agaynſt an olde and inueterate cough. idem
Agaynſt the bloudie flixe comming of the arteire or ſnowe of the lungs or of the lyuer. idem
For to reſtrayne a great and vehement vomiting. idem
For them that can not keepe theyr meate in theyr ſtomacke but vomite it vp againe fol. 38
To quenche and aſſwage thyrſt idem
An other way idem
To ſtoppe the hicket. idem
For to ſtoppe the hicket that commeth often idem
A ſoueraygne remedye for them that haue wyde neckes, by reaſon of ſhrōken ſinowes, & for thē that haue the gout. idē
To take awaye the ſwelling vnder the armeholes idem
Agaynſt apoſtumes & ſwelling at the roote of the nayles. idē
To make a mans nayles growe, whiche be fallen of. idem
Againſt the diſeaſe called Lychen, whiche is a foule breking out of all the face with a ſcab, beginning at the chyn. idem
To take away the ſcab of a running tetter. &c. idem
Agaynſt burgeons and puſhes, in the face &c. idem
Agaynſt all ſpottes, pimples, puſhes, or vlcers. &c. idem
To take away the blackneſſe of the necke. &c. fol. 39
Agaynſt the bruſing of the face by a fall or ſlyp idem
An other verye good. idem
Agaynſt wartes and malanders idem
Agaynſt ſwelling of the ſtomacke, payne of the raynes, grauell fleame, cholicke, the Emerhodes, or pyles, alſo to ſtaye the flowers of a woman, and for thoſe that haue an infected liuer and ſplene, alſo for thoſe that cough, and for them that that haue the falling ſickeneſſe. idem
Againſt the payne of the ſplene. idem
An other. idem
For the payne of the loynes or haunches. idem
Agaynſt ſwellyng or vlcers of the raines of the backe. idem
Agaynſt the payne of the grauell, and for to. &c. fol. 40
Agaynſt the payne of the raynes. idem
Agaynſt the grauell. idem
Agaynſt the payne of the bladder or grauell idem
Agaynſt the bloudye flyxe, or fretting torment in. &c. idem
Agaynſt the ſtraynyng, fretting and gryping of. &c. idem

For those that haue fretting and griping in the belly and the laxe. idem
Agaynst the collicke. fol.41
Agaynst the payne of the collick comming sodainely. idem
Agaynst the payne of the gutes or bowels. idem
For to stoppe the laxe. idem
Agaynst the fretting of the belly or laxe. idem
For to knowe a secrete or hidden disease of any man, and to heale the same. idem
For them that voyde blood at their foundement, and for those that haue their blonde broken. idem
Agaynst the wormes that engender in mens bodies. idem
Agaynst the griping of the belly, and desire to go to stole, and yet doe nothing. idem
Agaynst the payne of the collicke. idem
Agaynst the vlcers and fistules in the foundemen, &c. idem
To heale the emerhods or those that lose theyr blood. fol.42
Agaynst the vlcers of the foundement, and agaynst the disease called commonly S. Fiacres sickneese. idem
For to rype or breake an impostume or, &c. idem
An other. idem
Agaynst hurting or flawing of the skin by chauing and going eyther of the feete or betwene the thighes. idem
Agaynst the swelling and paine of the soles of the fete. idem
To make wartes fall of. idem
For to take away the felons and cats haires whiche breake out with wheales in the fingers, and also knops, &c. idem
An other way. idem
For to get out any thing that sticketh in a mans, &c. fol.43.
Certayne receipts agaynst the plague. idem
A composition preseruatiue against the pestilence, excellent as it were triacle or Mythridatum. idem
An other composition in pouder, or in other, &c. idem
Common pylles very good for the same. idem
Antidotes or medicines preseruatiues and comfortable of small cost easie to finde and prepare for poore folk. fol.44
An other medecine. idem

Thinges of sauoure or sweete smell, as pouder, Balles, Waters,

Waters, perfumes, and fyxt a pouder for. &c. idem
A parfume fol.45.
A fmelling Balle idem
An other fweete Balle meeter for the Sommer idem
Outward remedies to purge the ayre, the eafyeft, the pre-
fenteft, and thofe that are of the fmalleft pryce for men of
fmall habilitie. idem
A pouder agaynft the wormes. idem
The whole fumme of the regiment and gouernyng of a mans
lyfe. fol.46
A foueraigne remedye agaynft the venime of the Plague for
riche men and for princes. idem
A pouder for poore folke of no leffe efficacie and ftreingth
then the fecond. idem
A drynke for poore folke, and in a place where there is none
or verye little iuyce eyther of Syrop, Citrons, Lemons, or
Pomegranades idem
A drinke often times tryed, profitable and holefome, the
whiche (as many men fay) was neuer founde vayne. idem
Opiate fol.47.
A drinke meete after euery takyng of the fayde Opiate, or
to be myxte with the takyng of the fame Opiate, for the
ftrongeft or meaneft men, accordyng. &c. idem
A drinke for poore folke. idem
A drynke to cauſe one to fweate idem
An other drinke for poore folke. idem
An epitheme or medicine to lay to the. &c. idem
An Epitheme for the heart good for poore folkes which may
alſo ſerue for the lyuer. fol.48
An epitheme or Medicine for the lyuer. idem
Locall medicines, and firſt a playſter or. &c. idem
An other eaſye drawyng medicine. idem
Medicynes of the kinds that burne the ſkyn or fleſh. &c. idem
An other playſter idem
An other ſtronger idem
A medicine that cleanſeth and purifieth idem
An other very good idem
A playſter incarnative idem
A repercuſſyue and reſolutyue ointment agaynſt. &c. fol.49

A playster for to stoppe the gnawing or eating of the canker, idem.
An oyntment very swete for cankers that haue corrupt matter in them, which also alayeth the payne of those that haue no corrupt matter in them. idem
An oyntment of maruellous vertue agaynst the eating and running of the canker, and to take awaye all the griefe of the same. idem
A playster mitigatiue and very gentle for cankers, specially of the brests or pappes. idem
Fyrst to harden yron. fol. 50
For to harden knyues and other suche lyke. idem
For to harden a file or other instrument of yron. idem
To harden any other substaunce materiall. idem
To make any instrunent of steele hard and sharpe. idem
An other. idem
To keepe it from cleauing when it is a hardening. idem
To make yron or steele soft. idem
An other. fol. 52
To soder al things and first yron. idem
To soder any hote thing. idem
To soder Copper. idem
To soder yron. idem
A pouder that will make metall pliable and soft. idem
An other vpon brasse. fol. 53.
To graue in yron or steele, knyues and hardnesse. idem
To graue with water. idem
An other stronger and more biting. idem
To make a colour of Golde or Siluer to lay vpon metal, and to make also a grounde of Golde or Siluer vpon yron, belles, stones, which shall not go of with water. idem
A colour of Gold to set vpon bras or Copper. fol. 54.
A colour of Golde vpon bras. idem
To make copper of a Siluer colour. idem
To gylt yron or steele. idem
To make a water for to gylt vpon yron or steele. idem
To keepe all maner of yron or steele, and so all maner of instruments of warre. fol. 55.
To bring a cloth that was stayned to his, &c. idem

To

To take spottes out of cloth. idem
An other way. idem
A water to take spottes out of whyte cloth. fo. 56
To take spottes of grease or oyle out of whyte cloth. idem
To take spottes of greale or oyle out of all sortes of cloth or other things. idem
An other. idem
To take spottes of wyne out of all maner of cloth. idem
To take all maner of spottes out of silke. idem
To take all spottes out of crymsen veluet. idem
A water to take all spottes out of Golde and veluet. idem
To make a Sope that taketh out all spottes. idem
To take spottes of black pnke or other things, &c. fol. 57
To take spottes out of scarlet or veluet of colours without hurting any thing at all the colour. idem
To take spottes of oyle from parchment or white paper. idem
To dye threde, parne or linnen cloth into a, &c. idem
To dye threde or linnen cloth blew. idem
A blew colour to dye all things. fol. 58
An other way to dye blewe. idem
To die redde idem
An other waye. idem
To make fayre Roset. idem
To dye wodde, bones and horne into greene. idem
An other greene. idem
To die, horne, bone, and wodde into redde. fol. 59
To die yellowe. idem
To dye blacke. idem
To make horne soft. idem
To mollifie or soften horne so that you shall imprint or make any figures in it. idem
An other way. idem
To cast hornes into a moulde lyke leade idem
To make cleare stones of Amber. idem
An other fol. 60
To polish and to geue a glasse vnto precious stones. idem
To make a stone that shall geue fyre and burne of it selfe if you weare it with your finger. idem
To mollifie or soften Christal and precious Stones so that you

may cut them like cheese, and that being put in a mouldy they shall be harde agayne. idem
To counterfeyt pearles whiche shalbe verye fayre, and as they were naturall and true idem
To prepare Mercury, and so to harden it, that you may make it liquide and worke it. fol. 61
A substaunce made of paper or other thinges, to expresse or set out any manner of figure that you wyll vpō. &c. idem
Howe to haye golde for to gylte with fol. 62.
To gylte copper idem
To gylte yron idem
To take of the Golde from syluer that is gylte, so that the Syluer shall remayne whole or sounde idem
To seperate Syluer from Copper, be it mony or. &c. idem
A pouder whiche being layde vpon anye thing Syluered will take of the siluer from it idem
To conuert and turne copper into brasse idem
To melt all metall perfectly. idem
For to geue a coloure of Golde vpon Copper fol. 63
To make Uerdet or Spanishe greene idem
To make a white coloure of Lead idem
To make *Lutum sapientiæ* fol. 64.
To lute or dawbe Pottes with a linnen cloth that wyll not burne idem
To solder Glasses idem
An other *Lutum sapientiæ* idem
For to seperate Golde from Syluer idem
An other way fol. 65
For to seperate Golde or Syluer without fyre or *Aquæ fortis* idem
To seperate Golde from Syluer with a pouder idem
To make Golde softer idem
An other way idem
To make Golde and syluer softer idem
To soften all metalles, and other thinges that are not soft, so that they shall be softe and gentle to be wrought vppon or forged idem
An oyle that maketh all metalles softe fol. 66.
To seperate Golde from Copper. idem

Another way idem
A pouder to separate Golde. idem
to washe Golde from Copper. idem
to get together the Golde out of threds of, &c. idem
to gilde so that it wil not out with no water that is idem
to gather together into one, the golde that is scraped of from letters and images. idem
to take gilt from a Cup that is gilded within. fo.67
to make golde soft after the melting. idem
For to geue a colour to the Gold that it shall it be soft idem
to boyle gold or siluer to make it receyue a, &c. idem
to geue a colour to golde idem
For to make Siluer fine idem
to make siluer fayre and whyte idem
to knowe if the Siluer haue any Golde in it or no idem
to mortifie and alay Mercury or quicksiluer fol.68
to gilt steele or yron idem
to separate Golde or siluer from metall or yron idem
Siluer of tinne, to make vessell or other things idem
to whyte any vessel of Copper within and without with Siluer colour very easely idem
to make a vessel of copper white like Syluer, both within and without. idem
to make that tinne cracke not fol.69.
to take Salamanders, for to occupy or to serue a mans tourne. idem
to fine Golde with Salamanders.
the mother of all waters for to make all metalles liquifiable idem
to prepare common salt fo.60
to prepare Salt Armoniack idem
to make sal alkaly. idem
to make Salboras. idem
Water of Mercury. fol.71.
Water of salt Armoniack idem
A Water called Aqua lactis virginis. idem
Water of salt Alkali. idem
A water called Aqua croci martis. seem
to calcine tartre fol.72

To calcine egge shelles idem
To calcine or burne Tutia. idem
A water called Aqua lunaris, idem
Aqua causata. idem
A Water called Aqua causcica. fol.73
Aqua auri pigmenti. idem
Water of common salt prepared idem
Water of yelkes of egges. idem
Dyle of Tartre. idem
An oyle called Oleum laterinum or Petroleum. idem
Oleum benedictum. idem
Dyle of Brimstone. idem
A note fol.74
To purge Brimstone. idem
To sublime Brimstone. idem
Dyle of Egges idem
Oleum auri pigmenti. idem
Oleum lunare. fol.75
Dyle of Brimstone. idem
To sublime Mercury. idem

Here endeth this present worke of Secretes and soueraigne receipts, gathered out of diuers good and approued Authours, and set forth in the french tongue, and nowe lately translated into English (to the profite of this our countrey) by Wylliam Warde.

Imprinted at London by Thomas Dawson, for Iohn Wyght.

Anno. 1578.

A verye excellent and profitable Booke conteyning sixe hundred foure score and odde experienced Medicines, appertayning vnto Phisicke and Surgerie, long time practysed of the expert and reuerende Maysster Alexis, which he termeth the fourth and finall Booke of his secretes and which in his latter dayes he did publishe vnto a vniuersall benefite, hauing vnto that time reserued it onely vnto himselfe, as a most pryuate and precious treasure.

Translated out of Italian into Englishe, by Richard Androse.

Humilia la anima tua a Dio: a gran signori fa riuerentia, & al gridar del ponero inclina le orecchie.

¶ Imprinted at London by Iohn Wyght.

1578.